Welcome Message

Welcome to the May 2013 newsletter!

The Alliance hopes everyone had a relaxing Memorial Day Weekend with family and friends. Our Program and Operations Associate, Emily Lubin, consultant, Rick Greene, and I just returned from Dublin where the inaugural meeting of the International Alliance of Carers Organizations (IACO) took place. Below you will read the Emily's account of the inaugural meeting of IACO. As summer quickly approaches please let us know about any exciting events you are planning or any assistance we can provide.

We would also like to welcome a new member to the Alliance, Biotechnology Industry Organization. BIO is the world's largest biotechnology trade association which provides advocacy, business development, and communications services to its 1,100 plus members across the globe. Please go the Members section of our website to learn more about other member organizations and their support for family caregivers.

The Alliance's Innovations in Caregiving Grants program picked its winners a few weeks ago with a complete list below. The News, Reports and Publications provides informative caregiving resources. Additionally, there is the United Health Foundation 2013 Senior Report, a resource in which you can find commentary I've written on preparative considerations for our aging population. In the Coalition News, CareGiver's HOPE introduces us to their coalition in Atlanta, Georgia. In the legislative update, you will find information on the Older Americans Act Reauthorization Bill and the National Family Caregiver Support Program. If you want to introduce your caregiving coalition in the next newsletter, please email emilylubin@caregiving.org.

Have a great summer and enjoy the newsletter!

Gail!

Gail Gibson Hunt
President & CEO

International Alliance of Carer Organizations (IACO):
Inaugural Meeting
International Alliance of Carer Organizations Meeting Account
Emily Lubin, Programs and Operations Associate

The Alliance led the inaugural meeting of the International Alliance of Carers Organizations last week in Dublin, Ireland. IACO has long been a vision of our President and CEO, Gail Hunt, and last Wednesday it became a reality.

I was able to attend after planning the meeting logistics and assisting Gail in creating the agenda. There were twenty attendees at the meeting including representatives from seven member countries, as well as observers. The meeting began with presentations from the member countries, including: Australia, Canada, Ireland, New Zealand, Sweden, the United Kingdom, and the United States represented by the Alliance. After we broke for lunch we were able to hear a wonderful presentation from Saul Becker, Head of School and Professor of Social Policy and Social Work at the University of Nottingham. Mr. Becker presented on young caregivers in the United Kingdom as well as internationally. It was an eye opening presentation for many attendees, including myself. The afternoon was dedicated to next steps and assignments to the member countries. We were able to hear from Áine Uí Ghiollagáin, Secretary General at Irish Parent and Carer NGO, who presented on the process in forming a relationship with the United Nations. It was after this presentation that the group was able to get into exploring future projects for IACO.

After the meeting Liam O'Sullivan from Care Alliance Ireland hosted us all for a lovely dinner at the historical Gresham Hotel (photo above). Before dinner we were able to hear from the former Irish Ambassador to the UN, Richard Ryan. It was fascinating to get a peak into the inner workings of the United Nations and Ireland's role.

It was an exciting day for the Alliance as well as all the other groups in attendance. We look forward to all the next steps and future IACO projects as well having an open forum for carer groups around the globe to share information.

We gratefully acknowledge our international coalition support program sponsor:
Innovations in Caregiving

The MetLife Foundation and the National Alliance for Caregiving released the recipients of the new Innovations in Caregiving Grants Program. Ten organizations received grants to replicate family caregiver education and support programs in their local communities. The grants will provide $10,000 to each organization for startup funds to adapt programs/best practices that were identified as model programs of the previous MetLife Foundation/National Alliance for Caregiving Family Caregiving Awards initiative which ran from 2006-2010.

These ten winners were chosen based on their innovation, collaboration, sustainability and effectiveness in replicating an award-winning caregiver program/best practice in their own communities.

This year’s award winners are:

**Alzheimer's Association of Oklahoma and Arkansas of Tulsa, OK** for replicating *Native Caring: A Conference to Learn, Connect and Share*, a program providing caregiver workshops and health screenings to Latino caregivers.

**Jewish Association Serving the Aging in New York, NY** for replicating *Connections: An Innovative Home Based Activity Program*, providing caregivers of a relative with dementia strategies needed to interact with their care recipient.

