

# THIS WEEK IN CAREGIVING



May 24, 2021



## CAREGIVING IN THE NEWS

### ‘Joy, Love, Grief’: How It Looks When Families Reunite

"A daughter holding her mother's hand. A son overcome that his 95-year-old mother survived the pandemic. A stoic family patriarch, suddenly in tears.

After a year of excruciating lockdowns, these were the scenes at nursing homes and other long-term care facilities as they began to open up this spring. Before the arrival of vaccines, **one in three** coronavirus deaths in the United States had ties to nursing homes and similar facilities.

The New York Times sent photographers across the country to document the reunions between family members. For many, it was the first time they were able to be together, hold hands and hug in more than a year.

In interviews, which have been edited and condensed for clarity, families recalled a deep fear that they would never see their loved ones again. When the time finally came, they were flooded with a year's worth of emotion in a single instant: joy, relief, love — and grief for all the time that had been lost."

*From: The New York Times | May 7, 2021*

[SEE MORE](#)



### Millions Of Youth Caring for Ill or Disabled Family Members

"Bathing, feeding, dressing and other daily living functions are all assignments that a young caretaker might have to do for a parent or other family member, on top of any illness-specific task.

But without formal training, kids are forced to do this work by improvising what they think is best and asking the adult what kinds of care they need, Kavanaugh explains.

### The Costly, Painful, Lonely Burden of Care

The broader crisis in elderly care also exposes a more fundamental problem in this country. The United States focuses its resources, its social safety net, and its policies on people who are in the workforce. From health care to the school system to our retirement programs, we identify people as current workers, future workers, and past workers. Americans tend to put less value on labor done outside of a paid job, the everyday work of feeding, clothing, entertaining, and

'Upwards of 70% of the youth across my studies have received no training or guidance, and when asked 'What do you do to gain this information or skill?' They give you some very brutally honest answers — they wing it,' she says."

From: WUWM | April 28, 2021

SEE MORE



loving others and ourselves. This is the work that caregivers do, as age prevents their loved ones from doing those critical tasks on their own, and it is fundamental to a functioning society and to a sense of community."

From: The New Republic | April 22, 2021

SEE MORE



## EVENTS & OPPORTUNITIES

### UPCOMING EVENTS

#### Pride of Care Series for LGBTQ Caregivers

**June, 2021 | Every Thursday at 11 AM EST| Online**

WellMed is hosting a series of hour long virtual sessions focusing on LGBTQ caregivers. The series, *Pride of Care*, will take place every Thursday in June 2021 at 11 AM EST on Zoom.

Click the red link below to learn more and click [HERE](#) to register.

LEARN MORE



### PATIENT AND CAREGIVER STUDIES

#### AHEAD Study

Join a trial that aims to help prevent Alzheimer's disease, funded by the National Institutes of Health (NIH) and Eisai Inc., which is testing an investigational treatment aimed at delaying memory loss before noticeable signs of Alzheimer's disease begin.



LEARN MORE



### IN CASE YOU MISSED IT...

Family Caregiver Conference: Support, Resources, and Advocacy

May 5, 2021



In celebration of Older Americans Month, the **California Caregivers Resource Centers** hosted a free, virtual event called "Family Caregiver Conference: Support, Resources, and Advocacy." The event covered topics of being a family caregiver, connecting with vital resources in your area, and learning about important advocacy needs in the community.

**WATCH RECORDING**  
>



## RESEARCH & RESOURCES

### NEW Centralized Guidebook for Caregivers of Children and Adolescents with Crohn's Disease

The National Alliance for Caregiving is proud to present a *Circle of Care Guidebook for Caregivers of Children and Adolescents Managing Crohn's Disease*, a new resource designed to help caregivers navigate their journey caring for a child or adolescent with Crohn's disease. The centralized guidebook offers effective information and tools that have helped other caregivers in similar situations. If you or someone you know cares for a child or adolescent living with Crohn's disease, make sure to check out the guidebook at [www.caregiving.org/guidebooks](http://www.caregiving.org/guidebooks).

You'll learn about:

- Everyday tips on caring for a child or adolescent with Crohn's disease;
- Understanding Crohn's disease from a medical perspective;

- Information on treatment and care coordination;
- Understanding the cost of care and access;
- Empowering your child to manage their Crohn's disease; and
- Caring for yourself and your family.

There is also a section with a comprehensive list of other online and print resources for caregivers, the child living with Crohn's disease, and his or her family that are referenced throughout the guidebook.

Visit [www.caregiving.org/guidebooks](http://www.caregiving.org/guidebooks) to learn more and access important resources.

The guidebook was developed with support from  
*The Leona M. and Harry B. Helmsley Charitable Trust.*

SEE MORE



## Brain Guide By UsAgainstAlzheimer's



UsAgainstAlzheimer's has released a new resource for you and your family's brain health. It's never too late to take action on brain health. **BrainGuide** is a first-of-its-kind platform that empowers people with knowledge and resources to take the best next steps in managing their own or a loved one's brain health.

The BrainGuide memory questionnaire does not provide a diagnosis, but it can help guide you toward information and resources that inform the next best steps you or a loved one can take. No information is recorded or shared with anyone other than the person completing the questionnaire. The BrainGuide memory questionnaire can be completed as a self-administered questionnaire or filled out by a caregiver or someone close to you. Questionnaires are not recorded or shared with anyone other than the individual completing the questionnaire.

Click the red link below to take the memory questionnaire.

TAKE THE QUESTIONNAIRE



FOLLOW US TO STAY CURRENT ON CAREGIVING!

