



National Plan to Address Alzheimer's Disease: **Get Informed and Get Involved** Implementation Opportunities

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National Alzheimer's Plan Goals

1. Prevent and Effectively Treat Alzheimer's Disease by 2025
2. Optimize Care Quality and Efficiency
3. Expand Supports for People with Alzheimer's Disease and Their Families
4. Enhance Public Awareness and Engagement
5. Track Progress and Drive Improvement

ACL's Role

- Federal Interagency Workgroup
- Inventory and Opportunities for Improvement
- NAPA Advisory Council
- Plan Priorities
- Actions
- Implementation

ACL Implementation Progress

- Aging Network Education Opportunities
 - AoA/NIA Webinars
 - Legal Assistance
- Evidence-based Interventions
- Specific Populations Workgroup

Goal 2: Enhance Care Quality and Efficiency

- Improve your workforce's skills to provide quality care, which is dementia capable and culturally competent
 - Take advantage of opportunities to enhance dementia capability among staff
- Help ensure timely & accurate diagnosis

Dementia Capability

- Dementia capable services are tailored to the unique needs of persons with dementia and their caregivers
- Dementia capable service systems:
 - Identify those with dementia
 - Provide services using staff with dementia training
 - Communicate effectively with persons with dementia and their family caregivers
 - Ensure that persons with dementia are supported in their decision-making about services and involve family caregivers when necessary

ACL's Dementia Capacity

- **Point of contact available to Aging & Disabilities networks**
 - AoA's Office of Supportive and Caregiver Services
 - Administration on Intellectual and Developmental Disabilities
 - Intergovernmental coordination
- **ACL-supported Resources**
 - National Alzheimer's Call Center: 1.800.272.3900
 - Alzheimer's website
 - <http://www.alzheimers.gov>
 - AoA Alzheimer resource webpage
 - http://www.aoa.gov/AoARoot/AoA_Programs/HPW/Alz_Grants/index.aspx
 - Alzheimer's Disease Supportive Services Program

ACL's Recent Dementia Capability Investments

- Dementia Capability Issue Brief and Toolkit
 - Issue Brief: www.adrc-tae.org/tiki-download_file.php?fileId=31471
 - Toolkit: www.adrc-tae.org/tiki-download_file.php?fileId=31472
- Systems Integration Grants - GA, MN, NY, OH
- ADSSP Systems Change Innovations
- 2013 ADSSP Dementia Capability Grants – AZ, CA, IL, ME, OR

Alzheimer's Disease Supportive Services Program

- Advances state initiatives toward coordinated systems of home and community-based care
- Delivers supportive services
- Translates evidence-based models
- Programs in 24 States, the District of Columbia and Puerto Rico
- http://www.aoa.gov/AoARoot/AoA_Programs/HPW/Alz_Grants/index.aspx#current

Goal 3: Expand Supports for People with AD and Their Families

- Help family caregivers to continue to provide care while maintaining their own health and well-being
 - Ensure receipt of culturally sensitive education, training, and support materials
 - Adopt best practices for caregiver assessment and referral
 - Adopt evidence-based interventions
 - Support caregivers in crisis/emergency situations

Goal 3: con't

- Assist families in planning for future care needs
 - Promote the Long-Term Care Awareness Campaign – <http://www.longtermcare.gov>
- Maintain the dignity, safety and rights of people with AD
 - Promote educational opportunities for caregivers and others handling the finances, legal professionals, Ombudsmen

Goal 4: Enhance Public Awareness and Engagement

- Educate the Public about Alzheimer's
 - Spread awareness of <http://www.alzheimers.gov>
 - Use enhanced <http://www.eldercare.gov>
 - Share new information developed by ACL/AoA and NIA/ADEAR with clients, including through social media.

The Answers Start Here

More info

[Read the transcripts](#)

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Answers Start Here

Welcome to alzheimers.gov, the government's free information resource about Alzheimer's disease and related dementias. Here you can find links to authoritative, up-to-date information from agencies and organizations with expertise in these areas.



What is Alzheimer's disease? How do you know if someone has it?

- ▶ Alzheimer's disease is more than just forgetfulness. [Learn the symptoms.](#) Find out why talking to a doctor when you first suspect a problem is important.



What are the treatment options?

Understand how to seek medical help and the medicines that may be prescribed to help with symptoms and related problems. Links to reliable information about clinical trials are available, too.

How do I plan ahead? What does insurance pay for? What does Medicare pay for?

Paying for Alzheimer's-related care and services is one of the biggest challenges families face. It's also important to get legal and financial arrangements in place early on. [Learn what to](#)

Goal 4 con't: Enhance Public Awareness and Engagement

- Incorporate Dementia Capability Toolkit suggestions
 - Use to design initiatives to ensure programs are dementia-capable
 - New Toolkit for AAA/ADRCs (2014)
- Participate in Tribal Consultation process

Goal 5: Improve Data to Track Progress

- Review BRFSS data on cognitive impairment in your state (if available)
 - Use data to make the case for incorporating cognition into preventive health practices and risk reduction activities
- Provide input into the National Plan
 - Comment accepted year round
 - Send to: napa@hhs.gov

5 Ways to Support Implementation of the National Plan

1. Assess the dementia-capability of your organization, communities, state system
2. Educate yourself and your colleagues
3. Provide resources and information to families
4. Promote participation in research
5. Engage in the development and implementation of local, state and National Alzheimer's plans

National Plan Listserv

- Monthly update email
- To join, email LISTSERV@LIST.NIH.GOV
 - The only thing that needs to be in the body of the message is: **subscribe NAPA-L your name**
 - Your name being the name of the person joining
 - Whatever email address the message is sent from will be what is used in the Listserv

Suggested Resources

- AoA Alzheimer's Resource Page
 - ADSSP program links
 - Webinar Series postings: Legal Issues and Alzheimer's Disease, Alzheimer's Disease and Tools for Caregivers
 - Available at:
http://www.aoa.gov/AoARoot/AoA_Programs/HPW/Alz_Grants/index.aspx
- ASPE National Alzheimer's Project
 - Advisory Council Meeting summaries, slides and videos
 - Available at: <http://aspe.hhs.gov/daltcp/napa/#Plan>