FAMILY CAREGIVERS:

Body ~ Mind ~ Spirit

NEW YORK CITY FAMILY CAREGIVER COALITION
*Sponsored by Council of Senior Centers and Services NYC, Inc.

5TH ANNUAL EVENING OF CELEBRATION & GRATITUDE
Tuesday, November 9, 2010 - Five o’clock in the evening
EmblemHealth Conference Center
New York, New York
VISITING NURSE SERVICE OF NEW YORK

CONGRATULATES

The New York City

Family Caregiver Coalition

on the celebration of

Caregiving Month 2010.

1-888-VNS-1-CALL | www.vnsny.org
Every day, family members, friends, neighbors, and concerned individuals across America provide essential attention and assistance to their loved ones. Many individuals in need of care -- including children, elders, and persons with disabilities -- would have difficulty remaining safely in their homes and community without the support of their relatives and caregivers.

Caregivers often look after multiple generations of family members. Their efforts are vital to the quality of life of countless American seniors, bringing comfort and friendship to these treasured citizens. However, this labor of love can result in physical, psychological, and financial hardship for caregivers, and research suggests they often put their own health and well-being at risk while assisting loved ones. Through the National Family Caregiver Support Program, individuals can help their loved ones remain comfortably in the home and receive assistance with their caregiving responsibilities. This program provides information, assistance, counseling, training, support groups, and respite care for caregivers across our country.

My Administration's Middle Class Task Force, led by Vice President Joe Biden, has made supporting family caregivers a priority, and we are working to assist caregivers as they juggle work, filial, and financial responsibilities. We made important progress with this year's Affordable Care Act, and because of this landmark legislation, Americans will be able to take advantage of the Community Living Assistance Services and Supports (CLASS) Program. This voluntary insurance program will help individuals with long-term care needs to maintain independent living, as well as compensate family caregivers for their devoted work.

Our businesses and companies can also contribute to families' ability to care for their loved ones in need. By offering flexible work arrangements and paid leave when caregiving duties require employees to miss work, employers can enable workers with caregiver responsibilities to balance work and family obligations more easily. Such efforts impact countless lives across our Nation, easing concerns and contributing to the well-being of individuals and families as they go about their daily lives.

During National Family Caregivers Month, we honor the millions of Americans who give endlessly of themselves to provide for the health and well-being of a beloved family member. Through their countless hours of service to their families and communities, they are a shining example of our Nation's great capacity to care for each other.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim November 2010 as National Family Caregivers Month. I encourage all Americans to pay tribute to those who provide care for their family members, friends, and neighbors in need.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-ninth day of October, in the year of our Lord two thousand ten, and of the Independence of the United States of America the two hundred and thirty-fifth.

BARACK OBAMA
New York City Family Caregiver Coalition
49 West 45th Street, 7th Floor
New York, NY 10036

NYCFCC FOUNDERS
National Alliance for Caregivers – NAC
Council of Senior Centers and Services, Inc. – CSCS

OFFICERS
Rev. Gregory L. Johnson, Co-Chair
James O’Neal, Co-Chair
Marie Ellen Galasso, Secretary
Marvin Tolkin, Treasurer

MISSION STATEMENT
The New York City Family Caregiver Coalition will create strength out of diversity and build a united forum that will lead to targeted action including advocacy, education, information and public awareness. A “family caregiver” is a person who provides unpaid care for relatives and loved ones.

NYCFCC Past Recipients

2006
Carol Levine
United Hospital Fund

Gail Gibson Hunt
President
National Alliance for Caregivers – NAC

Igal Jellinek
Executive Director
Council of Senior Centers & Services Inc. (CSCS)

HIP Health Plan of New York (Emblemhealth)

2007
Robert N. Butler, M.D.
President & CEO
International Longevity Center

Gail Sheehy
Author, Lecturer, Family Caregiver

Mary Ann Tsao, M.D.
President & CEO
TSAO Foundation of Singapore

2008
Josefina Carbonell
Assistant Secretary for Aging
U.S. Department of Health and Human Services
U.S. Administration on Aging

A Partnership of Faith in NYC and its Board of Directors:
The Rev. Dr. Arthur Caliandro
(Marble Collegiate Church)
The Rev. Dr. James Forbes Jr.
(formerly of Riverside Church)

2009
Dr. Mary S. Mittelman
and the Psychosocial Research & Support Program,
Center of Excellence on Brain Aging,
NYU Langone Medical Center

Ana L. Oliveira
President & Chief Executive Officer
The New York Women’s Foundation
NEW YORK CITY FAMILY CAREGIVER COALITION
NYCFCC
49 WEST 45TH STREET, 7TH FLOOR
NEW YORK, NEW YORK 10036
TEL: 646.447.7175; OR CFORC@hipusa.com

Founders:
National Alliance for Caregiving (NAC)
Council of Senior Centers and Services
NYC, Inc. (CSCS)

Officers:
Rev. Gregory L. Johnson,
James O’Neal, MA
Co-chairpersons
Marie Ellen Galasso, LMSW
Secretary
Marvin Tolkin
Treasurer

Happy Anniversary
Welcome to An evening of Celebration & Gratitude
Enjoy...........................................on to the next 5 years

James C. O’Neal, MA VNS CHOICE
Rev. Gregory L. Johnson
EmblemHealth

Sponsored by: Council of Senior Centers and Services of New York City, Inc.
NYCFCC is a program of the Council of Senior Centers & Services created to bring together caregivers of all ages, circumstances, and relationships. The establishment of the NYCFCC began in 2004 when the Executive Director, Igal Jellinek of the Council of Senior Centers & Services of New York City, Inc. was contacted by Gail Gibson Hunt, the founder and CEO of the National Alliance for Caregiving who had received a generous grant from the Pfizer Corporation to establish Caregiver Coalitions all over the United States.

In an attempt to unite resources, Igal called CSCS board member, Rev. Gregory L. Johnson, the then Assistant Director of Protocol for Caregiver Programs and Community Based Activities for HIP Health Plan of New York. (Gregory and Gail Gibson Hunt co-authored a publication for the White House Conference on Aging “Care for the Family Caregiver: A Place to Start”). Igal asked if HIP Health Plan would host the first meeting (a tradition and patronage that continues); and interested agencies/ persons were invited to attend the developmental meeting. Thus, was born the New York City Family Caregiver Coalition (NYCFCC).

- The mission of the NYCFCC is to create strength out of diversity and build a united forum that will lead to targeted action including advocacy, education, information and public awareness. A “family caregiver” is a person who provides unpaid care for relatives and loved ones.
- The caregivers served by the NYCFCC include: grandparents raising grandchildren, adults caring for aging parents, spousal caregivers, gay and lesbian caregivers, and caregivers from multi-cultural backgrounds.
- The member agencies of the NYCFCC serve over 400,000 people each year.
- The NYCFCC in its early stages of development provides a central organizing body for activities and services for family caregivers.
- The NYCFCC serves all 5 boroughs of New York City (NYC).
- The NYCFCC is made up of volunteer members.
- Member organizations include: social service agencies, research and advocacy organizations, elder law attorneys, non-profits, arts organization serving caregivers, hospitals and others.
- The NYCFCC is currently funded through volunteer in-kind donations of time, donations from member organizations, corporations and non-profit members, and individual contributions.
- The NYCFCC has formed four committees which have met, created action plans, and reported back to the NYCFCC on their progress. These committees are: Advocacy, Education, Information and Public Awareness. The NYCFCC, as a whole, launched an official kick-off event on November 14, 2006 with 221 attendees. The coalition published a membership directory distributed to all attendees. The coalition has become a valuable vehicle for communication of relevant news to member organizations.
October 26, 2010

Reverend Greg Johnson
Director, Community Outreach
EmblemHealth Family Caregiving
55 Water Street, 03-B11
New York, NY 10041

Dear Reverend Johnson,

On behalf of the U.S. Administration on Aging (AoA), I want to offer my congratulations to the New York City Family Caregiver Coalition on its Fifth Annual Evening of Celebration and Gratitude. I want to thank you for all your organization does to honor the commitment and dedication of family caregivers in New York City and for heightening awareness of their needs. Your theme this year, Family Caregivers: Body-Mind-Spirit simply and eloquently captures the totality of what it means to be a family caregiver. Family caregivers truly do give of every aspect of themselves in the work they do.

AoA remains firmly committed to supporting family caregivers. The Administration’s 2011 Budget Request to Congress for AoA seeks $102.5 million for a Caregiver Initiative – created by the Vice President’s Task Force on Middle Class Families. In 2009 and again this year, I awarded Lifespan Respite Care Grants to help states develop coordinated, accessible and consumer focused systems of respite care services across the age and disability spectrum.

This year marks the 10th Anniversary of the creation of the National Family Caregiver Support Program. To celebrate this milestone, AoA is kicking off a year-long celebration to recognize the extraordinary accomplishments of the Aging Network in its efforts to develop programs that respond to the unique and varied needs of family caregivers. This celebration will also provide a chance to hear from and recognize caregivers themselves and thank them for their tireless devotion and personal sacrifice.

Please accept my best wishes for your event this year. I look forward to future opportunities to collaborate with you as we continue to make strides to honor and support family caregivers.

Sincerely,

Kathy Greenlee
Assistant Secretary for Aging
Department of Health and Human Services
Dear Friends:

I am delighted to send greetings to all gathered for the *Fifth Annual Evening of Celebration and Gratitude* hosted by the New York City Family Caregiver Coalition.

We certainly value the efforts of dedicated persons who tend to the health care needs of individuals facing challenges in life, and understand that such work benefits all of our society. This event illustrates the spirit of generosity and compassion that exists among those present, furthering our belief in the fundamental principle of caring for others.

Family caregivers are truly unique persons who selflessly give of themselves to the elderly, infirmed, chronically ill, and disabled who require assistance in carrying out tasks necessary to their own health and medical care, as well as other everyday activities. Bringing individualized services to persons living in a home setting — where they can maximize their potential through the support of family and friends — these providers enable people to maintain a sense of dignity and comfort by remaining in their home or another warm and welcoming environment.

The NYCFC is one of the leading advocates for caregiver services which are inspired by a sense of altruism and concern for the well-being of others. Tonight, you recognize those who share the same values, illustrating this through their efforts to bring comfort and care to people. I am pleased to join in applauding and congratulating your distinguished honorees — Michelle Bouchard, President of HealthCorps; Cynthia O’Neal, Co-Founder of Friends in Deed; and Rev. Dr. Barbara C. Crafton, Founder of The Geranium Farm — all of whom are wonderful examples of compassion and commitment in providing specialized services that make a difference in so many lives.

A deep sensitivity for persons with daily health challenges is at the heart of your community of caregivers and the focus of events such as this. Through your responsible efforts to help fellow human beings, we all find comfort and gratitude in knowing that humanitarian outreach is available to them.

Warmest regards and best wishes for an enjoyable and memorable evening.

Sincerely,

David A. Paterson

www.ny.gov
November 10, 2010

Dear Friends:

I want to extend my best wishes and congratulations to all the members of the New York City Family Caregiver Coalition on the occasion of its Fifth-Annual Evening of Celebration and Gratitude.

In just a few years, the Coalition has established itself as an important voice on caregiver issues in New York City. The Department for the Aging joins you in honoring New York City caregivers who provide a selfless service to loved ones.

I would also like to congratulate tonight’s honorees, Michelle Bouchard, President of HealthCorps; Cynthia O’Neal, Co-Founder of Friends in Deed; and Rev. Dr. Barbara C. Crafton, Founder of the Geranium Farm.

Again, I join you in recognizing this month of November as National Family Caregivers Month and in celebrating the NYC Family Caregiver Coalition’s ongoing role in bringing together all who have a stake in the support and well-being of family caregivers.

Sincerely,

Lilliam Barrios-Paoli
Commissioner
Dear Friends and Colleagues –

The New York City Family Caregiver Coalition was born out of a need to recognize the critical work being done within families in support of members who are frail and vulnerable. This 5th Annual Gala is a celebration of the selflessness that is the hallmark of these family caregivers. The theme says it all – Family Caregivers: Body-Mind-Spirit. This is the essence of what is required of family caregivers every day, day in and day out. They are the unsung heroes and heroines of our society and we honor them at this gala.

Created as a program of Council of Senior Centers and Services of New York City, Inc. in 2004, NYCFCC was on the cutting edge in advocating for caregivers or, as stated in NYCFCC’s mission statement: “to build a united forum that will lead to targeted action including advocacy, education, information and public awareness.” We salute the broad range of diverse caregivers: grandparents raising grandchildren, adults caring for aging parents, spousal caregivers, gay and lesbian caregivers and caregivers from multi-cultural backgrounds.