**Joe Martin ALS Foundation of Charlotte, NC** for replicating *This Caring Home.org*, an interactive multimedia website, which offers ALS caregivers innovative ways to learn research-based strategies that reduce caregiver stress and enhance the safety and well-being of their loved ones.

**National Church Residences Center for Senior Health of Columbus, OH** for replicating *DARTS Workplace Eldercare Seminars*, a program to enhance employed caregiver resourcefulness, competence and confidence as well as assist employers in providing work-life balance for caregivers.

**PeopleWorks of Rio Rancho, NM** for replicating *Eldercare Partners Caregiver Services*, a program that pairs family consultants who coach caregivers so that they have the information, skills and life-balance tools to confidently provide care to their loved one with dementia.

**Rainbow Hospice of Mt. Prospect, IL** for replicating *Powerful Tools for Caregivers*, a six-week education program that helps family caregivers of older adults to develop and practice self-care “tools” to thrive as individuals while managing caregiving responsibilities.

**Salvation Army Metropolitan Division of Chicago, IL** for replicating *Interfaith CarePartners*, a program that will mobilize volunteers and resources in local congregations and the community, offering an array of direct services such as transportation, chores, housekeeping, repairs, and friendly visits, as well as resources, education and support for family caregivers, including in-home respite.

**Sunnyside Community Services of Sunnyside, NY** for replicating *Asian Community Center*...
Drop-In Respite Cooperative, a respite program which allows family caregivers to expand the respite they receive by volunteering at the adult day services center.

Tohono O'odham Nation of Sells, AZ for replicating Caregiver Connection Telephone Support Groups, which will provide support and information to rural Native American caregivers via telephone conference calls.

VNA Community Healthcare of Guilford, CT for replicating Eldercare Partners Caregiver Services, a program that pairs family consultants who coach caregivers so that they have the information, skills and life-balance tools to confidently provide care to their loved one with cardiac problems.

A quote from one of this year's winners:
"JASA is honored to be named a recipient of the 2013 Innovations in Caregiving Grants Program. This generous grant will allow JASA to replicate Connections: Home-Based Activity Program for Persons with Dementia. We look forward to partnering with the National Alliance for Caregiving and MetLife Foundation to provide meaningful support to caregivers in our community."
- (Amy Chalfy, Director of Programs, JASA).

The ten award winning agencies will be recognized at a luncheon to be held at the Annual Meeting of the National Association of Area Agencies on Aging, which will be held this July, in Louisville, KY. The ten winners will describe their projects at a workshop following the awards luncheon.

We congratulate the ten awardees and thank all of the community organizations who submitted applications to expand the services they provide to family caregivers.

News, Reports and Publications

Free eBook: After The Diagnosis
Caregiving.com released a free eBook to assist family caregivers who care for someone recently diagnosed with a chronic condition or debilitating injury. The booklet offers tips on coping with a diagnosis, getting organized, and navigating the health care system. To download the eBook click here.

FCA Releases New Fact Sheets on Caregiving Issues
The Family Caregiver Alliance (FCA), released new and updated Fact Sheets to assist families in making the often difficult personal, legal, and financial decisions that go along with caring for an adult with a debilitating health condition, like Alzheimer's disease, stroke, or brain trauma. To see the Fact Sheets click here.

Awards for Innovation Programs for Alzheimer's Disease Caregivers
The Family Caregiver Alliance (FCA) is awarding three $20,000 prizes for the 6th annual Rosalinde Gilbert Innovations in Alzheimer's Caregiving Legacy Award. The three awards will be given to organizations that have unique programs that address the needs of Alzheimer's caregivers. To learn more click here.

United Health Foundation Releases 2013 Senior Report
The United Health Foundation (UHF) released the 2013 America's Health Rankings Senior Report to assess the current status of senior healthcare. This study identifies the most relevant issues to the older population, creates a state-by-state analysis of the health rankings among older adults, and incorporates the commentaries of numerous executives in the industry on the challenges facing an aging population in the US. Our own Gail Hunt provided great insight into the trials of caregiving with her contributing article. To view the full report click here.
Coalition News and Updates

Power to the People via Family Caregiving Coalitions

The Alliance was interviewed for this article, which looks into caregiving coalitions and what they provide to family caregivers. Not only can family caregivers find a coalition near them through the National Alliance for Caregiving, but coalitions can be connected with one another to share ideas and assist in creating new coalitions as well. To read the whole article click here.

