Aging in America 2016
National Alliance for Caregiving
March 21, 2016

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“Caregiver health is a chief risk”

“From a public health perspective, it is critically important to identify the hazards of caregiving”

Design and implement evidence-based interventions to address identified needs.

3. *Figure 1 IBID*
THE CHALLENGE

- Family Caregiving
  - What to do
    - When and Where is information
  - How to do it
    - How to feel
  - Pressures
    - Shifting
  - Intellectual
  - Emotional
  - Significant personal effects
  - Family Dynamic
- Unexpected
  - Illness
  - Injury
  - Elder
  - Children
  - Disabilities
  - Dependent Type
- Community
  - Spiritual
  - Loved One
  - Financial
- Support
  - Social
  - Work
  - Expensive
  - Costs
  - Financial
  - Work
  - Expensive
  - Costs
- Connections
  - Family
  - Support
  - Job Demands
  - Job Resources
  - Caregiving
  - Children
  - Disability
  - Elder
  - Home - Nonhome
  - Childcare
  - Eldercare
  - Work - Family
  - WF Conflict
  - WF Enrichment
RECOMMENDATIONS
RETURN ON INVESTMENT

Our research clearly emphasizes communication in an environment where caregivers are reluctant to “bring the topic up”.

1. Make workplace resources widely known
2. Stretch workplace resources into the home and beyond
3. Make information and support understandable
4. Provide tools and technology to make communication easy and incorporate flexibility into job performance
5. Further Study

1. Lost productivity Cost + Risk of unpaid caregiving = 500 billion
2. Cost of caregivers seeking healthcare for themselves = 105 billion (NAC)
3. Adjust health and wellness policies and practice to include caregiving =
   • Current cost of health and wellness is $6 billion

Potential savings claims = 53 billion (NAC)
Potential savings H&W including caregiving = 36 billion (Rand)

Total 89 billion
DaVincian Healthcare
Innovating for a Healthier World

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