Our honorees this year are outstanding examples of the leaders who are making their mark in the field of service. Michelle Bouchard is the President of HealthCorps, a proactive health movement founded by heart surgeon Dr. Mehmet Oz, that is fighting the obesity and mental resilience crisis by getting American students and communities across the country to take charge of their health. Cynthia O’Neal, co-founded Friends in Deed in 1991 with Mike Nichols. It is the Crisis Center for Life-Threatening Illness, which has helped transform many thousands of lives by providing emotional and spiritual support for anyone diagnosed with HIV/AIDS, cancer, and other life-threatening physical illnesses, where all services are free of charge. Rev. Dr. Barbara C. Crafton, our third honoree, is the founder of The Geranium Farm which is a website where people can relate to God and to each other in the best way they know how. All of these individuals recognize the need people have for support as they are involved in supporting family members.

We know research has shown most people want to remain in their own homes as long as possible. We know our society is aging. Therefore, family caregiving, once existing below the radar screen, is now recognized as an important quality of life issue. CSCS is proud of its role in the birth and development of NYCFCC. We want to thank co-chairs Gregory Johnson and James O’Neal for their services to this program as well as the members of the Governance Committees. In addition, we want to acknowledge the continuing support of the CSCS’ Board of Directors.

Sincerely,

Igal Jellinek
Executive Director

William J. Dionne
President
Dear Gala Attendees:

Congratulations on celebrating your fifth year of bringing together such a wonderful group of advocates for raising public awareness of family caregiver needs. The National Alliance for Caregiving is proud of all the hard work and dedication co-chairs Rev. Gregory Johnson and James O’Neal have put into this strong and sustainable coalition.

As one of the co-founders of NYCFCC, the National Alliance for Caregiving would like to recognize the incredible job this coalition has done at creating something so much greater than originally imagined. Much of the synergy of the NYCFCC is due to the dynamic leadership of Greg and James in being able to grow this group from 20-some original members to a broad, strong coalition whose member agencies serve over 400,000 New Yorkers each year.

Tonight’s theme, Family Caregivers: Mind, Body and Spirit, pays recognition to all aspects of the caregiver and highlights the hard work of NYCFCC. Congratulations also to the Council of Senior Centers and Services and to Emblem Health which have been supportive of the coalition since its inception.

On behalf of the National Alliance for Caregiving, I commend everyone who has worked with the New York City Family Caregiving Coalition for your dedication and leadership for family caregiving.

Sincerely,

Gail Hunt
President & CEO
October 28, 2010

Rev. Gregory L. Johnson
EmblemHealth
Director, Community Outreach
55 Water Street; 03-B11
New York, NY 10041

Dear Greg, On the occasion of the New York City Family Caregiver Coalition’s Fifth Annual Evening of Celebration and Gratitude, I want to express my personal congratulations and gratitude to you, James O’Neal, the EmblemHealth team, and everyone involved in the Coalition for this amazing half-decade of true partnership on behalf of family caregivers.

I am particularly proud to have received an award in 2006, the initial year of this splendid event. It was an honor to present the United Hospital Fund’s work on an ethical and policy framework for New York State’s activities around family caregiving. One tangible result was the creation of the New York State Family Caregiving Council, on which I am privileged to sit. It has been a rewarding and enlightening experience to meet caregivers and professionals from around the state who your commitment to body-mind-spirit. The Council continues to work hard, even in these rocky economic times, to bring awareness of family caregivers’ needs to policy makers.

The list of past honorees is impressive, and this year’s group no less so. You have created a vibrant community, and all New York’s caregivers are the beneficiaries.

With warm regards.

Carol Levine
Director, Families and Health Care Project
Michelle Bouchard
President: HealthCorps
(Founder: Dr. Mehmet Oz)

Cynthia O’Neal
Co-Founder: FRIENDS IN DEED
(Co-Founders: Cynthia O’Neal and Mike Nichols)

Rev. Dr. Barbara C. Crafton
Founder: THE GERANIUM FARM
Author, Spiritual Director, Priest
Michelle Bouchard brings twenty years of experience in public/private partnerships to her position as the President of HealthCorps (www.healthcorps.org), the school and community-based wellness activism movement founded by Dr. Mehmet Oz. As President, Ms. Bouchard oversees a staff of 52 people with an operating budget of $5 million that impacts about 75,000 people across 12 states.

Prior to heading up HealthCorps, Ms. Bouchard served as the Chief Financial Officer of Governors Island Preservation and Education Corporation (GIPEC), a public benefit corporation charged with the redevelopment of the former military base in New York Harbor. At GIPEC, Ms. Bouchard oversaw $35 million in operating funds and $140 million in capital funds. Ms. Bouchard also co-founded two not-for-profit theatres in New York City, The 42nd Street Workshop (now the WorkShop Theater) and the New Group, serving as the primary producer in both cases.

In the corporate world, Ms. Bouchard served as the special assistant to the Senior Vice President of Strategy and Business Development at Hoovers Online and the covert director of competitive research for a historic software consortium, the REALM. Ms. Bouchard has served on the Boards of Directors of several not-for-profits, including the New York State Theatre Institute, Youth Counseling League, and the 42nd Street Workshop. She ran her own campaign for New York City Council in 2001 and ran a New York State Senate campaign with a $5 million budget in 2002.

As the spokesperson for the Coalition for Secure Driver’s License, she communicated the messages of many 9/11 families. She also founded the Teddy Roosevelt Group, a 527 political organization and wrote a weekly column for the New York Resident for a year. She served as a delegate to the 2004 Republican National Convention. She has testified in front of the US Senate HELP Committee on behalf of national service and has extensive media experience. She was chosen as a participant in the Joint Civilian Orientation Conference (JCOC) 2010 by the Office of the U.S. Secretary of Defense.

Ms. Bouchard graduated from Wellesley College ’84 with a BA in Political Science. She is a Native Texan and the mother of a 20 year old son, Alex, and a 6 year old daughter, Liberty. She is a member of the DAR, the Daughters of the Cincinnati and the Jamestown Society.
Cynthia (Cy) O’Neal
Co-Founder
Friends In Deed

Who was featured on OPRAH, is a New York City icon. A former model, actress and designer turned spiritual teacher, Cy is a co-founder and president of Friends In Deed. She started this non-profit organization with Mike Nichols in 1991 during the height of the AIDS epidemic to offer emotional and spiritual support to anyone living with a life threatening illness, their caregivers, and all those overwhelmed with grief. She has been leading groups for over twenty years.

Her mentors read like a Who’s Who list of spiritual teachers. They include Ram Dass, teacher and author of the book Be Here Now and subject of the documentary Fierce Grace; Stephen Levine, poet, teacher and author best known for his work on death and dying, including the books Who Dies? and A Gradual Awakening; and Werner Erhard, founder of the transformational est program.

Cy’s work is an integration and synthesis of all of her spiritual teachers and her more than twenty years of hands-on experience conducting groups. It all comes together at Friends In Deed.

In fact, Cy’s work at Friends In Deed inspired the late Jonathan Larson when he wrote his Tony Award-Winning musical RENT. Jonathan not only attended groups with a close friend, but also volunteered at the organization. His portrayal of the "Life Support" group in RENT was modeled after the Big Group at Friends In Deed.

Her recently published book Talk Softly, which includes many stories related to her work at Friends In Deed, was released in June, 2010.
Barbara Cawthorne Crafton, is an Episcopal priest, spiritual director and author of many books. She directs The Geranium Farm, an institute for spiritual growth which publishes her celebrated "Almost Daily eMo," read by thousands of people worldwide.

She was rector of St. Clement's Church in Manhattan's Theatre district. She was also a chaplain on the waterfront of New York, and served both historic Trinity Church, Wall Street and St. John's Church in Greenwich Village. She was a chaplain at Ground Zero during the recovery effort after the WTC bombing. Most recently, she was interim rector of St. James, the American church in Florence, Italy.

An actress, director and producer, she has worked for many years in combining the lively arts and the life of faith. Her books, articles, and radio scripts have won many awards, including numerous Polly Bond Awards from Episcopal Communicators and the coveted Gabriel Award for religious broadcasting. She is seen frequently on television both as a preacher and as a commentator on Hallmark's "New Morning" and "America at Worship," and has been profiled extensively in electronic and print media throughout the world.

Barbara Crafton is married to Richard Quaintance, sometimes better known simply as "Q", a professor of English literature. she has two children and two grandchildren.
Founded by Mike Nichols and Cynthia O’Neal in 1991, Friends In Deed – The Crisis Center for Life-Threatening Illness™ — has helped transform many thousands of lives through a wide array of free programs and services. It provides emotional and spiritual support for anyone diagnosed with HIV/AIDS, cancer and other life-threatening physical illnesses. Support is also available for family, friends, and caregivers of those who are ill, and anyone dealing with grief and bereavement. All services are free of charge. For more information, visit www.friendsindeed.org or call (212) 925-2009.
Council of Senior Centers and Services of New York City, Inc.

proud sponsor of

New York City Family Caregiving Coalition

Congratulates the 2010 honorees

Michelle Bouchard
President, HealthCorps

Cynthia O’Neal
Co-founder, Friends in Deed

Rev. Dr. Barbara C. Crafton
Founder, The Geranium Farm

and

Applauds the hard work and dedication of its co-chairs
Rev. Gregory Johnson and James O’Neal

Thank you to our generous host EmblemHealth

William J. Dionne
Board President, CSCS

Igal Jellinek
Executive Director, CSCS

The Power of Aging!
Her illness almost killed the daughter who was taking care of her.

Being a caregiver can be harder than being a patient. But no one has to go it alone. Share The Care™ is a proven system that can organize your friends, your neighbors, your church or temple members, your co-workers – anyone you can imagine – into a network of support.

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www.sharethecare.org
Caregivers Outreach Ministry Empowerment Inc.
Salutes

New York City Family Caregivers Coalition

On their
5th Annual Evening of Celebration & Gratitude

And

Congratulations to all the Honorees

Caregivers Outreach Ministry Empowerment, Inc
Empowering Family Caregivers with accessible resources to make comfortable choices, that will have a positive impact upon the quality of life for themselves and loved ones.

CAREGIVERS NEED CARING TOO!
C.O.M.E. Inc
P.O. Box 298
Bronx, NY 10475
(718)-379-315, Fax (718)-379-3160
Internet: www.Comeoutreach.org
Congratulations with Abundant Blessings

New York City Family Caregiver Coalition on their
5th Annual Celebration and Evening of Gratitude Event

We also wish to gratefully acknowledge the special contribution of service made by Co-Chairs, Rev. Gregory L. Johnson and James C. O’Neal and Emblem Health in providing resources, encouragement and hope to the “Family Caregiver”.

Unity Center of New York is proud to be a part of The World of Caregiving, providing Monthly Group Support Meetings for the “Care for the Family Caregiver”. Together we are making a Difference!

GOD BLESS EVERYONE!

Unity Center of New York
Rev. James Gaither, Senior Minister
Rev. Marion A. Gambardella, Associate Minister and Director,
Unity Center’s Health and Wellness Outreach Ministry

***************
Sunday Services 11:00 a.m.
For information on Group Support Meeting Dates and Upcoming Activities and Special Events, call: 212-582-1300 or e-mail to: UnityCenter@Verizon.net
Congratulations

New York City Family Caregiver Coalition
5th Annual Evening of Celebration and Gratitude

from

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services for the blind and visually impaired

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Nancy D. Miller, LMSW, Executive Director/CEO
Serving Seniors and the Community

Congratulates

NEW YORK CITY FAMILY CAREGIVER COALITION
on their fifth anniversary providing coordination, training and support and to this year’s honorees

MICHELLE BOUCHARD
MS. CYNTHIA O’NEAL
REV. DR. BARBARA C. CRAFTON

SERVICES NOW FOR ADULT PERSONS, INC.
80-45 WINCHESTER BLVD.
BUILDING #4, CBU #29
QUEENS VILLAGE, NEW YORK 11427
(718) 454-2100

Linda M. Leest, Ph.D.
Executive Director

Chris Panellino
Executive Board President
The Stork’s Nest (Bronx-Westchester) congratulates the New York City Family Caregiver Coalition on its 5th Annual Evening of Celebration & Gratitude and its 2010 Class of Distinctive Honorees.

The Stork’s Nest is a prenatal education program operated by Zeta Phi Beta Sorority, Inc. and the March of Dimes in partnership with Union Community Health Center and St. Barnabas Hospital in Bronx, NY. The program provides incentives and encouragement for Expectant Mothers to get prenatal care and take other actions to ensure a healthy pregnancy and baby.

