

Learn How to Support Your Patients: Give Them the Full Picture

When facing critical palliative care decisions, patients who are seriously ill and their caregivers need support and guidance. Providers and clinicians can provide that assistance through shared decision making (SDM), the conversation between patients and their care team about different treatment options and associated costs, with the help of FAIR Health's **free** educational platform that offers user-friendly, clinically-certified decision aids on fairhealthprovider.org.

Through FAIR Health's educational platform, providers and clinicians can learn how to conduct SDM discussions using decision aids that outline various treatment possibilities. The platform's guidance, tips and resources prepare providers to discuss the full picture of care with their patients: both treatment options and associated costs. Materials include:

- An explanation and overview of SDM;
- Models and resources for SDM implementation;
- Guidance for engaging in "triadic decision making" when a caregiver or family member is involved;
- Discussion prompts and conversation guidelines; and
- Suggestions for further reading and resources, such as advance directives and tools to improve health insurance literacy.

Providers can learn what patients value most: SDM enables patients to voice their preferences when facing treatment for serious and chronic illnesses.

Through FAIR Health's educational platform, providers and clinicians will be able to help patients and their caregivers:

- Learn about the different treatment options available for three palliative care scenarios:
 - **Dialysis** for people who are seriously ill: Stay on or stop?
 - **Nutrition options** for people who are seriously ill; and
 - **Ventilator** for people who are seriously ill: Stay on or remove?
- Use the information to **discuss with the care team and make decisions**.
- Understand the possible **medical results of different palliative care options**. For instance, patients and caregivers can find out what is likely to happen by staying on dialysis or going off it.
- Find out about the **costs of various palliative care choices**. The associated costs of treatment may be a factor in making care decisions.
- Get more **information about SDM** and how it can help patients and their caregivers discover the care option that is right for them.
- **Discover resources** like organizations and services that offer guidance and support for people facing a range of decisions related to palliative care.

Different treatments have different costs. Now more than ever, consumers want to understand the financial aspects of care. Our decision aids show the associated costs of treatment choices along with their probable medical outcomes.

You and your patients can use our free decision aids and get more information about SDM at fairhealthprovider.org.



What Are Decision Aids?

Decision aids are tools providers and clinicians can use with their patients when discussing healthcare possibilities. Our educational platform explains how to use decision aids to meaningfully engage and make decisions with your patients and their caregivers about:

- Treatment options;
- Possible results of care decisions; and
- Costs of treatments.

About FAIR Health

FAIR Health is a national, independent nonprofit qualifying as a public charity under section 501(c)(3) of the federal tax code. Its mission is to bring transparency to healthcare costs and health insurance information through comprehensive data products, consumer resources and support for health systems research, all powered by the nation's largest collection of private health insurance claims data. FAIR Health is not affiliated with any governmental agency, insurer or other organization in the healthcare sector.



Copyright 2021, FAIR Health, Inc. All rights reserved.
Made possible by funding from the Fan Fox & Leslie R. Samuels Foundation.