

The National Family Caregiver Support Program

The National Family Caregiver Support Program (NFCSP), enacted in 2000 under the Older Americans Act (OAA), is the only dedicated federal program to provide state formula grants supporting America's family caregivers, who provide vital caregiving for older adults and people with disabilities across the lifespan.¹ The program also supports grandparents who are caregiving for grandchildren.

NFCSP IS EFFECTIVE AND COST EFFICIENT.

A 2018 national evaluation of OAA programs found that the overall program² avoids more costly health and social care supports. In fact, the NFCSP:

Supports the Social Safety Net: For some states, the NFCSP grants are the only source of funding to help family caregivers of older adults and people with disabilities across the lifespan.³

- More than 700,000 Americans receive support for caregiving services through the NFCSP.
- Roughly a third of NFCSP participants care for an adult under 65, such as a friend or family member with disabilities, such as Down syndrome, autism, and early-onset Alzheimer's disease.
- Nearly 1 in 5 caregivers receiving help live in rural areas.

Enhances State Medicaid Programs: NFCSP services help family caregivers keep their loved ones at home, delaying or preventing the need for costly institutional care.

- **Cost savings:** Research shows NFCSP services can reduce Medicaid long-term care costs. In Washington State, caregiver services reduced enrollment in Medicaid long-term care services among program recipients by 20 percent.⁴
- **Complimentary Services:** Four out of five people who use caregiver services are not on Medicaid (79.2%).

Extends home-based care: NFCSP services increase caregiver confidence and capacity to provide care at home longer. Among those using NFCSP respite care, more than half (51%) said services "definitely" enabled them to provide care longer than would have been possible without support, compared to only 37% who did not receive respite care.⁵

Recognize Program Efficiency and User Satisfaction: Nine out of 10 caregivers who received services (93.1%) rated the services as good, very good, or excellent.

State-based Services Funded by the National Family Caregiver Support Program

- Information for caregivers about available services, including caregiver training, respite, and support groups
- Technical assistance to help caregivers gain access to services
- Individual counseling, support groups, and training for caregivers
- Respite care, to give caregivers a break to recharge
- Supplemental services, on a limited basis as funding is available in states and communities

79.2%

of people who use these caregiver services are not on Medicaid

¹National Family Caregiver Support Program, ACL, <https://acl.gov/programs/support-caregivers/national-family-caregiver-support-program>. ²See ACL, Overview of Older Americans Act Title II Programs: 2018 Summary of Highlights and Accomplishments (2018), <https://acl.gov/aging-and-disability-in-america/data-and-research>. ³Lewin Group, for the Administration for Community Living, Process Evaluation of the Older Americans Act Title III-E National Family Caregiver Support Program: Final Report Executive Summary (March 2016), available at https://acl.gov/sites/default/files/programs/2017-02/NFCSP_Final_Report-executive-summary.pdf. ⁴Stjepica Mudrazijic and Richard W. Johnson, Economic Impacts of Programs to Support Caregivers: Final Report (Urban Institute, Feb. 9, 2020). Office of the Assistant Secretary for Planning and Evaluation (ASPE), <https://aspe.hhs.gov/reports/economic-impacts-programs-support-caregivers-final-report-0>. ⁵Westat, for the Administration for Community Living, Outcome Evaluation of the National Family Caregiver Support Program (December 2018), available at https://acl.gov/sites/default/files/programs/2018-12/Caregiver_Outcome_Evaluation_Final_Report.pdf.

Federal Investments in the National Family Caregiver Support Program

FY2024 (allocated) AoA OAA Title III Programs Annual Allocation for the State and Territories¹

State/Territory	NFCSP
Alabama	\$2,896,187
Alaska	\$960,345
Arizona	\$4,569,514
Arkansas	\$1,736,843
California	\$19,627,742
Colorado	\$2,834,769
Connecticut	\$2,110,302
Delaware	\$960,345
District of Columbia	\$960,345
Florida	\$16,012,063
Georgia	\$5,137,864
Hawaii	\$977,844
Idaho	\$1,035,564
Illinois	\$6,857,251
Indiana	\$3,628,427
Iowa	\$1,874,982
Kansas	\$1,591,208
Kentucky	\$2,490,229
Louisiana	\$2,429,228
Maine	\$990,127
Maryland	\$3,315,889
Massachusetts	\$4,014,418
Michigan	\$5,898,234
Minnesota	\$3,151,540
Mississippi	\$1,595,841
Missouri	\$3,532,828
Montana	\$960,345
Nebraska	\$1,056,460
Nevada	\$1,697,556

State/Territory	NFCSP
New Hampshire	\$960,345
New Jersey	\$5,142,267
New Mexico	\$1,269,519
New York	\$11,468,234
North Carolina	\$5,897,427
North Dakota	\$960,345
Ohio	\$6,817,368
Oklahoma	\$2,087,105
Oregon	\$2,605,922
Pennsylvania	\$8,110,584
Rhode Island	\$960,345
South Carolina	\$3,194,315
South Dakota	\$960,345
Tennessee	\$3,841,874
Texas	\$12,475,138
Utah	\$1,251,083
Vermont	\$960,345
Virginia	\$4,659,625
Washington	\$4,116,143
West Virginia	\$1,208,127
Wisconsin	\$3,454,254
Wyoming	\$960,345
American Samoa	\$120,043
Guam	\$480,173
Northern Mariana Islands	\$120,043
Puerto Rico	\$2,603,223
Virgin Islands	\$480,173
Northern Mariana Islands	\$960,345
TOTAL	\$192,069,000