The Expectant Mom’s participation in The Stork’s Nest includes:
- Attending six classes focusing on nutrition, exercise, stress during pregnancy and more
- Earning points for attending the classes and regularly scheduled visits to her prenatal doctor or midwife and other healthy behaviors
- Redeeming points to purchase baby items, including infant clothing, strollers, car seats, diapers and more!

To donate a tax deductible gift to the Stork’s Nest Store, visit www.BabiesRUs.com/Registry #45936778 or type in as the Last Name: Nest, First Name: Storks to view the registry of incentive items.

To enroll or to learn more about the Stork’s Nest, call 866-841-9139 x 1132 or visit our website at www.zphibkez.org

Stork’s Nest Location: Union Community Health Center
260 East 188th Street, OBGYN Dept., 3rd Floor
Bronx, NY 10458
IN MEMORIAM

WE REMEMBER WITH DEEP AFFECTION AND GRATITUDE
DR. ROBERT N. BUTLER, A PAST HONOREE AND
DR. GRACE L. GRIFFENBERG, A FOUNDING SUPPORTER FROM
EMBLEMHEALTH. MAY THEY REST IN PEACE.

ROBERT N. BUTLER, M.D.
JANUARY 21, 1927 ~ JULY 4, 2010

PRESIDENT AND CHIEF EXECUTIVE OFFICER
INTERNATIONAL LONGEVITY CENTER

The Butler Daughters have established the Robert N. Butler, MD Charitable Fund which is dedicated to continuing their father work’s work in advocacy, public policy, education and research for the benefit of aging populations.

For further information, email butlergleason@gmail.com
An Affirmation of Those Who Care for Others

I believe in the power and the beauty of self-forgetful love, and further I believe it shows itself right in our midst. It is offered by family members and by friends, by volunteers and by professionals alike, as they tenderly care for those who suffer illness, injury, or incapacitation. I believe this unassuming selflessness comes to life each time someone looks after another, despite feeling winded or weary; each time someone manages countless caregiving details, all in addition to their other daily obligations; each time someone performs duties of care freely out of love that others would not perform for a much higher price. I believe these openhearted spirits are a model for all of us. For they show us the potential of what life can be:

In quietly persevering with another, life can be vitalized and expanded. In patiently witnessing what another is experiencing, life can be deepened and ennobled. And in lovingly accepting how the other is coping, life can be strengthened and enriched. I believe that in their learning, we are taught. We are taught that remaining faithfully with another who suffers is more than an act of compassion – it is a ritual of healing. We are taught that reaching out to another who feels isolated and alone is more than a bridge of comfort – it is a sacrament of communion. We are taught that relating to the other as a person of infinite value is more than an article of faith – it is the lived experience of sacredness. We know that because others have shared themselves openly, and life is not the same: not for them, not for us, and especially not for those who are bathed in this generous care. - James E. Miller
NYCFCC Memories

NEW YORK CITY FAMILY CAREGIVER COALITION
NYCFCC

2nd Annual Gala
Honoring

ROBERT N. BUTLER, M.D.
- PRESIDENT & CEO, INTERNATIONAL LONGITUDINAL CENTER

GAIL SHEHY - AUTHOR, LECTURER, FAMILY CAREGIVER

MARY ANN TSAO, M.D.
- PRESIDENT & CEO, TSAO FOUNDATION OF SINGAPORE

TUESDAY, NOVEMBER 13, 2007 • 5:45 - 8:00 PM

HIP HEALTH PLAN OF NEW YORK
31 WATER STREET • THIRD FLOOR CONFERENCE CENTER
NEW YORK, NEW YORK • 10041

NYCFCC CELEBRATES NATIONAL FAMILY CAREGIVER MONTH 2006

NEW YORK CITY FAMILY CAREGIVER COALITION
NYCFCC

4th Annual Evening of Celebration & Gratitude
Tuesday, November 16, 2009 • Five O’clock in the evening
EmblemHealth Conference Center
New York, New York

Partnerships:
Enriched & Empowered
We are truly........diverse and inclusive

We are:
Women and men
Black and white .......... and all shades in between
We are straight and gay
We are Christians, Jews, Muslims, Buddhists, agnostics, and I hope a few atheists, it keeps us all growing
We are from all over the world
We are New Yorkers.....one and all........by birth or adoption

We are family caregivers
We are big business, government, and non-profits
We are researchers and center leaders
We are formal caregivers and family caregivers
And we are learning to talk to one another

We are finding a common language and moving the dialogue forward
In the year ahead we are planning to add just such a communication-dialogue committee.

We are about seniors caring for seniors
We are about seniors raising grandchildren
We are about children caregivers
We are about gays and lesbians facing end of life issues in the middle of life
We are about people with chronic conditions
We are family caregivers and we care.............

We are rich
We are poor
But we are all extremely wealthy with love, caring and compassion
We are channels for one another and for others...
We are channels of goodness and love

We are not going through life
We are growing through life
We are not human beings trying to have a spiritual experience
We are spiritual beings having a human experience
And..........we are sharing the caring.

To each of you I say thank you, thank you, thank you.

Reverend Gregory L. Johnson
Co-chair NYCFCC
Nov. 13, 2007
NEW YORK CITY FAMILY CAREGIVER COALITION
NYCFCC
MEMBERSHIP DIRECTORY

FOUNDERS
National Alliance for Caregivers – NAC
Council of Senior Centers and Services, Inc. – CSCS

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AARP
Alzheimer's Association, New York City Chapter
Brookdale Foundation Group
The Carter Burden Center for Aging
Council of Senior Centers and Services of New York City
Empowering Caregivers
The Five Towns Senior Center
Freedman, Fish, & Grimaldi, LLP
Friends In Deed
New York City Department for the Aging
Heights and Hill Community Council
HIP Health Plan of New York
Institute for Puerto Rican/Hispanic Elderly, Inc.
Jewish Board of Family and Children’s Services
Lenox Hill Neighborhood House
National Alliance for Caregivers
Services Now for Adult Person’s Inc.
Sharethecaregiving, Inc.
The Supportive Care Programs of Saint Vincent’s Hospital
The United Hospital Fund
The Visiting Nurse Service of New York
AARP

AARP is a nonprofit, nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing quality of life for all as we age. We lead positive social change and deliver value to members through information, advocacy and service. AARP also provides a wide range of unique benefits, special products, and services for our members. These benefits include AARP Web site at www.aarp.org, "AARP The Magazine," the monthly "AARP Bulletin," and a Spanish-language newspaper, "Segunda Juventud." Active in every state, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands, AARP celebrates the attitude that age is just a number and life is what you make it.

The AARP Grandparent Information Center (GIC) offers resources for grandparents of all types - those living close by or long distance, grandparents raising grandchildren, step grandparents, or those with visitation issues. The GIC also offers a variety of resources for the professionals who work with grandparents who have various family roles. AARP NY works to remove structural and attitudinal barriers to grandparents and other kin caregivers through outreach and training and public education, reform and coalition building.

AARP NY develops county-specific guides for educating caregivers and social service providers about eligibility and application for public assistance, school enrollment, legal rights, submission of legal documents and petitions, and foster parent certification; provides trainings to social service professionals, school personnel, and lawyers about legal rights and grandparent law; and coordinates summits and New York State Kincare Coalition meetings. Additionally, AARP NY develops various brochures and other publications relating to kin caregiver issues. For more information about kin caregiving or the NYS Kincare Coalition, contact Gerard Wallace at gwall@albanylaw.edu.

Beth Finkel is the New York State AARP Senior Manager of Programs and Services. She directs development of AARP issues, services and activities for New York State. She has been at AARP for 13 years. Before being in her current position at AARP she was the Associate State Director for Community Outreach at AARP.

She oversees all community outreach and services including Money Management, Grandparents Raising Grandchildren, Financial Security and Long Term Care programming. She leads and helped develop the NYS Kincare Coalition. She created the NYS Medicare Savings Program Taskforce. Previously, she was the Executive Director of Manhattan Borough-Wide Interagency Council Aging and Public Policy Associate at the Council of Senior Centers and Services of New York City.

Ms. Finkel has Masters of Social Work from Yeshiva University in Community Organizing and a BS from American University in Business Administration. She has served on the boards of Brookdale Center for the Aging, Manhattan Community Board 8, and Yorkville Common Pantry.

AFRICAN HOPE COMMITTEE INC (AHC)

African Hope Committee Inc. is a community based nonprofit organization located in Harlem, New York. Our vision is to provide health education, immigration services, and the empowering of African and other immigrant population in New York City. AHC's mission is to serve and improve the overall welfare of the African immigrant community to facilitate greater assimilation and self-sufficiency. AHC's activities are planned with the purpose of relieving the poor, the distressed and the underserved African Immigrant population and other minority groups living in New York City. AHC provides health education services, home visits, case managements, counseling sessions, immigration services, translation, and referrals to health institutions.

To learn more about us, please visit www.afriquehope.org and African Hope Committee Inc. on Facebook.com. You can also contact us at email: info@afriquehope.org

AIDS COMMUNITY RESEARCH INITIATIVE OF AMERICA (ACRIA)

The AIDS Community Research Initiative of America is a pioneering research and education organization working in New York City, across the U.S., and around the world to help people living with HIV and AIDS enjoy longer, healthier lives. Every day, ACRIA is leading the development of new AIDS drugs, undertaking cutting-edge research, developing HIV healthcare and treatment education materials used around the world, and strengthening AIDS organizations both near and far through technical assistance and capacity building programs. For almost 20 years ACRIA has been championed by the art, fashion, media, and design communities.

Through its Center on HIV & Aging, ACRIA is a recognized leader on the emerging issue of older
adults and HIV. The Center investigates, defines, and seeks to address the unique needs and challenges that older adults of diverse populations living with HIV face as they age. Through research, education, and advocacy, the Center fosters the open exchange and dissemination of information within the lay and scientific communities and among both older adult and AIDS service providers. This open dialogue serves to advance the formulation of public policy guidelines, the identification of unmet needs, the improved delivery of life-saving services, and the articulation of research gaps in this understudied and underserved population.

Mark Brennan, PhD, is a Senior Research Scientist at ACRIA. Prior to receiving his doctoral degree in Applied Developmental Psychology from Fordham University in 1995, he was a Brookdale Fellow under the mentorship of Professor Marjorie Cantor and served as Co-Principal Investigator on Growing Older in New York City in the 1990s. After working at the New York City Department for the Aging, he joined Lighthouse International in 1996 to study coping and adjustment to age-related visual impairment and the roles of religion and spirituality in adaptation to chronic illness. During his tenure at the Lighthouse, Dr. Brennan served as a Principal Investigator on a study of caregiving among older LGBT adults. Since coming to ACRIA, Dr. Brennan’s work has focused on depression, social supports, and spirituality among older adults with HIV. He is currently President-Elect of the State Society on Aging of New York, a Fellow of the Gerontological Society of America (GSA), and Board Member of the New York Association on HIV over Fifty (NYAHOF). He is the Book Review Editor for the Journal of Religion, Spirituality and Aging. Dr. Brennan has been recognized for his research and work in the field of aging by the Hunter-Brookdale Center on Aging, Pride Senior Network, and the New York State Office for the Aging. He has authored over 50 peer-reviewed articles, chapters and books.

ALZHEIMER’S ASSOCIATION, NEW YORK CITY CHAPTER

The mission of the Alzheimer's Association, New York City Chapter is to create and promote comprehensive and humane care for persons with Alzheimer's disease and related disorders, and to provide support for their families and professional caregivers. The Chapter meets this mission in the community through increasing public awareness, providing education, creating and encouraging replication of model programs, collaborating with research centers, and undertaking advocacy. All of our programs are free of charge to persons with dementia and their family caregivers. For more information, please call our 24-hour Helpline at 800-292-3700

Core Programs

24-Hour Helpline

The 24-Hour Helpline is available around the clock, 365 days a year. Calls are answered by staff and specially trained volunteers who offer information, referrals, and support to family members, professional caregivers, people with dementia, and anyone in need of services regarding dementia. Translation services are available in 140 languages. The Helpline responds to over 400 calls per month.

Care Consultation

Care Consultation provides individual short-term counseling and support for family caregivers and persons with the disease, through phone and face-to-face sessions. Our care consultant helps families coordinate services and assists in care planning.

Support Groups

Over 130 support groups for caregivers provide a consistent and caring place for group members to discuss the challenges and problems of caregiving, share their feelings and find emotional support as well as exchange information and educate themselves about Alzheimer's disease. A pioneer in the movement to provide services to persons in the early stage of Alzheimer's disease, the Chapter offers support groups for this growing population.

