

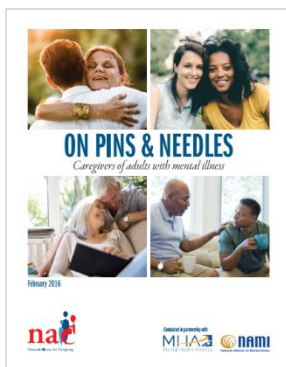
New Research & Resources in Family Caregiving

Updates from the National Alliance for Caregiving – March 21, 2016



Research: Caregiving in the U.S. 2015

Conducted in partnership with AARP and released in a Capitol Hill briefing, the *Caregiving in the U.S. 2015* study continues the Alliance's body of research to describe the challenges facing America's family caregivers. Nearly 44 million Americans are family caregivers. The study provides insight drawn from nationally representative panel of 1,248 caregivers including oversamples for caregivers over age 75 and multicultural populations. This research was made possible through generous sponsorship from AARP, the Archstone Foundation, Eli Lilly, Home Instead Senior Care, the MetLife Foundation, Pfizer, UnitedHealthcare, and the Family Support Research and Training Center in conjunction with the University of Illinois at Chicago. To learn more, visit www.caregiving.org/caregiving2015.



Research: On Pins & Needles: Caregivers of Adults with Mental Illness

Conducted in partnership with Mental Health America and the National Alliance for Mental Illness, the *On Pins and Needles* study describes the challenges facing the 8.4 million Americans caring for a loved one with moderate-to-severe mental illness. The study was released on Capitol Hill in February 2016 with a series of public policy recommendations. There will be a free national webinar in April. These caregivers have typically provided care for an average of 8.7 years, in contrast to caregivers of an adult for any condition or illness who typically provide care for 4 years on average. The study was made possible through generous sponsorship from Allergan, Eli Lilly, Novartis Pharmaceuticals Corporation, and Janssen Scientific Affairs, LLC. To learn more, visit www.caregiving.org/mentalhealth.



Webinar What Lies Ahead? Financial Planning for Family Caregivers

In January 2015, the National Alliance for Caregiving was pleased to host the Women's Institute for a Secure Retirement and Genworth for a discussion on family caregiving and retirement. Beth Ludden, Vice President of Long-Term Care Products for Genworth, presented on new research from their *Beyond Dollars* report. Lara Hinz, the Director of Programs for WISER, gave an overview of the *Financial Planning for Caregivers* workbook. The replay and related resources are available at www.caregiving.org/coalitions/coalition-webinars.



Representing Caregivers at the 6th International Carers Conference

The Alliance was pleased to participate at the 6th International Carers Conference, held in Sweden this past September. Alliance staff presented on caregiving and technology, caregiving and work, and coalition building. We were honored to meet with Her Majesty Queen Silvia of Sweden to speak about the needs of family caregivers (pictured left). To learn more about our international work as Secretariat of the International Alliance for Carer Organizations, visit www.internationalcarers.org.

Upcoming Spring Projects & Events

- April Webinar – *On Pins & Needles: Caregivers of Adults with Mental Illness* Research Study
- White Paper on Cancer Caregiving, with the National Cancer Institute and the Cancer Support Community
- Launch of *The Emergency Caregiver: A Pilot Study of Caregivers for People with Traumatic Illness*, with the American College of Occupational and Environmental Medicine and DaVincian Healthcare

For more, visit www.caregiving.org.