Introduction of a Coalition:
Caregivers’ HOPE, Inc. (Atlanta, GA)

Historically, CareGivers' HOPE, Inc. is the fulfillment of a promise the Co-founder, President and CEO, Deborah Rucker-Turner, made to her elderly mother when she was her primary caregiver. It was a promise to help other family caregivers when her journey ended. She and her husband, CareGivers' HOPE's Co-founder, Kenneth Turner, discovered that other caregivers in the African American community found the same lack of information, education, support, and resources to address caregiving issues, which added to the stress and burden of caring resulting in burnout.

CareGivers' HOPE, Inc. is a faith-based 501(c)(3) non-profit organization founded in 2004. The mission is to provide education and support for family caregivers who care for the elderly or chronically ill adults, in order to prevent or delay placement in long-term care institutions. CH's primary program focus is underserved communities and populations in the metro Atlanta, Georgia area. The majority of the caregivers it aids are African American. They are mostly referred from within the faith-based community. CareGivers' HOPE achieves its mission through four innovative and strategic programs. Its model - Identify. Educate. Support. Empower.- is the basis for engaging and supporting partners and caregivers.

The Planned Respite Outings Program, a preventive strategy and non-traditional approach to respite, was started in 2004 and has an overarching focus on alleviating isolation and stress of family caregivers. Caregivers are now required to have completed caregiver education classes on self-care to be eligible to participate in this program.

In 2005, CH began to receive requests from caregivers to reach out to their Pastors, expressing a need for a partnership to support the family caregivers in the churches they attend. First, collaborations were formed with two churches to provide information and resources. Educational programming was launched in 2006 with Empowering CareGivers Educational Seminar Series (formerly known as Growing Awareness Educational Seminars), which helped open doors for collaboration with more churches. The seminars target seniors, current caregivers, and those with aging family members and encourage a proactive approach to caregiving.

Since 2009, CareGivers' HOPE has offered Powerful Tools for Caregivers Classes (PTC), a national evidence-based caregiver intervention focused on caregiver self-care, through the partner churches. The US Department of Health and Human Services Assisted Community Living (formerly known as Administration on Aging) has been deemed PTC to meet the highest level criteria for evidence-based disease prevention and health promotion programs. CareGivers' HOPE's Powerful Tools for Caregivers class leaders are also Master Trainers. Plans are in the works to identify and train class leaders from the partner churches in December.

Another tool available is the Never Alone CareGivers Support Group, which began in 2012. The meetings are held at one of the local partner churches. Additional support groups are planned for the future.

On March 23, 2013, CareGivers' HOPE held an inaugural Growing Awareness CareGiving Summit for Pastors and church leaders in partnership with Clark Atlanta University Center for Cancer Research and Therapeutic Development. The goals of the summit were to bring awareness to the church of the issues care receivers and caregivers face; the need for the church to identify as a stake holder and to address the issues through partnership; and to the urgency of the matter. The thirty-two attendees represented thirteen churches, whose aggregate church membership total an estimated 10,000 church members. The call to action increased the number
of partner churches, referred to as FaithsUnited CareSupport Ambassadors and will advance the
awareness of the issues of caregiving in the African American community.

For additional information send an email to info@caregivers-hope.org.

"If we care for the caregivers, we will see better outcomes in the care recipients’ care, as well as
in the overall health and wellbeing of family caregivers."

Deborah Rucker-Turner, Co-founder/President/CEO CareGivers' HOPE, Inc.

July Quarterly Family Caregiving Coalition Webinar
Please join us for the next Quarterly Family Caregiving Coalition Webinar in July. It will be
focused on fundraising, including: tips, advice and ideas for how your coalition can raise money
for events, programs, and everyday operations. The date and time will be announced via the
listserv and on our website soon.

If you missed the April webinar, in which we discussed the BRAVE awards and the 7th Annual
National Conference for Caregiving Coalitions, and you want to watch the webcast click here.