MedicAlert® + Alzheimer’s Association Safe Return®

MedicAlert® + Alzheimer's Association Safe Return® is a nationwide wanderer's safety program created by the Alzheimer's Association that assists in the safe and timely return of individuals with Alzheimer's disease and related dementias who wander and become lost. Persons with dementia enroll in the program and receive ID bracelets, wallet cards and other identifiers. MedicAlert + Alzheimer's Association Safe Return provides assistance whether a person becomes lost locally or far from home, and whether or not the individual is registered in the program.

Early Stage Services

Our Chapter’s Early Stage Services are here to assist and support persons with early stage dementia and their families. We provide information by telephone or in private counseling sessions. We also have two programs, MemoryWorks and Connections, that are specifically designed for individuals with Mild Cognitive Impairment (MCI) or early-stage dementia.
**Education Meetings**

These informative meetings and educational seminars are conducted in each of the boroughs, and address important topics relating to Alzheimer’s disease. Subjects include diagnosis, home care concerns, patient management, research updates, caregiver health and well being, nursing home placement and end-stage care giving issues.

**Training**

Our experienced training staff offer programs to sensitize professionals and paraprofessionals to the special needs of the Alzheimer’s person and family. We offer individualized training to staff of adult day care programs, nursing homes, assisted living residences, community based social service agencies, pastoral ministries, and others.

- **Dementia Home Care Workers Training** - An innovative program offered in English and Spanish specially designed to equip home and personal care workers with the skills and knowledge they need to provide their clients with the highest quality of dementia care.
- **Support Group Leaders Training** - An intensive, 4-day workshop designed for professionals and former caregivers who wish to lead family and early stage support groups. This program employs a didactic and experiential approach to training new group leaders in support group leadership.
- **Family Caregiver Workshop** - A ten hour workshop, offered in English and Spanish, which focuses on a person-centered care approach, is conducted in a supportive and nonjudgmental environment. The training is offered at a variety of times in order to accommodate diverse schedules of Caregivers.

**Diversity and Outreach**

Diversity and Outreach efforts are designed to extend Chapter programs and services to under-served populations, including education, information, referrals and support to Latino, African-American, Chinese families and other ethnic groups.

**Better Living Now Inc.**

Better Living Now, founded in 1991, has become an industry leading national mail order company capable of providing a single source solution for healthcare products and disease management tools. We are committed to the highest quality of care and customer satisfaction.

Better Living Now’s Mail Order Medical Supply Programs specialize in the needs of patients with chronic conditions such as Diabetes, Asthma and Cancer stocking a vast array of disposable supplies. Our mail order programs provide an efficient and cost effective delivery method for providers and their patients. We provide managed care organizations, PPO’s, self-insured health funds, Medicare, Medicaid and other insurers a menu of comprehensive programs which help control and contain the costs of medical appliances, disposable medical supplies and prescription pharmaceuticals; while providing their members with comprehensive educational and professional support. Our staff of Licensed Pharmacists, Certified Diabetic Educators, Respiratory Therapists and Certified Fitters are available to answer questions and provide support 7 days a week.

Our philosophy is simple, anyone can ship supplies. Who is engaging and empowering the patient to be more compliant and to ultimately lead a more productive and happier life? We are!

**Brookdale Foundation Group**

The Brookdale Foundation Group provides seed grants nationally to not-for-profit organizations for Group Respite and Relatives as Parents Program. The Relatives as Parents Program (RAPP) encourages and promotes the creation or expansion of services for grandparents and other relative caregivers who have taken on the responsibility of surrogate parenting. The Group Respite Program supports community-based efforts to develop and sustain social model respite programs for elders with Alzheimer’s disease and their family caregivers.

To find information on programs in your area, go to www.brookdalefoundation.org

**Carter Burden Center for the Aging, Inc.**

The concept of the Carter Burden Center for the Aging began in the early seventies. City Councilman Carter Burden recognized a very great need that was not being met in his district - Manhattan’s Upper East Side. Countless frail and elderly who had contributed to the community their whole lives now needed help in order to remain in their apartments and continue to participate in the life of their neighborhood. In 1971 he addressed this need by creating a position for one social worker that worked solely with the seniors in his district. Now with a $3.1 million dollar budget and a staff of forty, the Carter Burden Center for the Aging, Inc. serves thousands of people each year.
The Carter Burden Center provides many different kinds of assistance to seniors through our diverse programs. Often people come to the Center in crisis - they might have received an eviction notice or need help in ending an abusive relationship. Sometimes people need the socialization and activity available at the Carter Burden Luncheon Club. Dedicated staff, local undergraduate and graduate students, and over 1200 volunteers help to address these needs.

The Carter Burden Center for the Aging, Inc. promotes the well being of elderly residents of the Upper East Side of Manhattan through a broad array of direct social services and volunteer programs oriented to individual, family and community needs.

We are dedicated to supporting the efforts of older people to remain in their own homes living independently, safely and with dignity.

William J. Dionne has worked in the field of aging since 1975 in both Massachusetts and New York. He has been Executive Director of the Burden Center for the Aging since 1991 and in that capacity has overseen and encouraged its growth from an agency with three programs to one with six in four locations. As Executive Director of the Burden Center, Mr. Dionne has presented papers at city, state and national forums. He was appointed a delegate to the 2005 White House Conference on Aging by Gov. Pataki and serves on the Boards of various agencies and organizations including CSCS where he is President.

COUNCIL OF SENIOR CENTERS AND SERVICES OF NEW YORK CITY, INC.

Proud sponsor of the New York City Coalition for Family Caregivers (NYCCFC), Council of Senior Centers and Services of New York City, Inc. (CSCS) is the premier professional umbrella organization for the non-profit senior centers and service providers of New York City. Founded in 1979, CSCS acts as a social policy, advocacy, training, education and innovation resource for our member organizations that serve elderly New Yorkers.

Our mission is “to promote the quality of life, independent living, productivity and dignity of older adults and their families” and our vision is to effectively address the challenges and opportunities facing seniors and their families and the non-profit organizations serving them. In doing so, CSCS will continue to:

- Strengthen and expanding the organizational, program and resource capacity of nonprofit providers
- Advocate to all sectors at the city, state and national levels

CSCS represents over 200 senior service organizations, ranging from individual community-based senior centers to large, multi-purpose citywide organizations that serve 300,000 elderly offering congregate and home-delivered meals, benefit counseling; health promotion, adult day services, home care services, recreation and socialization, housing, transportation and more.

CSCS enjoys a reputation of delivering quality programs that meet the needs of its member agencies. In addition to public policy/advocacy activities, CSCS’ core program initiatives include instructional workshops, an Annual Conference on Aging and customized technical assistance. Our most recent initiatives are the Money Management Bill Payer Program, the Marketplace @ CSCS and HIV/AIDS training for senior service organizations. More information about CSCS and our programs can be found at our website, www.cscs-ny.org.

Igal Jellinek has been Executive Director of Council of Senior Centers and Services of New York City for the past 20 years. Under his direction, CSCS has assumed the leadership role in advocating for seniors, building capacity of member agencies and identifying and promoting cutting edge programs to meet the ever-changing challenges of aging. Recognizing that services were being delivered in agencies other than senior centers, Mr. Jellinek expanded CSCS to include those senior service organizations such as case management agencies, housing, meals-on-wheels programs, NORCs, etc.

He began his career in 1972 as director of Washington Heights Community Services that became one of the original senior centers funded by the Human Resources Administration of New York City under Mr. Jellinek’s leadership. He went on to become executive director of ARC Fort Washington, a large multi-purpose agency that included a senior center and one of the first social day care programs in the City.

Mr. Jellinek served as Vice-Chair of the U.S. Planning Committee for the United Nations International Year of Older Persons and in 2005 he was a delegate to the White House Conference on Aging. Mr. Jellinek is a board member of New York State Coalition on Aging and the New York City Human Services Council and
has been appointed to the New York State Caregiving Council. Mr. Jellinek has received numerous awards, his most recent being The Elinor C. Guggenheimer Award for Excellence in the Field of Aging presented in June 2007 and a community leadership award from VISIONS/Services for the Blind and Visually Impaired.

Bobbie Sackman, MSW, has been Director of Public Policy with Council of Senior Centers and Services of New York City since 1989. Ms. Sackman’s career spans 30 years in the aging field and public policy work. Her experience includes a wide range of direct community-based service experience for the elderly as well as working for the NYC Office of Management and Budget.

Ms. Sackman advocates on city, state and federal levels for community-based senior services. She has also served as an adjunct professor on the master’s level at the Wurzweiler School of Social Work at Yeshiva University and at Hunter College of the City University of New York in the Department of Urban Affairs and Planning.

A recipient of numerous awards, Ms. Sackman most recently was honored with Flushing House’s Rose Kryzak Advocacy Award in November 2007.

Marvin Tolkin is a retired sleepwear manufacturer, who entered the field of aging ten years ago after he married his wife, Carole, a gerontologist. Since that time he served on the board of directors of the Five Towns Senior Center and is currently a member of the board of Council of Senior Centers and Services of New York City, where he serves as their business advisor. He was chosen to attend the White House Conference on Aging in 1995 and, with Carole, attended the United Nations Conference on Aging in Paris in 1999.

Mr. Tolkin was featured in the October 2005 issue of New York Magazine in an article entitled “I Quit,” where he outlined his successful approach to the last third of life. He was also mentioned in David Wolfe’s book Ageless Marketing, in which he developed his philosophy of “redirection instead of retirement.”

In March 2006 Mr. Tolkin was honored, along with his wife, by Presbyterian Senior Services with the Maggie Kuhn award.

**EcareDiary.com**

eCareDiary.com is a new website for families coordinating care for an aging loved one. Its social mission is to help family caregivers help their loved ones age in place and age with dignity. The co-founders, John Mills and Susan Baida, were inspired by their own personal experiences caring for family members and professional experiences in healthcare. Its goal is to empower family caregivers with free tools, information and resources to help them become better health managers and advocates for their loved ones. One of the main features is the Care Diary, a medication and appointment management tool enabling families to store and share their loved one’s information in a secure, private place.

eCareDiary.com is a recent winner of the 2010 Caregiver Friendly award from Today’s Caregiver national magazine and has been featured on AARP’s website as one of the ‘11 Technologies You’ll Want Now’ as also in the NYTimes, InformationWeek, MarketWatch, More, BlogHer, amongst many others.

John Mills, the Founder of eCareDiary.com, has over 20 years of experience in the health care field focused on health care policy. His previous work experience includes being a member of President Clinton’s Task Force on Health Care Reform. He has been responsible for developing new insurance products as also the first set of online tools for health care information. He holds a Master’s Degree in Public Policy with a specialization in Health Policy from Georgetown University in Washington, DC.

Susan Baida, Co-founder and Chief Marketing Office of eCareDiary.com, is an experienced consumer & online marketer with a career spanning over 17 years. She has held key marketing positions at Estee Lauder, Clinique and Avon with her most prominent role being Vice President of Brand Marketing at Starwood Hotels. A graduate of Emory University in Atlanta, GA, she has also earned a Geriatric Scholar Certification from the Consortium of New York Geriatric Education Center.

**EmblemHealth Inc.**

EmblemHealth, Inc., through its companies Group Health Incorporated (GHI) and HIP Health Plan of New York (HIP) provides affordable, quality health care coverage and administrative services to approximately 3.4 million people. Groups and individuals can choose from a variety of PPO, EPO and HMO programs as well as prescription drug, dental and vision plans. Plans offer a choice of networks, including access to over 106,000 quality doctors and other health care professionals and most of the leading hospitals across the tristate region. For more information, visit www.emblemhealth.com.
Gregory L. Johnson, BDiv, BM, BA, SMM, MM-Musician, International Business Consultant, Entrepreneur, Ordained Inter-faith Minister, Spiritual Director, Health Care Professional, Family Caregiver

"The qualities that best describe GREG JOHNSON and which have earned him his exciting and diverse career are Leadership, Creativity, Enthusiasm and Vision. In every aspect of his broad and expansive areas of operation and expertise Greg has sought and found possibilities where they were least likely to be found, created them where none had hitherto existed. At all times he celebrated the SYNERGY of OPPORTUNITY and POSSIBILITIES. His innovative ideas, supported by substantive action, have produced enormously successful results."............Strait's Times

SINGAPORE

Director of Community Outreach for EmblemHeath and Creator of the Integrative Wellness-Care for the Family Caregiver program; founding member and co-chair NYCFCC (New York City Family Caregiver Coalition); co-producer of the booklet, CARE for the FAMILY CAREGIVER; A Place to Start, written for the 2005 White House Conference on Aging; member of Speaker Christine Quinn’s NYC Council’s Hate Crimes Task Force; Member of the HHS-AoA National Family Caregiver Support Program Review Task Force; Volunteer Chaplain for the NYPD-GOAL (Gay Officers Action League); and Spiritual Director; guest lecturer; speaker; retreat leader; family caregiver. Rev. Johnson serves with the staff of the Marble Collegiate of New York City.

