New Research & Resources from the National Alliance for Caregiving

**Research: Caregiving in the U.S. 2015**
Conducted in partnership with AARP and released in a Capitol Hill briefing, the *Caregiving in the U.S. 2015* study continues the Alliance’s body of research to describe the challenges facing America’s family caregivers. Nearly 44 million Americans are family caregivers. The study provides insight drawn from nationally representative panel of 1,248 caregivers including oversamples for caregivers over age 75 and multicultural populations. This research was made possible through generous sponsorship from AARP, the Archstone Foundation, Eli Lilly, Home Instead Senior Care, the MetLife Foundation, Pfizer, United Healthcare, and the Family Support Research and Training Center in conjunction with the University of Illinois at Chicago.

**Research: Dementia Caregiving in the U.S.**
Nearly one million of America’s 44 million family caregivers are currently caring for someone with Alzheimer’s disease or another dementia. Dementia is the second most prevalent condition that requires the assistance of a family caregiver. For this reason, the National Alliance for Caregiving commissioned a white paper on dementia caregiving in the United States, in partnership with the Alzheimer’s Association and with data analysis from Greenwald & Associates. It is made possible through generous sponsorship from Home Instead and Lilly.

**Research: Cancer Caregiving in the U.S.**
Nearly three million Americans are currently caring for someone with cancer, and many play a key role in managing cancer, including helping their loved one adhere to treatment, make informed decisions, and even address end-of-life concerns. After dementia, cancer is the second most prevalent condition that requires the assistance of a family caregiver. For this reason, the National Alliance for Caregiving commissioned a white paper on cancer caregiving in the United States, in partnership with the National Cancer Institute and the Cancer Support Community and with data analysis from Greenwald & Associates. It is made possible through a contract with the National Cancer Institute and generous sponsorship from the Cancer Support Community.

**Research: Caregivers of Adults with Mental Illness**
Conducted in partnership with Mental Health America and the National Alliance for Mental Illness, the *On Pins and Needles* study describes the challenges facing the 8.4 million Americans caring for a loved one with moderate-to-severe mental illness. The study was released on Capitol Hill in February 2016 with a series of public policy recommendations. There will be a free national webinar in April. These caregivers have typically provided care for an average of 8.7 years, in contrast to caregivers of an adult for any condition or illness who typically provide care for 4 years on average. The study was made possible through generous sponsorship from Allergan, Eli Lilly, Novartis Pharmaceuticals Corporation, and Janssen Scientific Affairs, LLC.