Are you a part of a family caregiving coalition? If you would like to join NAC's network of family
caregiving coalitions to support family caregiving coalitions or if you know a coalition that we don't
have listed, please email: coalitions@caregiving.org.

Legislative update

Older Americans Act Reauthorization Bill Introduced
On May 23, 2013 Senator Bernie Sanders (I-VT), Chairman of the Subcommittee on Primary
Health and Aging, along with several co-sponsors, introduced a bill to reauthorize the Older
Americans Act (S. 1028). Unlike his much more comprehensive bill from last year (S. 3562 in the
112th Congress), this bill is more streamlined and contains fewer amendments to the Older
Americans Act. Rather, this bill is crafted to have a better chance of opening the debate on OAA
reauthorization and eventually passing into law in a politically challenging climate where there is
pressure to spend less instead of more. The provision of family caregiver assessment, which was
included in last year's bill, was retained in the current bill, albeit with some less detail and
definition. For more information about the bill, click here to see Senator Sanders' website.

National Family Caregiver Support Program Funding
On April 15, 2013, President Obama released his FY 2014 budget. While eliminating the effects
of the sequester, which implemented spending cuts on government programs across the board for
the remainder of FY 2013, the budget nonetheless includes spending cuts and/or level funding
for several programs in an effort at deficit reduction. The President's budget proposes level
funding most Older Americans Act programs, including the National Family Caregiver Support
Program. While the sequester cut funding for this program by $8 million in FY 2013, down to
$145.6 million, the President's budget proposes $154 million for the caregiver support program,
the level of funding which has remained for the last several years. The President's budget also
proposes $10 million in new funding for Housing Counseling, including reverse mortgage
counseling; $80 million in new funding for the National Institutes on Aging for research in
Alzheimer's therapies; and $16 million in new funding for Alzheimer's Services and Support. The
President's budget still needs to be reconciled with a budget yet to be passed by Congress.

Events & Opportunities

National Association of Area Agencies on Aging (n4a) 38th Annual Conference & Tradeshow
Attendees have the unique chance to move to the front lines of aging and explore the latest
advances in critical topics like long-term services and supports, care transitions, evidence-based health promotions and livable communities.

**July 27 - 31, 2012, Louisville, Kentucky.** More info: [Conference info](#).

**National Home & Community Based Services (HCBS) Conference**
The National Association of States United for Aging and Disabilities (NASUAD) together with the District of Columbia Office on Aging, Maryland Department of Aging, and Virginia Department of Aging will be showcasing promising practices in long-term services and supports. The conference offers exceptional learning and networking opportunities for professionals who administer home and community based services throughout the country.

**September 10-12, 2013, Arlington, Virginia.** More info: [Conference info](#).

**World Parkinson Congress 2013**
The 3rd World Parkinson Congress is a forum for bringing together the international community to help build awareness and increase collaborative efforts to find a cure for Parkinson's disease (PD).

**October 1 - 4, 2013, Montreal, Canada.** More info: [Conference info](#).

**International Federation on Ageing (IFA) International Istanbul Initiative on Ageing**
The International Istanbul Initiative on Ageing (IIIA) will afford attendees the opportunity to hear from a panel of featured speakers and discuss the interactions between the youth and the ageing population by way of the Trade Show Forum, the Congress Forum, and the Age-friendly Cities and Communities Forum.

**October 4-6, 2013, Istanbul, Turkey.** More Info: [Conference Info](#).

**American Society on Aging's 2014 Aging in America Conference: Call for Proposals**
The Aging in America Conference is an opportunity to connect with other professionals to share new ideas and future possibilities in research and projects. American Society on Aging (ASA) will be accepting proposal June 1-30.

**March 11-15, 2014, San Diego, California.** More Info: [Conference Info](#).

If you would like the Alliance’s President and CEO, Gail Hunt, to present on caregiving issues at your upcoming conference, please email emilylubin@caregiving.org.

---

**Forward email**

This email was sent to stien@caregiving.org by intern@caregiving.org | [Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

National Alliance for Caregiving | 4720 Montgomery Lane suite 205 | Bethesda | MD | 20814