Empowering Caregivers®

Empowering Caregivers® provides assistance, education, support, referrals, respite (for informal family caregivers), and promotes public awareness about the realities of those who care for loved ones. EC is deeply committed to helping family caregivers from all walks of life.

Empowering Caregivers®, www.care-givers.com was created to provide a safe, nurturing place for all family caregivers as well as professionals on an emotional and spiritual level. Expert columns feature well-known individuals in the fields of caregiving, self-help and empowerment. The site offers: a newsletter, journal exercises, active forums/message boards, resources and much more. EC offers caregivers the opportunity to move into forgiveness, to heal and open to the most important healing power there is: LOVE. EC has received over 7 million visitors from over 200 countries.

Gail Mitchell founded Empowering Caregivers® caregivers.com in 1997 and National Organization For Empowering Caregivers® as a 501(c)(3) charitable non-profit in 2001 as a result of her personal experiences as a caregiver for family members and friends. Currently, she remains the President of Empowering Caregivers®. She is a featured presenter and keynote speaker at care related conferences and she offers workshops on "Empowering Caregivers®", in “Stress Management” and “Nurturing The Soul,” not only for family caregivers but for the staffs of non-profit service organizations. Ms Mitchell has written over one hundred articles and a series of 60 journal exercises that have served millions of people around the globe. She has been interviewed on television and radio. Ms. Mitchell has assisted thousands of informal family caregivers as well as professionals who help their clients online and offline in ways to transform and empower themselves through their roles in caring for loved ones.

Prior to this Ms. Mitchell was the principal of JM Productions in Los Angeles, a producer of conventions, industrials and celebrity fundraising events. She founded a destination management firm, Sedona Source, in Sedona, Arizona. Ms. Mitchell is a graduate of the University of Pennsylvania.

THE FIVE TOWNS SENIOR CENTER

The Five Towns Senior Center is a not-for-profit agency dedicated to enhancing the dignity of older people by promoting, sponsoring and coordinating programs that physically and intellectually maintain and continue to develop quality of life. The purpose is to offer opportunities for socialization, education, recreation, volunteerism and cultural and intergenerational activities in a social setting. Transportation is also provided. The Five Towns Senior Center acts as a referral source to health and social services.

Carole Tolkin is a gerontologist with graduate degrees in education and public administration. She has been in the field of aging for the past 30 years, both in the private and not-for-profit sectors. Nine years ago Carole retired from her position as executive director of the Five Towns Senior Center in Woodmere, New York and became active on its board of directors, where she served as president for four years. She is currently on the board of the New York State Coalition for the Aging, from which she received the prestigious Henrietta Rabe award.
Carole served as a spokesperson for the International Year of Older Persons in 1999 and attended the United Nations Conference on Aging in Paris that year. In November 2005, she organized a community-wide forum called “Ageism: the Last Prejudice,” which was attended by almost 300 people. In December 2005, the Nassau Herald named Carole Person of the Year for her community efforts. In March 2006 she and her husband, Marvin, received the Maggie Kuhn award for their outstanding contributions in the field of aging.

ROBERT M. FREEDMAN

Robert M. Freedman is Counsel to the Law Firm of Mazur Carp Rubin & Schulman, P.C. He practices in the areas of Elder Law, Trusts and Estates, Guardianship and Planning for Individuals with Disabilities and their families.

As a pioneer in these fields, Bob offers unparalleled expertise to deliver comprehensive solutions for clients. Serving not just as a lawyer, but also as a trusted advisor and advocate, Bob takes a compassionate and caring approach to bring greater peace of mind to individuals and their families. Bob was a founding partner of the Law Firm of Freedman Fish & Grimaldi, LLP.

He was also a staff attorney at Legal Services for the Elderly and the Institute on Laws and Rights of Older Adults of the Brookdale Center on Aging of Hunter College. Bob is a Founder and past Chair of the Elder Law Section of the New York State Bar Association and a Founder and Fellow of the National Academy of Elder Law Attorneys. He was the Treasurer and served on the Board of Directors of the Council of Senior Centers and Services for 20 years. He now serves on the board of the Carter Burden Center for the Aging. He holds a BA from Tufts University and a JD from New York University.

FRIA, INC.

FRIA - the voice and resource for quality long term care - is an over 30-year-old not-for-profit advocacy organization dedicated to fostering the dignity and independence of seniors in long term care settings, with a special focus on nursing home residents, and to ensuring that they receive prompt, high quality, compassionate care. We seek to accomplish this by helping friends and relatives become more informed and effective caregivers for the needs of their loved ones.

FRIA offers a free bilingual telephone Helpline staffed by trained counselors who provide up-to-date information and practical advice on long term care subjects such as: Selection and evaluation of residential long term care facilities and placement; financing of long term care in New York State including Medicare and Medicaid; alternatives to nursing homes; quality of care and quality of life concerns; resident and family rights; end of life options; promoting Culture Change. The Helpline is available M-F 10:00am to 5:00 pm at (212) 732 4455.

FRIENDS IN DEED

Friends In Deed provides emotional and spiritual support for anyone diagnosed with HIV/AIDS, cancer, and other life-threatening physical illnesses. Support is also available for family, friends, and caregivers of those who are ill, and all dealing with grief. In addition, Friends In Deed runs an HIV prevention program for at-risk teens in NYC public schools, having reached over 100,000 students since the program began. For more information, visit www.friendsindeed.org or call 212-925-2009. All services are free of charge.

Cynthia Burke is the current Outreach Director of Friends In Deed, avidly pursuing relationships with hospital social work departments, doctors, health care facilities and ordinary businesses introducing Friends In Deed as a valuable resource in the community. She has a BA degree from the University of Houston and is an ordained Interfaith Minister.

THE NEW YORK CITY DEPARTMENT FOR THE AGING

The New York City Department for the Aging (DFTA) helps thousands of older New Yorkers through a wide range of supportive services in the home and community. Most of these services are provided through contracts with community-based agencies. Older adults in need of supportive services receive home-delivered meals and homecare through DFTA-funded community agencies. Caregiver programs and case management agencies ensure a comprehensive evaluation is performed for those needing assistance and linkage with appropriate services. Through the National Family Caregiver Support Program administered in New York City by the Department for the Aging, individuals caring for persons age 60 and older or grandparents with the primary responsibility of raising their grandchild age 18 or younger receive information and assistance, counseling, training, support groups, respite services, and help with supplementing other care needs.

The Department’s Alzheimer’s & Caregiver Resource Center assists family caregivers directly and serves as
an educational and training resource for community-based providers and the general public, notably through its semi-annual conference on Alzheimer’s disease and numerous workshops in the multicultural communities. The Grandparent Resource Center (GRC) assists grandparents raising their grandchildren, linking the grandparent with support groups, referring for services, and counseling on a wide range of issues. The GRC also provides training for professional service providers and educational outreach. The Department’s Foster Grandparent Program offers low-income older persons an opportunity to contribute to their community by “grandparenting” children-in-need and helping them to develop literacy skills and self-esteem. Free information about health care coverage is available through the Health Information Counseling and Assistance Program (HIICAP).

Other important community-based services provided by the Department for the Aging include training older adults for the job market, and senior volunteerism. Benefits and entitlements available through the DFTA include the federal Home Energy Assistance Program (HEAP) and Weatherization Referral and Packaging Program (WRAP), which includes weatherization assistance to improve the cost efficiency and comfort of seniors’ homes.

GRIOT CIRCLE (GAY REUNION IN OUR TIME)

GRIOT (Gay Reunion In Our Time) Circle is a community-based organization which seeks to create and maintain a safe space for older lesbian, gay, bisexual, and transgender (LGBT) people of color. We provide emotional support and quality programming in order to counteract the effects of ageism, racism, sexism, and homophobia on this fragmented and marginalized population. As GRIOT Circle’s membership, programmatic and service needs continues to develop and evolve, our financial needs expand as well. We are requesting a grant from The Paul Rapoport Foundation in the amount of $25,000.00 for general support, to assist us in meeting the agencies goal and objectives in this fiscal year. It is our hope that with this grant we can maintain the level and quality of all of our services to our Elders.

Founded over thirteen years ago as an informal gathering of Elders, GRIOT Circle was officially recognized as a nonprofit 501(c)(3) in 1997. To this date, GRIOT Circle remains the only organization exclusively dedicated to serving the needs of Elder Lesbian, Gay, Bi-sexual, Transgender and Two-Spirit people of color. It is our mission to counteract the damaging conditions that affect this population by maintaining a safe space for these Elders, alleviating their feelings of isolation and fear, and providing programs and support systems designed to affirm their lives and encourage self-empowerment.

Our membership consists of approximately 1200 individuals, most of whom reside in underserved communities of the five boroughs of New York City. GRIOT also has members throughout the country, including Philadelphia, California, and New Jersey. Our latest census reflects that approximately 80% of GRIOT’s members are lesbian-identified females between the ages of fifty-one to eighty-seven years old. 19% are gay-identified males between the ages of fifty to seventy-five and the additional 1% identifies as Transgender. Over 90% of our members are from modest- to low-income households, and about 60% are retired and on fixed incomes. About 80% of GRIOT members identify as being black, African-American, or Caribbean-American, with 10% reporting Latin American ancestry, including Puerto Rican, Ecuadorian and Dominican. 5% White, 1% Asian and the remaining 4% identifying as Other. Each year, GRIOT’s membership increases by at least ten percent.

GRIOT Circle’s primary goal is to create an environment in which our Elders can exist without fear, where they can enrich, affirm, and empower their lives. Currently, we try to achieve this goal through the wide array of free programming that we offer to our members. Some of these programs are offered through joint collaboration as well as linkage agreements with agencies that have specialized skills in areas where GRIOT staff are not trained to provide.

GRIOT provides a series of Health and Wellness programs in collaboration with the YWCA of Brooklyn, and the Spanish Speaking Elderly Council; RAICES, GMHC, SAGE, ACRIA, and the Forte Green Council of Senior Centers. Our Collaboration with GMHC, ACRIA and SAGE allows us to increase our capacity to provide HIV/AIDS prevention, outreach, testing and referral services to the larger Brooklyn elder communities.

HANAC, INC.

HANAC, Inc. sponsors over 40 programs with sites and offices throughout the City. Whether assisting immigrants to acclimate to their new country, youngsters to explore their talents and accept new responsibilities, families to confront the problems of poverty, dysfunction and drugs, or the elderly to enjoy
their leisure time and sustain their health, HANAC continues to accept and respond to challenges.

HANAC programs for seniors include 4 senior centers, a NORC program, Senior Community Service Centers, an Extended Services program, housing assistance for low income seniors, a home weatherization program and a Caregivers program for seniors in New York City with a focus on work in Queens.

HANAC’s Caregivers Program is designed to assist those who are caring for someone over the age of 60 and feel isolated and overwhelmed. We offer counseling, support groups, supplemental services, outreach and referral information, education, respite and advocacy.

**John Kaiteris, CEO.** John Kaiteris has been Executive Director for HANAC for many years. He has seen the growth of HANAC from a small grass roots organization into a city-wide, multifaceted social service agency. Mr. Kaiteris is committed to all HANAC’s clients but has focused recent efforts on increasing senior housing opportunities in Queens. The Archbishop Iakovos Senior Residence, an affordable housing 100-unit complex for seniors with low to moderate income, will be joined soon by three new housing initiatives that will yield an additional 499 affordable senior apartments.

John Kaiteris was an early member and past president of the CSCS. With the hearty approval of Mr. Kaiteris, HANAC has become a supporter and sponsor of the NYC Family Caregiver Coalition.

**Heights and Hill Community Council**  
*Services for Older Adults*

Since its inception 38 years ago, Heights and Hill Community Council has had one goal: to help older neighbors in Brooklyn, to live safe and independent lives as members of the community. Heights and Hill serves as the critical link between community members, government, and professional service providers whose common goal is to preserve the dignity of our older neighbors.

