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October 9, 2024



## Family Caregiving Research: Advancing the Infrastructure and Creating Connections

NAC's Research team recently co-led a pre-conference event with Marquette University at the University of Pittsburgh's "Building Bridges: Connecting Caregiving Research, Policy, and Practice" conference. This pre-conference marked a key step towards the development of a research agenda and advancing Goal 5 (expand data, research, and evidence-based practices) of the National Strategy to Support Family Caregivers.

This event also served as the official launch of the [CARE Network](#) – a collaborative initiative powered by NAC and funded, in part, by a cooperative agreement with the Administration for Community Living. The CARE Network aims to create a more unified and adaptable national infrastructure for family caregiving research, bringing together researchers, service providers, family caregivers, and experts in aging, caregiving, and disability. With a focus on co-creating solutions that reflect the needs of family caregivers, the Network seeks to expand data, research, and evidence-based practices across the National Family Caregiver Support Program/Native American Caregiver Support Program.

We extend a special thank you to our incredible partners for their collaboration on this important work, including Emory University, USAging, Marquette University, University of Wisconsin-Madison, University of Pittsburgh, and Johns Hopkins University. Together, we are building a future where caregiving research supports the evolving needs of families nationwide.

## NAC TEAM SPOTLIGHTS

### Melina Pineyro joins NAC as Senior Manager of Health Programs



Join us in welcoming Melina Pineyro – NAC's new Senior Manager of Health Programs! Melina will lead the development, expansion, and execution of our healthcare programs with the aim of creating systemic change to improve the health and well-being of family caregivers. She brings deep public health experience with expertise in managing community programs that address the social determinants of health.

MEET MELINA

## NAC Team Speaking Engagements Highlight the Critical Role Caregivers Play in Healthcare

NAC has been busy championing caregiver equity at recent speaking engagements. NAC President and CEO, [Jason Resendez](#), delivered a keynote speech at the [Global Liver Institute](#) and spoke at the [Cancer Support Community's](#) 2024 IRA Stakeholder Summit.



[Yadira Montoya](#), NAC programs director, spoke about the role of family caregivers during the diagnostic process at The [National Academies of Sciences, Engineering, and Medicine's](#) Advancing Equity in Diagnostic Excellence to Reduce Health Disparities Workshop.



Both Yadira and Jason's remarks highlighted caregivers' vital role in healthcare delivery, advocating for policies that center caregiver and patient needs and experiences to build a more equitable healthcare system.

## UPLIFTING AND EMPOWERING CAREGIVERS

### Sharing Latino Caregiver Stories During Hispanic Heritage Month

Hispanic Heritage Month celebrates the cultural contributions of Latino Americans, and serves as a time to recognize America's 9 million Latino caregivers. These caregivers play a vital role in our economy, communities, and healthcare system.

To honor their contributions, we've been amplifying the voices of Latino caregivers, [like Myra's](#), and shedding light on the financial, physical, mental and emotional challenges they often face. Learn more about experiences of Latino caregivers in



our report, [Caregiving in a Diverse America](#), developed in partnership with the Diverse Elders Coalition and the National Minority Quality Forum.

[VIEW THE REPORT](#)

## NAC Partners with HHS on New Public Health Campaign

NAC is excited to participate in the "[Risk Less. Do More.](#)" initiative aimed at increasing awareness of vaccines that reduce the risk of serious illness from flu, COVID-19, and RSV and to limit the spread of these viruses.

With this partnership, we're empowering family caregivers by addressing inequities and equipping them with the resources and education needed to make informed decisions for both themselves and their care partners.



[LEARN MORE](#)

# CAREGIVING IN THE NEWS

“

While we've made strides, the urgent needs of family caregivers demand more ambitious action...The time for bold action is now.

**JASON RESENDEZ**

President & CEO



## HOSPITAL- AT-HOME

**Bloomberg Law:** Medicare Hospital-at-Home Extension Finds Support Amid Scrutiny

With the Acute Hospital Care at Home Waiver set to expire at the end of the year, Bloomberg Law covered perspectives on extending the program, including NAC's concerns about the burden on family caregivers. Read NAC's recommendations for the Hospital-at-Home program in an [issue brief](#) created with PHI.

[Read more](#)

## NATIONAL STRATEGY

**McKnights Home Care:** Family caregivers need greater support from Medicare, advocates say

McKnights Home Care covered NAC's response to The Administration for Community Living's (ACL) comprehensive report to Congress on the implementation of the National

## ACL GRANTS

**Administration for Community Living (ACL):** ACL Announces Awards & Initiatives to Advance the National Strategy to Support Family Caregivers

ACL announced grant awards to four states to lead implementation of the National Strategy to Support Family Caregivers. Two of these states - California and Wisconsin - are part of NAC's Caregiver Nation Network.

[Read more](#)

## COST OF CARE

**Scripps News:** Examining the Cost of Elder Care in the U.S.

Main & Wall covered the factors driving the soaring cost of elder care. NAC President & CEO Jason Resendez discussed the financial challenges many caregivers face as they support aging loved ones.

Strategy to Support Family Caregivers.

[Read more](#)

[Read more](#)

# UPCOMING EVENTS

## Registration is Now Open for NAC's Caregiver Nation Summit!



Get ready– our [Caregiver Nation Summit](#) returns November 20 – 21, 2024 at the Washington Marriott Capitol Hill in Washington, DC.

The Caregiver Nation Summit is more than a conference; it's a catalyst for change. It's a platform for family caregivers, advocates, policymakers, and partners to come together and reimagine the future of caregiving for the more than 53 million family caregivers in the U.S.

Together, we will harness the power of collective experience and expertise to turn challenges into opportunities. Now is the time for bold solutions and unified action to make caregiving more sustainable, equitable, and dignified.

### JOIN US

October

29

Webinar: The Times are Changing...and So is Medicare  
*NAC member event!*

The Cancer Support Community (CSC) will host a conversation with two oncology financial navigators to discuss the new Medicare Prescription Payment Plan (M3P). This payment option aims to help Medicare beneficiaries manage their out-of-pocket costs, and make healthcare more accessible, equitable, and affordable.

[REGISTER HERE](#)

October

31

### Webinar: What the Older American Act Means for NHC Members

Join the National Health Council (NHC) for a one-hour webinar on the Older Americans Act (OAA), which organizes essential programs for older Americans and their caregivers. NAC's VP of Policy & Advocacy, Mike Wittke, will speak during this event, highlighting the importance of reauthorizing the OAA to ensure continued access to vital care and services. Don't miss this opportunity to learn how to advocate for the reauthorization of this critical legislation.

REGISTER NOW

## CONNECT WITH US ON SOCIAL



Connect with NAC on social media to get the latest updates on our advocacy efforts, resources, and events.

Join our online community to support and uplift caregivers nationwide.



LET'S CONNECT



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