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January 14, 2025

New Year. Same Mission. Common Ground.

As we move into 2025, the National Alliance for Caregiving (NAC) remains dedicated to advancing support for family caregivers while safeguarding our hard-won progress. This pivotal year will be marked by the release of our landmark research, *Caregiving in the U.S. 2025*, conducted in partnership with AARP. Alongside this critical work, we will continue our advocacy to strengthen family caregiver support through the National Strategy to Support Family Caregivers, Medicare, Medicaid, and other essential programs.

The past year brought meaningful progress, which you can explore in Jason's reflection, "[Reflections on 2024: How We Transformed Care](#)," where he shares insights on our achievements and vision for the future.

Each day, millions of Americans demonstrate extraordinary care and dedication—their commitment inspires our mission and reinforces our resolve. While significant challenges lie ahead, we are guided by a fundamental truth: strengthening support for family caregivers strengthens us all.

We invite you to join us in this important work and learn about key developments below.



2024 Impact Snapshot

CARE POLICY UPDATES

Key Win for Caregiver Nation: CFPB Bans Medical Debt from Credit Reports

The National Alliance for Caregiving applauds the Consumer Financial Protection Bureau (CFPB) for its decision to protect millions of Americans burdened by medical debt. By barring medical debt from credit reports and prohibiting lenders from using medical information in credit decisions, this new rule, released on January 7, is an important step toward better financial outcomes for family caregivers and those they support.

Our advocacy, including [public comments](#) through the Act on RAISE Campaign and the Cancer Caregiving Collaborative, has consistently emphasized the urgency of addressing medical debt for family caregivers.

Between 2020 and 2024, NAC collaborated with the Consumer Financial Protection Bureau on a number of **events** focused on uplifting and addressing the financial impacts of family caregiving, including the impact of **debt** on families navigating complex care.

NAC remains committed to advocating for caregivers' financial security and ensuring the long-term stability of these protections.

[Read Our Statement](#)

OAA Reauthorization Excluded from FY 2025 Year-End Funding Package

NAC expressed our deep disappointment in the exclusion of the Older Americans Act (OAA) Reauthorization from the 2024 year-end funding package. OAA programs provide essential support to nearly 11 million older adults and their family caregivers annually, offering services like respite care, meals, and transportation that enable dignity and independence. We will continue to champion the reauthorization of the OAA in the new congress and we urge congressional leaders to prioritize this critical legislation.

[Read Our Statement](#)

NEW DATA INSIGHTS



Coming Soon!

We're kicking off the year with an exciting new report: Parkinson's Disease Caregiving in the U.S. The first-of-its-kind research curated by NAC dives into the real-life challenges and triumphs of family caregivers supporting loved ones with Parkinson's. Stay tuned for a deeper look into the caregiving experience and the solutions Parkinson's caregivers need to thrive.

Exploring Medicaid's Role in Supporting Family Caregivers

KFF, a nonprofit health policy research organization, recently released an analysis examining how Medicaid home care programs support family caregivers. The report highlights how all states provide caregiver support through Medicaid.

This timely analysis is especially relevant as proposed federal budget cuts could impact Medicaid programs, potentially limiting resources for family caregivers.

[Read the Full Report](#)

IN CASE YOU MISSED IT

Why Caregiver Input Matters in Defining Value in Healthcare Webinar



NAC hosted a webinar, "Why Caregiver Input Matters in Defining Value in Healthcare," in partnership with the National Health Council, earlier this month. The webinar brought together experts to highlight the critical role caregivers play in shaping healthcare value. Panelists explored how integrating caregiver perspectives can drive more inclusive and effective healthcare solutions and improve patient outcomes.

Missed the discussion? We have you covered!

Watch the Recording



Vaccinations Matter: Safeguarding Our Loved Ones

As we continue navigating the harsh winter months, it is crucial that we prioritize the health and safety of ourselves, our communities, and the loved ones we care

for. NAC has been a proud partner to the U.S. Department of Health and Human Services (HHS) for their national public health campaign focused on RSV, flu, and COVID-19, emphasizing the importance of vaccination as a protective measure for caregivers and the individuals they support.

In our **blog post** with NAC's Programs Director Yadira Montoya, we highlighted why vaccines are essential in safeguarding caregivers and their families from illness. Let's continue to work together to reduce the spread of these viruses, ensuring a healthier, safer winter for all.

Learn about the Risk Less. Do More. Campaign

CAREGIVING IN THE NEWS

BLOOMBERG LAW

Our CEO spoke with Bloomberg about the potential of introducing a tax credit to support family caregivers in 2025.

[Read More](#)

MCKNIGHT'S HOME CARE

Check out Jason's latest byline on why investing in family caregivers—the invisible healthcare workforce—is essential for a stronger, more equitable care system.

[Read More](#)

NPR

NPR highlights the growing role of young adult caregivers, featuring insights from NAC and AARP's *Caregiving in the U.S.* report.

[Read More](#)

CHICAGO SUN-TIMES

Explore the growing challenges of family caregiving in a rapidly aging society in this letter by Mary O'Donnell, President & CEO of the RRF Foundation for Aging, featuring data from NAC and AARP's *Caregiving in the U.S.* report.

[Read More](#)

NY&MI SOJO

Highlights the journey of a husband turned caregiver who creates a support group for men in similar roles, leveraging NAC and AARP's *Caregiving in the U.S.* data to underscore the growing need for caregiver resources and community support.

[Read More](#)

UPCOMING EVENTS

THE CAREGIVER'S PLAYBOOK TRAINING SERIES:

Mastering the Challenges.
Empowering the Journey.

Session 1: January 23rd
Welcome to Your New Job: Caregiver

Session 2: January 30th
Navigating Your New Role in the World

Session 3: February 6th
Hindsight is 20/20: People, Places and Purpose

Session 4: February 13th
Now What? Life After Caregiving



Natalie Elliott Handy, MSW
Co-Host of the Confessions of a Reluctant Caregiver Podcast



Dr. Guy Maytal
Chief Medical Officer of Forge Health



The Caregiver's Playbook: Mastering the Challenges, Empowering the Journey

The Caregiver's Playbook is a four-part training series designed to provide caregivers and professionals with the tools, emotional support, and practical strategies needed to navigate the caregiving journey.

Hosted by Dr. Guy Maytal, Chief Medical Officer at Forge Health, and Natalie Elliott Handy, Co-Host of Confessions of a Reluctant Caregiver podcast

Series Dates: January 23, 30, February 6, 13, 2025
Time: 7:00 PM – 7:30 PM ET (via Zoom)

The FREE series is open to both caregivers and professionals.

[Register Here](#)

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Connect with NAC on social media to get the latest updates on our advocacy efforts, resources, and events.

Join our online community to support and uplift caregivers nationwide.



Let's Connect



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