While the organization’s core service is social work case management – case managers meet with older people and their families in their homes to help them cope with the stresses of deteriorating health, the threat of being alone, and the difficulties of managing everyday life – other services include meals-on-wheels, referrals for home care services, information regarding various benefits and entitlements, and educational and support services to family caregivers. Heights & Hill also provides transportation services through the Senior Shuttle, a fixed-route service that makes 32 designated stops throughout the neighborhoods of Brooklyn Heights, Cobble Hill, Carroll Gardens, and Boerum Hill four times each weekday and door-to-door transportation to Eileen Dugan Senior Center and St. Charles Jubilee Center.

A monthly Speaker Series for Seniors was initiated in the fall of 2005, presenting authors and celebrities speaking on such topics as investments, the Automat, Brooklyn recipes, Brooklyn history, historic figures, and other stimulating topics. Heights and Hill also presents an annual workshop series “You and Your Aging Relative” covering such topics as Financial Planning, the Insurance Maze, What’s Normal Aging and What’s Not.

Heights and Hill’s extensive use of community volunteers enhances the agency’s capacity to bring caring, compassionate services to elderly neighbors, as well as keeping isolated seniors in touch with the general community. Volunteers help to deliver “meals-on-wheels” in Brooklyn Heights, participate in a neighborhood Thanksgiving Dinner for the elderly at Grace Church, and act as “friendly visitors” to homebound isolated neighbors.

**Judy Willig, LCSW** is the Executive Director of Heights and Hill Community Council and has led the agency through two decades of growth. She is an active member of various community and aging organizations including the Council of Senior Centers and Services of New York City, the Federation of Protestant Welfare Agencies Task Force on Aging, a founding member of the New York City Hoarding Task Force and the Brooklyn Local Aging Network, as well as a former longtime member of the Community Board 6 Human Services Committee. She has led workshops and support groups for family caregivers, and is herself a caregiver. She has proven herself to be an effective aging advocate and community organizer, has published articles on aging and has presented workshops at numerous national and citywide conferences on aging. Ms. Willig received her MSW from the University of Michigan School of Social Work and her BA in psychology from Binghamton University.

**Isabella Geriatric Center**

Since its inspired beginning in 1875, Isabella Geriatric Center, a non-profit, non-sectarian organization, has pioneered in the care of the elderly of New York.
Located in northern Manhattan, Isabella Geriatric Center has grown from a traditional nursing home into a progressive provider of state-of-the-art care for all - on its own campus and in the community at large.

Isabella Geriatric Center offers a continuum of care to those in need - from the family requiring childcare to those seeking sensitive support for an aging loved one. Its mission is to provide quality care through diverse programs designed to promote health and independence within and beyond its walls. Within this spectrum of care, Isabella Geriatric Center offers the following:

- **Child Day Care** for 39 children from 3 months to 6 years.
- **Senior Housing** – 77 moderately priced apartments for independent adults, age 62+.
- **Adult Day Health Care** for 70 community residents who benefit from the services of the nursing home while returning home each day.
- **Home Care** for eligible residents of Manhattan, the Bronx and Westchester who require care for medical or mental health illness, including: * Long term home health care program * Isabella Visiting Care, Inc.
- **Isabella Nursing Home** – a 705 bed residential care facility featuring differentiated levels of comprehensive care including: Dementia care, Respite care, Palliative care, Short stay & long term rehabilitation and Ventilator dependent care

Isabella’s long-standing dedication to the community is evident in the many programs that it fosters:

- **Upper Manhattan Partnership for Senior Independence** - led by Isabella, UMPSI is a consortium of 7 non-profit community organizations to provide case management services to more than 1,000 residents of Harlem, East Harlem, Washington Heights & Inwood.
- **Isabella Senior Resource Center** – a free information center specializing in insurance and entitlement counseling and referrals to neighborhood resources.
- **Caring Partners Program** - a program that trains high school students in all aspects of eldercare.
- **Volunteer Program** - which benefits from the dedicated contributions of more than 500 volunteers each year.

- **Certified Nurses Aide Training & Home Health Aide Training** free training programs that prepare qualified candidates to work in the nursing home and in the community.
- **Naturally Occurring Retirement Community (NORC) Programs** initiatives to develop supportive service programs for those 60 years and over living in community residential buildings. We currently have 2 NORC Programs serving over 900 community residents.
- **Fifty Plus Club** a free program providing health education and training for older adults.
- **Walking Works Wonders** a year-round fitness program designed to encourage healthy daily living among community residents over the age of 50.
- **Caregiver Support Program** provides counseling and support to caregivers in northern Manhattan.

**INSTITUTE FOR PUERTO RICAN/HISPANIC ELDERLY, INC.**

Institute for Puerto Rican/Hispanic Elderly, Inc. is the largest and major Hispanic non-profit organization serving Hispanic and other ethnic/racial minority seniors and their families in New York City and environs. It provides assistance with entitlements, home health care, housing and the development of advocacy activities and strategies to support programs for the Latino elderly, including HIV/AIDS counseling and referral support. The Institute provides direct assistance services to over 15,000 individual seniors a year, and informational/referral services to another 125,000.

*Suleika Cabrera Drinane*, Executive Director, serves as the 2nd Vice President and founding member for 100 Hispanic Women, Inc., and is a pioneer in the advocacy for minority seniors. She founded the Institute for the Puerto Rican/Hispanic Elderly, Inc. and has developed and implemented programs and services to improve the quality of life for senior citizens. Among her programs is the Hispanic Senior Action Council, a social/cultural/civic vehicle for self-development, leadership, and the protection of elderly rights and entitlements. She has also established many service networks and coalitions for wide access to information and assistance.
The Kinship Care Program
The Kinship Care Program (KCP) is designed to respond to the needs of Brooklyn grandparents and other relatives who are the primary caregivers of their grandchildren, nieces and nephews when parents are unable to care for them. Kinship caregivers often assume this role due to parental abuse, neglect, death, incarceration, substance abuse, suicide, illness and/or poverty.

The KCP provides emotional support, case management and advocacy and legal advice for relative caregivers. Services include a weekly support group, individual counseling, referral and information, assistance with financial, medical and educational entitlements and benefits, and legal liaison. All caregivers of any age are eligible to participate in the KCP and there are no fees or insurance payments required. The staff is fluent in English, Spanish and Russian and there is no waiting list. Caregivers can also participate in educational forums and recreational events through our affiliation with the Brooklyn Grandparents’ Coalition.

The KCP is located at 2020 Coney Island Ave, Brooklyn, NY 11223. For more information, contact Deborah Langosch, Program Director at 212-632-4760, dlangosch@jbfcs.org.

The New York City Kincare Task Force
The NYC Kincare Task Force was established in 1992 in recognition that the services needed by caregivers raising relative children require collaboration among many systems far beyond the traditional aging network or the child welfare systems. The Task Force, a joint effort of the Jewish Board of Family and Children’s Services, a mental health and social service agency, and the Hunter College School of Social Work, has addressed the need for cross-systems exchange. The Task Force provides a channel through which established and newly developing kincare programs benefit from each other’s experiences.

The Task Force’s 30 member agencies/organizations represent a cross section of providers, researchers and consumers from the aging, child guidance, mental health, child welfare and legal networks. The Kincare Task Force creates an opportunity for a collaborative partnership to promote a cross-fertilization of information and ideas, program development, public policy analysis and coalition building. Gaps in service have been identified and brought to the attention of the appropriate agencies.

The Brooklyn Grandparents’ Coalition
The Brooklyn Grandparents’ Coalition originated in 1994 in order to address gaps in services for relative caregiving families. Additionally, the Coalition strives to increase social interaction and networking among relative caregivers and enhance their knowledge about legal, health care, education, financial, psychological issues. Currently the Coalition is comprised of 13 agencies that provide services and support groups to kinship care providers in Brooklyn, New York. Through our collaborative partnership of public and private agencies, the Coalition holds psycho-educational forums for relative caregivers, a multicultural holiday party and summer recreational events. The Coalition also writes and distributes a newsletter on relevant topics for caregivers three times a year.

Deborah Langosch, PhD, LCSW, is the director of the Kinship Care Program and chairperson of the Brooklyn Grandparents’ Coalition at the Jewish Board of Family and Children’s Services in New York City. She also co-chairs the New York City Kincare Task Force. Dr. Langosch has been working with grandparent caregivers and their relative children for the past seventeen years in mental health settings and community service agencies. She has been responsible for program development, fund raising, direct service and supervision.

Dr. Langosch has given numerous national and local presentations on issues that kinship care families face. In addition, she recently completed her doctoral work at New York University School of Social Work. Her dissertation topic was, “Grandmother’s Raising Grandchildren Due to the Death of their Parent.” She has an extensive background in the field of loss, trauma and bereavement and is also in private practice in Brooklyn, NY.

Jewish Home Lifecare
Serving the Individual, Benefiting the Community
Jewish Home Lifecare is New York’s oldest and largest not-for-profit long-term care and rehabilitation provider and is internationally recognized as an innovative leader in providing healthcare to elders, as well as an academic center for research and education. With campuses in the Bronx, Manhattan and Westchester and through Community Services,
Jewish Home Lifecare serves more than 10,000 elders annually via traditional long-term care, short-stay rehabilitation, Alzheimer’s/dementia care, respite care, hospice care, home healthcare, adult day care, care management, telehealth programs, senior housing and transportation. Jewish Home Lifecare also places a strong focus on wellness, healthy aging and caregiver support.

Our mission is to support health, individuality and dignity of our elders. Ensuring our care is person-centered means establishing and maintaining partnerships with our clients and families, our staff and volunteers and our neighbors. We implemented an ongoing exchange of ideas and information with the community; innovative new programs to engage and inspire our elders’ individual interests; better technology to serve our clients in their homes; and job training and enrichment opportunities to improve staff performance and satisfaction. Regardless of how and where our clients access our services; our goal is to help them enjoy a rich and full life, giving them the opportunity to live as independently as possible.

For more information about our programs, Connections, our information and referral line, is available to both professionals and clients to take referrals and provide resource information. Contact Connections at 1-800-544-0304.

LENOX HILL NEIGHBORHOOD HOUSE

Services for Caregivers
Lenox Hill Neighborhood House is the oldest and largest social services and educational organization on the Upper East Side of Manhattan, serving 20,000 people in need each year. Its mission is to help those in need who live, work or go to school on Manhattan’s East Side from 14th Street to 96th Street. Its programs include Youth & Family Services; Homeless and Housing Services; Fitness & Aquatics; Legal Advocacy & Organizing; Adult Education; Homecare through its affiliate The Caring Neighbor; Visual & Performing Arts; and Older Adult Services.

Project STAR
Within the Department of Older Adult Services is Project STAR, Lenox Hill Neighborhood House’s support program for family caregivers. Project STAR (Support, Training, Advocacy and Respite) provides an array of services to support individuals who are caring for an adult age 60 and over. Project STAR services include individual counseling and ongoing weekly support groups for caregivers; information and referral to other services; forums and workshops on a variety of topics for caregivers; counseling on entitlements and benefits; and limited respite care services. We also work closely with and refer caregivers to the Neighborhood House’s other programs for older adults including senior centers, social adult day programs, transportation service, and case management for homebound elderly.

For more information about Project STAR or programs for older adults at Lenox Hill Neighborhood House or to make a referral, please contact: Christopher Chin, at (212) 744-5022 ext. 1266 OR the Department of Older Adult Services Intake Line at (212) 744-5022 ext. 1203.

Caregiver Legal Support Center
The Caregivers Legal Support Center of Lenox Hill Neighborhood House provides legal information, advice and representation to unpaid family caregivers to manage the complex needs of their frail elderly family members and care recipients. The Legal Support Center provides integrated legal services on a variety of civil legal issues that directly relate to helping improve the quality of life of the care recipient, such as housing, medical benefits and health law, income support and advance planning documents.

In addition to direct legal representation for people who are economically disadvantaged, the Legal Support Center educates and counsels caregivers and care recipients on topics such as advance directives, housing, supplemental needs trusts, Medicaid and home health care planning. We also collaborate with other caregiver organizations throughout New York City by sharing information, providing referrals and reaching out to more caregivers and care recipients in need of assistance.

For more information about the Caregiver Legal Support Center or to make a referral, please contact Mia Kandel, Esq. at (212) 744-5022 ext. 1384.

Christopher Chin, LMSW has been the Program Coordinator for Project STAR, a support program for caregivers or older adults at Lenox Hill Neighborhood House since December 2002. Mr. Chin received his Master of Science in Social Work from the Columbia University School of Social Work in 2001. He has had over five years of experience in facilitating caregiver support groups and providing individual counseling and practical support to overwhelmed caregivers. Prior to being employed at Lenox Hill Neighborhood House, Mr. Chin provided case management assistance to homebound older adults who lived in the Upper East Side.
Mia Kandel, Esq. joined Lenox Hill Neighborhood House’s Legal Advocacy & Organizing Department as an attorney in the Caregivers Legal Support Center in October 2007. The Caregivers Legal Support Center provides free civil legal services to low-income caregivers and their elderly care-recipients in areas such as housing, health care, government benefits and advance directives. Mia grew up in Brooklyn and graduated *summa cum laude* from the State University of New York at Binghamton in 2002. She then attended the Benjamin N. Cardozo School of Law from which she graduated in 2006. Mia is admitted to practice in New York and New Jersey.

**National Alliance for Caregivers**

Established in 1996, The National Alliance for Caregiving is a non-profit coalition of national organizations focusing on issues of family caregiving. Alliance members include grassroots organizations, professional associations, service organizations, disease-specific organizations, a government agency, and corporations.

The Alliance was created to conduct research, do policy analysis, develop national programs and increase public awareness of family caregiving issues. Recognizing that family caregivers provide important societal and financial contributions toward maintaining the well-being of those they care for, the Alliance's mission is to be the objective national resource on family caregiving with the goal of improving the quality of life for families and care recipients.

Here are just a few of the Alliance's achievements since 1996: The *National Caregiver Survey* identified the profile of the caregiver, care recipient, and the impact of caregiving; The *Family Care Resource Connection* provides reviews and ratings for over 1,000 consumer-oriented caregiver resources such as web sites, videos, books and brochures; *Toward a National Caregiving Agenda: Empowering Family Caregivers in America*, a national grassroots caregiving movement focused on advocacy and activism which will organize and mobilize family caregivers around the country; The *Third International Conference on Family Care*, October 12-14, 2002, the first international conference on family caregiving held in the US; *MetLife Study of Sons at Work: Balancing Employment and Eldercare* (with Towson University) compared caregiving tasks and impact on work attitudes of over 1,300 male and female caregivers at three large US employers.

**National Multiple Sclerosis Society – NYC Chapter**

MS Stops people from moving. The National MS Society exists to make sure it doesn’t. Through our 50-state network, the Society funds more MS research, provide more services to people with MS, offer more professional education and further more advocacy efforts than any other MS organization in the world. The Society is dedicated to achieving a world free of MS.

In addition to raising money locally to support the Society’s national research initiatives, the New York City Chapter serves nearly 7,000 individuals with MS and their families in all five boroughs with a variety of clinical, educational, recreational and direct support programs.

As Multiple Sclerosis typically is diagnosed in individuals in young to mid adulthood, caregivers are wide ranging in age: from young children, to young adults unable to leave home due to care giving responsibilities for their parents, to elderly parents now caring for their adult child with MS. The National MS Society provides a variety of services to these caregivers including: information and referral, individual and family counseling, support groups, home care and respite service, case management, legal and social service advocacy, caregiver wellness days, and a variety of educational, counseling and recreational services specifically designed for child caregivers.

Andrea Arzt, LCSW has been Senior Director of Counseling Services at the New York City Chapter of the National MS Society for five years and has worked for over 25 years with individuals with disabilities and their families through both her agency and private practice work. Previously she was Assistant Director of the Epilepsy Institute, Coordinator of the International Center for the Disabled's Brain Injury Rehabilitation Program, and worked as psychotherapist at the Manhattan’s Independent Living Center (CIDNY) and AHRC. She provides consultation and training on a variety of topics related to psychotherapy with individuals with disabilities. She obtained her MSW from Hunter College School of Social Work and her Certificate in Psychoanalytic Psychotherapy from the Brooklyn Institute for Psychotherapy and Psychoanalysis.

**Martin Petroff**

Martin Petroff is an elder-law attorney and health-care advocate for the elderly and disabled. A former staff
attorney for health-care affairs for the New York City Department for the Aging, his interests include Medicaid, Medicare, Social Security, and planning for long-term care.

As a consumer advocate, Mr. Petroff has spoken widely on radio and television and before the United Federation of Teachers, the Alzheimer’s Association, and the AARP. Mr. Petroff has been a regular guest on the WMCA Radio broadcast, Health Saturday.

Mr. Petroff is a member of the Executive Committee of the Elder Law Section of the New York State Bar Association and a director of the Long Term Care Community Coalition of New York State. He is the editor of the Elder Law Report, a nationally distributed newsletter published by his firm.

Mr. Petroff’s firm, Martin Petroff & Associates, is located at 270 Madison Avenue, in midtown Manhattan, (212) 679-5800; PetroffElderlaw.com.

SERVICES NOW FOR ADULT PERSONS, INC.
Services Now for Adult Persons, Inc. (SNAP) has been serving the senior citizens of eastern Queens for more than 23 years. SNAP has a comprehensive array of services that respond to the needs of the community residents who are older adults. The environment of the SNAP senior centers is welcoming; there are varied activities; the meals are nutritious and meet 1/3 of the recommended Daily Dietary Allowance; the site is open for at least 250 days a year and welcomes seniors of all backgrounds and orientations; provides educational and recreational opportunities and acts as a focal point for the community in providing information and referral for aging services.

SNAP works with the Department for the Aging to provide a network of Caregiver Services to New York City. The Caregiver Program of SNAP seeks to encourage, empower and equip our caregiver clients by providing a variety of services for caregivers in Community Boards 7,8,11, 10, 12, 13 & 14.

Services Now for Adult Persons, Inc. Caregiver Program is located at 1 Cross Island Plaza LL5 Rosedale, NY 11422. For more information please contact Megan Isenberg, LMSW, Caregiver Program Director. (718) 527-5380

SHARETHECAREGIVING, INC.
The mission of ShareTheCaregiving, Inc. (a project of the National Center for Civic Innovation) is to improve the “quality of life” of persons who are seriously ill, disabled, or experiencing the challenges of aging, and to reduce stress, depression, isolation and economic hardship often suffered by their family caregivers. (www.sharethecare.org)

In 2003, ShareTheCaregiving, Inc. was founded with the sole purpose of promoting and educating people about Share The Care™, a handbook/model first published in 1995 and updated and revised in 2004. It was cited by The Library Journal as “One of the best consumer health books of 2004.” Since then, it has proven to be a successful grassroots solution for caregivers across the United States, in Canada, and other countries.

Born in NYC, the model grew out of the experiences of 12 women (mostly strangers to each other) who came together and worked for three and a half years to care for a mutual friend with terminal cancer. They developed the forms, techniques and systems to rotate responsibilities so no one person had too much to do.

Share The Care teaches ordinary people how to organize and maintain a caregiving family to help someone they know in need of assistance. The model supports not just the person in need but their entire family as well. If there is no family nearby, the group becomes “family.” Over time, the Share The Care approach has shown its ability to make a difference regardless of the situation—whether someone is in need of short-term rehabilitation (following surgery or an accident,) struggling with the increased difficulties associated with aging, or is suffering from long-term or terminal illness. It’s also been adapted in cases of multiple births, widowers with young children, and to support grandparents raising grandkids.

ShareTheCaregiving offers (on request) training sessions, workshops and lectures for healthcare professionals, clergy, and caregivers. As countywide dissemination of the model proceeds, trainees and those people they have inspired can rally others by establishing a local “Share The Care Station.” Flyers, small space ads, articles and posters have been developed for placement in hospitals, hospice, community centers, places of worship, and libraries to advertise Share The Care to the public. People are invited to call a local number to learn more and receive coaching, if needed, to get a group of their own started. (Several stations are currently in test)

The organization offers e-mail and telephone support and is building a new web-based site designed to support the activities of individual Share The Care groups. It is funded by grants from The Milbank
Foundation for Rehabilitation and Emblem Health, as well as private donations.

Sheila Warnock, Founder & President of ShareTheCaregiving has spent most of her professional life in advertising. However, in the mid 80’s several profound personal experiences changed her life when she simultaneously became a sole long distance caregiver for her elderly mother and an emotional support a friend with terminal cancer. By undertaking this dual role, Sheila truly experienced the tremendous responsibilities that caregivers have to endure.

By 1988, and following the first meeting of the original group, Sheila pioneered with 11 other women, a whole new, cost-effective, community based approach to caregiving predicated on the sharing of responsibilities—a method that highlights the importance of “taking care of oneself” while being a caregiver. As a result, Sheila and her co-author, Cappy Capossela, wrote Share The Care: How to Organize a Group to Care for Someone Seriously Ill, Simon & Schuster.

Tragically, in 2002, Cappy was diagnosed with a brain tumor, so Sheila organized a group of 33 to care for her until her death 10 months later. By 2003, Sheila resolved to take their model out into the world and left her career to establish ShareTheCaregiving, Inc. Currently, she serves on the NYFCC Executive Committee and Chairs the Public Awareness Committee. She is also on the Residence Advisory Committee for a project of the HealthCare Chaplaincy.

THE SUPPORTIVE CARE PROGRAM & FAMILY CAREGIVER CENTER OF SAINT VINCENT’S HOSPITAL

The Supportive Care Program is a FREE specialized program for patients with an advanced or progressive illness, and their caregivers. The program provides an interdisciplinary approach to care, which includes nursing, social work, spiritual care and specially trained volunteers.

Patients are visited at home, in the hospital and other treatment settings. Our primary goal is to enhance comfort and improve the quality of life of the patient and their loved ones. Our interventions are: providing emotional and spiritual support, giving assistance with concrete social work and nursing needs, acting as advocates and liaisons with other involved health care and social service providers. Patients and their physicians need not be affiliated with Saint Vincent's Hospital and anyone can make a referral. Our catchment area is within a distance of 45 minutes from the hospital and accessible to public transportation. In cases when there is a death of the patient, bereavement groups and one-to-one support is available to caregivers. Additionally, we offer various types of support groups throughout the year. For more information or to make a referral, please call us @ 212-604-7508.

The Family Caregiver Center

Since it’s inception in April 2001, the center has provided information, education and support to caregivers of the frail elderly or anyone with a chronic or life threatening illness. Individual counseling and ongoing support groups are available for spouses/partners, daughters, sons, and friends of the patient. The Center also offers time limited bereavement groups on a periodic basis. All of our services are free of charge. For more information or to make a referral, please call 212-604-7332.

The Supportive Care Program & Family Caregiver Center team is comprised of individuals with advanced education and training in their disciplines, specializing in patient and caregiver support and counseling and bereavement.

Kathleen Triche, DSW, LCSW is the Manager of St. Vincent’s Supportive Care and Family Caregiver Program. Dr. Triche has been at St. Vincent’s since July 2007. Previously, she was Director of Community Social Services at Village Care of New York, and the Coordinator of the Geriatric Psychiatry Outpatient Program at Beth Israel Medical Center. She has also been a faculty member of the National Parkinson Foundation’s Allied Health Professions Team Teaching Program. Dr. Triche received a BS in Biology from Loyola University of New Orleans, a Masters of Social Work from Tulane University and a Doctor of Social Work degree from Wurzweiler School of Social Work of Yeshiva University. Her dissertation was entitled: Family Factors that Affect the Resolution of Grief in Older Persons.

THE UNITED HOSPITAL FUND

The United Hospital Fund’s mission is to shape positive change in health care for the people of New York. We advance policies and support programs that promote high-quality, patient-centered health care services that are accessible to all. We undertake research and policy analysis to improve the financing and delivery of health care in hospitals, clinics,
nursing homes, and other care settings. We raise funds and give grants to examine emerging issues and stimulate innovative programs. And we work collaboratively with civic, professional, and volunteer leaders to identify and realize opportunities for change. Next Step in Care: Family Caregivers and Health Care Professionals Working Together is a new campaign and website with guides and materials for caregivers and providers to make transitions in care settings smoother and more effective. The website will be available mid-November at www.nextstepincare.org.

Carol Levine joined the United Hospital Fund in New York City in October 1996 where she directs the Families and Health Care Project. This project focuses on developing partnerships between health care professionals and family caregivers, who provide most of the long-term and chronic care to elderly, seriously ill, or disabled relatives. She was director of the Citizens Commission on AIDS in New York City from 1987-91 and director of the Orphan Project from 1991 - 96. As a senior staff associate of The Hastings Center, she edited the Hastings Center Report. In 1993 she was awarded a MacArthur Foundation Fellowship for her work in AIDS policy and ethics.


She has written several books and articles, including a “Sounding Board” essay in the New England Journal of Medicine entitled “The Loneliness of the Long-Term Care Giver” (May 20, 1999). She has published articles and reviews in Journal of the American Medical Association, Journal of the American Geriatric Society, Journal of General Internal Medicine, Health Affairs, as well as in the popular press.

She received a BA in history from Cornell University, where she was elected to Phi Beta Kappa, and an MA from Columbia University in public law and government. She received a Ford Foundation Foreign Area Training Fellowship for study at Columbia’s Russian Institute.

THE VISITING NURSE SERVICE OF NEW YORK

Founded in 1893, the Visiting Nurse Service of New York (VNSNY) is the largest not-for-profit home health care organization in the United States. VNSNY provides expert and compassionate care in all five boroughs of New York City as well as Nassau and Westchester counties.

VNS CHOICE (Community and Home Options of Integrated Care for the Elderly) began operation on January 1, 1998 as a comprehensive managed long-term care program for older adults who wish to live at home, but need assistance with day-to-day activities of daily living. VNS CHOICE provides the opportunity for the older person to be assisted by the home care specialists at VNS without having a plan of care that might be prescribed when being discharged from a hospital or rehabilitation setting. Since the first program in 1998, VNS CHOICE has been expanded to include a Special Needs Medicare Advantage Program (SNP), and will introduce another Medicare Advantage program in January 2010.

The in-home services of VNSNY and VNS CHOICE range from the skilled care of professional, registered nurses and rehabilitation therapists to the supportive services of home health aids. The goal of the care giving at VNS is to assist people to remain at home, safely, in the community as long as possible. We bring the caring home by providing total care needs in the community and at home.

There are over 7,000 senior citizens in the VNS CHOICE Managed Long Term Care (MLTC) Program, and over 3,000 enrolled in the Medicare Advantage Program. In 2008 (current year information not available until next year), VNS served a total of 138,600 patients and nurses, social workers, rehab therapists and home health aids made 2,456,000 professional visits. The average age of a VNSNY patient is 73 years old, and in 2008, 525 patients were over 100 years old (the oldest was 113 years old). Diabetes and hypertension were among the most frequently diagnoses of our patients.

James C. O’Neal is the Director of Community Relations for VNS CHOICE at the Visiting Nurse Service of New York. He is Co-Chair of the NYC...
Family Caregiver Coalition, and is very much involved in care giving and senior health in New York City. He is a member of the Advisory Board of ACRIA. James is Past President of the State Society on Aging of New York, and sits on the Board of Directors of a number of organizations dedicated to better health for New York City’s Senior Citizens, including the Board and Executive Committee of the Council of Senior Centers and Services of New York City, Inc. (the parent of the NYC Family Caregiver Coalition), the NY Citizen’s Committee on Aging, and the Institute for the Puerto Rican/Hispanic Elderly. Mr. O’Neal is the recipient of Community Service Awards from Korean Community Services, the Chinese-American Planning Council’s Nan Shan Senior Center, the United Hindu Cultural Senior Center, and from Jamaica Service Program for Older Adults (JSPOA).

**THE VISITING NURSE SERVICE OF NEW YORK - HOSPICE CARE PROGRAM**

The Visiting Nurse Service of New York (VNSNY) Hospice Care program provides hospice and palliative care services in patients’ private homes or other care facilities in four boroughs: Manhattan, Brooklyn, Bronx and Queens.

Our hospice team works with patients, their families, their physicians, and nursing home staff to:

- **Achieve Comfort.** Working with the patient’s physician, our hospice nurses evaluate and manage any pain or symptoms. Our nursing team coordinates a plan of care and our hospice physicians make home visits and consult with the patient's primary physician.

- **Promote Choice.** We honor patients' wishes and respect family values and cultural beliefs. Our hospice social workers help facilitate decisions on many issues, including those about the goals of care. Our chaplains and social workers provide emotional support and counseling for the patient and family members. Specially trained volunteers provide vital companionship and respite care. Caregivers are the primary core of hospice services. Our nurses, social workers, chaplains, and physicians are accessible 24 hours a day, 7 days a week and following the death of the patient are available to the caregiver for 13-months.

The Rev. Paul A. Metzler is the Director of Community and Program Services for the Hospice Care program of the Visiting Nurse Service of New York. He is a Fellow of the American Association of Pastoral Counselors; a NYS Licensed Marriage & Family Therapist, a Clinical Member of the American Association for Marriage and Family Therapy; and a Member of the Association for Death Education and Counseling; the Council of Hospice Professionals; Spiritual Directors International and the Assembly of Episcopal Healthcare Chaplains. He serves as the Book Review Editor for *The Forum*, publication of the Association for Death Education and Counseling. He is a priest associate of the Church of the Transfiguration in the borough of Manhattan.

**VISIONS/ Services for the Blind & Visually Impaired**

VISIONS/Services for the Blind and Visually Impaired is a nonprofit rehabilitation and social service organization founded in 1926. VISIONS purpose is to develop and implement programs to assist blind and visually impaired people of all ages to lead independent and active lives, and to educate the public to understand the capabilities and needs of people who are blind and visually impaired. VISIONS multicultural and multilingual staff serves more than 5,000 individuals annually in the New York Metropolitan Area. Services are free of charge. VISIONS clients who are primarily low income.

VISIONS Caregiver Program provides services for caregivers who are assisting older adults 60 years and over who are blind or visually impaired, and grandparents, 55 years and older who are the primary caregivers for a child under the age of 18 years of age where either the grandparent or the child is blind or visually impaired. The services include information and referral, supportive counseling, day and overnight respite, support groups, training and education and other activities.

Other Programs at VISIONS: * VISIONS at Selis Manor is a center for counseling, classes, computer training, vision rehabilitation and volunteer programs located at 135 West 23rd Street NY, NY for tenants and community users who are blind or visually impaired youth, adults and seniors.

* VISIONS Center on Blindness (VCB) is a 35 acre year-round residential facility in Rockland County, NY serving all ages.

* Individual and Group Vision Rehabilitation Training is offered for people of all ages who are blind or visually impaired leading to independent living at school, home, work and in the community.

* Services for Blind Elders are offered with senior centers, housing for older adults (NORCs) and at home; a separate project for caregivers provides support, information and respite services at VCB.
* Youth and Adult Workforce Programs provide work experiences, vocational training and placement in competitive employment.
* Intergenerational & Volunteer Programs serve individuals at home, at Selis Manor and in the community.
* Blindline® (212-625-3301) is a NYS information and referral service for vision related products, programs and services.
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A Note (not an email) from Greg

“In everything there is a season....” and for me that time has come to turn my co-chairmanship over to another.....but before I go I want to say.........

THANKS

THANKS to each of you........we came together to find out

*Who was doing family caregiving

We came together to learn:

*What family caregiving really means

*What family caregiving is.......  
  *To us, to our city, to our communities, to our organizations, the nation  
   And beyond............

We came together to explore

*What we could learn from each other...from our successes and our pain

We came together to define, to refine, to reflect, to share and to explore

We came together to bring awareness, acceptance and action...for Family caregivers...

And we have learned to celebrate and express gratitude...to give THANKS.

Yes, we came together

And learned the joy and power of WE

No more us and them

We came together....WE

United in our diversity

United in serving

United in caring

United in Sharing, Teaching, Helping, Blessing

United by our stories, our tears, our journeys, our triumphs and our trials

United as Families of Origin, each

United as Families of Choice, all
And in our Unity we found new ideas, new possibilities, new challenges, new hopes and new strength that we never knew we had...........

We dreamed dreams...and now only bigger ones await us

We have been blessed by BIG NAMES: Butler, Sheehy, Levine, Mittelman, Oliveira, Carbonell, Gibson-Hunt, Jellinek, Tsao, Calandro and Forbes

To this we add: Bouchhard, O’Neal and Crafton in 2010

We celebrate and give thanks.

To the list I now add each of your names, family caregivers united for good

THANK YOU..........THANK YOU

Thank you EmblemHealth, thank you CSCS, thank you NAC

Thank you Ilene, John K and John W; Igal and Nikki; Gail

Thanks to my wonderful team: Tamar, Lillian, Kareem and Cathy...

All of you..so generous, supportive, and dream builders

Thank you members of the Executive Committee and Committee Chairs

Each key, each so generous, each so special

Family all are we.

Yes, we are family........oh, I feel a song coming on

So before I begin “new songs” that life is asking me to “sing”

One last, very important thank you, to you, my co-chair
My friend and brother I never had, James

I LOVE YOU...ALL

Onward with THANKS as together we make more dreams into reality for

FAMILY CAREGIVERS

Reverend Gregory L Johnson
NYCFCN Fifth Anniversary Evening of Celebration and Gratitude
November 9, 2010
New York City

[Signature]
Tony Smith, Saxophonist

Tony Smith is an accomplished saxophonist with over 30 years of experience bringing pleasure to his listeners. It only takes one note from his soothing horn to see that he is someone blessed with a special talent. This anointed musician on the saxophone is someone that has a message from God to share with others. “Do what God has called you to do”.

Tony has released four solo projects. The latest titled “Rewind Let’s Do It Again”, like Tony’s first 3 projects, ministers to those seeking spiritual comfort and relief through instrumental interpretation. Tony and his host of talented musicians incorporate elements of jazz, gospel and classical music. In keeping with his recording tradition, this CD has both standard gospel hymns and original songs written by Tony. Special invited guest musicians involved with this project include saxophonist Ron Brown, guitarist Jonathan DuBose Jr., trumpeter Syreeta Thomson, bassists Bryant Wilder and Reggie Young.

In 2005 and 2004 Tony was nominated at the Urban Gospel Industry Awards for Best Gospel Jazz Album and Best Gospel Jazz Male Artist. He was nominated in two categories in 2003 at The American Gospel Music Awards for Best New Gospel Jazz Artist and Best New Artist of the Year. Tony won Best New Gospel Jazz Artist for that year. Tony has been spotlighted on several television shows including appearing twice on Bobby Jones Gospel, The Gospel of Music with Jeff Majors, Up Close & Personal, The Jazzspel, New Mercies Café TV, Gospel Central Video Music TV, Parade Of Quartets, Making Great Strides and the Faith Now TV show. He has shared the stage with such artists as Ted & Sheri, Tramaine Hawkins, Deitrick Haddon, Tonex, Hezekiah Walker, Vickie Winans, Neville Peter, Shirley Caesar, Lucinda Moore, Moses Tyson Jr and Nancey Jackson-Johnson. Tony has played for such dignitaries as the Premiere and members of Parliament in Bermuda, The National Baptist Convention, The 100th anniversary of C.O.G.I.C. in Memphis, Tenn and for Bishop Richard F. Norris and the Council of Bishops of the AME Church.

This talented artist hosts his own gospel jazz radio show on WFDU 89.1FM in Teaneck, New Jersey where he focuses on the instrumentalist side of gospel music. He has interviewed many independent and international artists such as Allen & Allen, Ben Tankard, Kirk Whalum and Angella Christie. Tony is an associate member of the Grammys Recording Academy. Parishioners at Macedonia AME Church in Flushing, Queens where Reverend Nicholas Genevieve-Tweed is the pastor, have the honor of hearing his horn playing during morning service and afternoon programs.

Through the grace of God, and the support of his loyal fans, Tony's ministry continues to grow. "I want to give back to God the talents and gifts that he has given me; it doesn't matter how you lift Him up, as long as you lift Him up with your whole heart, as you praise His name". More information can be found on Tony’s websites, tonysmith.com and gospeljazzations.com.
NYCFCC

In addition to our Coalition Volunteers we wish to thank: **EmblemHealth** for being our gracious host this evening.

**EmblemHealth Team**
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Frank Branchini President and COO

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Clay R. Ballard  Timothy Nugue
Karen Chaikin  Tamar Ogburn
Eileen Counihan  Michelle Paige
Debra Dunlap  Ed Patterson
Makida S. Dupree  Lillian Pyatt-Castro
Cynthia Frazier  Kareem Reeves
Allison Greene  William Sacrey
Gregory Johnson  Mary Servillo
Roberto Justiniano  Yolanda Slade
John Kennedy  Frances Stewart
Carl Lancaster  Michael Stofa
Jackie Lemon-Denton  Terry Lynn Smith
Jill Loewenthal  Alexandra Tesla
Doreen Louie  Denise Thomas
Cathy Marcantonio  Raymond Vacca
Ilene Margolin  John White
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**Catering:** Sterling Affairs.........................  [www.sterlingaffair.com](http://www.sterlingaffair.com)
**Photographer:** Scott Wynn............................  [www.scottwynn.com](http://www.scottwynn.com)

COUNCIL OF SENIOR CENTERS AND SERVICES NYC, INC
Proudly Salutes the

New York City Family Caregiver Coalition

on the occasion of its Fifth Annual Evening of Celebration and Gratitude

We applaud your commitment to family caregivers and ensuring that they have access to the support and care they need.

www.emblemhealth.com