

Older Americans Act Programs Offer Low-Cost, Efficient Solutions for an Aging America

In 1965, Congress passed the Older Americans Act (OAA) to create a more robust system of community-based services for aging adults.¹ Passed alongside Medicare and Medicaid, these programs began to form a social safety net aimed at enabling older adults and people with disabilities to live and age independently and with dignity. Each state receives OAA funds according to a formula based on the state's share of the U.S. older adult population. They are flexible programs that allow states and communities to prioritize services based on their needs.

OAA AND FAMILY CAREGIVERS

The National Family Caregiver Support Program (NFCSP), which was added to the OAA in 2000, is the only dedicated federal program to provide state grants to support caregivers who care for a friend or family member with healthcare needs or disabilities.² The OAA also authorized The RASIE Family Caregivers Act, signed into law by President Trump in 2018, to enhance the effectiveness of government programs for family caregivers by ensuring proper coordination among federal agencies and with public and private sector partners including states, philanthropic organizations, and caregiver service providers.³ The 2022 National Strategy to Support Family Caregivers offered comprehensive recommendations on how public-private partnerships can better support caregivers across the lifespan.

70,000

family caregivers receive high-quality services from Older Americans Act programs to support independent and community living

OAA Programs Support Independence and Community Living

Study after study shows that OAA programs consistently deliver high-quality services to support independent and community living. OAA programs support⁴:

- More than 10.8 million older adults who receive community services, such as home-delivered meals, transportation to medical appointments and grocery stores, and in-home assistance
- Over 700,000 family caregivers
- A national network of 56 state agencies on aging
- A national network of 618 Area Agencies on Aging
- Nearly 20,000 community service providers
- More than 280 Tribal organizations representing 400 Native American Tribes

¹Older Americans Act, ACL, <https://acl.gov/about-acl/authorizing-statutes/older-americans-act>. ²National Family Caregiver Support Program, ACL, <https://acl.gov/programs/support-caregivers/national-family-caregiver-support-program>. ³Recognize, Assist, Include, Support, & Engage (RAISE) Family Caregivers Act Advisory Council, ACL, <https://acl.gov/programs/support-caregivers/raise-family-caregiving-advisory-council>. ⁴See ACL, Overview of Older Americans Act Title II Programs: 2018 Summary of Highlights and Accomplishments (2018), <https://acl.gov/aging-and-disability-in-america/data-and-research>.

How does the OAA support older adults, people with disabilities, and family caregivers?

OAA PROGRAMS

- Meals, delivered at home and in the community, to prevent malnutrition and hunger, such as Meals on Wheels
- In-home assistance to support independent living
- Health and wellness programs, including group exercise and information on healthy living
- Elder abuse prevention and long-term care oversight funding to protect older Americans from fraud and abuse
- Adult day care socialization opportunities to provide respite to caregivers to promote community engagement
- Transportation services to/from doctors appointments, congregate meals sites, and other community engagement opportunities
- Information and referral to local services through the Eldercare Locator
- Support services for family caregivers of adults with disabilities and older adults as well as for older adults raising children

NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM

- Information for caregivers about available services, including caregiver training, respite, and support groups
- Technical assistance to help caregivers gain access to services
- Individual counseling and support groups for caregivers
- Respite care, to give caregivers a break to recharge
- Supplemental services, on a limited basis



Federal Investments in State Programs for Older Adults, People with Disabilities & Family Caregivers

FY2024 (enacted) AoA OAA Title III Programs Annual Allocation for the State and Territories⁵

State/Territory	Supportive Services	Congregate Meals	Home Meals	Preventive Services	NFCSP	Total Title III
Alabama	\$6,030,479	\$8,266,679	\$5,647,344	\$395,304	\$2,896,187	\$23,235,993
Alaska	\$2,029,499	\$2,764,180	\$1,862,594	\$130,378	\$960,345	\$7,746,996
Arizona	\$9,676,804	\$13,175,414	\$8,325,462	\$582,766	\$4,569,514	\$36,329,960
Arkansas	\$3,595,921	\$4,950,640	\$3,323,393	\$232,631	\$1,736,843	\$13,839,428
California	\$40,968,841	\$56,182,775	\$38,292,391	\$2,680,395	\$19,627,742	\$157,752,144
Colorado	\$6,500,336	\$8,861,052	\$5,716,840	\$400,168	\$2,834,769	\$24,313,165
Connecticut	\$4,428,568	\$6,102,872	\$4,160,491	\$291,226	\$2,110,302	\$17,093,459
Delaware	\$2,029,499	\$2,764,180	\$1,862,594	\$130,378	\$960,345	\$7,746,996
District of Columbia	\$2,029,499	\$2,764,180	\$1,862,594	\$130,378	\$960,345	\$7,746,996
Florida	\$31,163,381	\$42,577,395	\$28,529,464	\$1,997,008	\$16,012,063	\$120,279,311
Georgia	\$11,704,911	\$15,962,917	\$10,375,975	\$726,299	\$5,137,864	\$43,907,966
Hawaii	\$2,029,499	\$2,764,181	\$1,862,594	\$130,378	\$977,844	\$7,764,496
Idaho	\$2,408,364	\$3,338,959	\$2,027,731	\$141,937	\$1,035,564	\$8,952,555
Illinois	\$14,429,590	\$19,820,131	\$13,448,597	\$941,376	\$6,857,251	\$55,496,945
Indiana	\$7,591,602	\$10,467,287	\$7,194,429	\$503,596	\$3,628,427	\$29,385,341
Iowa	\$4,171,008	\$5,394,039	\$3,597,034	\$251,786	\$1,874,982	\$15,288,849
Kansas	\$3,371,677	\$4,561,835	\$3,113,870	\$217,965	\$1,591,208	\$12,856,555
Kentucky	\$5,246,600	\$7,229,888	\$4,925,390	\$344,768	\$2,490,229	\$20,236,875
Louisiana	\$5,201,982	\$7,166,601	\$4,862,908	\$340,394	\$2,429,228	\$20,001,113
Maine	\$2,059,197	\$2,832,579	\$1,908,589	\$133,598	\$990,127	\$7,924,090
Maryland	\$7,032,920	\$9,631,141	\$6,560,226	\$459,203	\$3,315,889	\$26,999,379
Massachusetts	\$8,329,504	\$11,417,935	\$7,842,677	\$548,973	\$4,014,418	\$32,153,507
Michigan	\$12,347,441	\$17,115,151	\$11,650,592	\$815,519	\$5,898,234	\$47,826,937
Minnesota	\$6,830,100	\$9,329,973	\$6,233,422	\$436,328	\$3,151,540	\$25,981,363
Mississippi	\$3,400,293	\$4,681,206	\$3,149,535	\$220,461	\$1,595,841	\$13,047,336
Missouri	\$7,368,875	\$10,154,482	\$6,918,435	\$484,277	\$3,532,828	\$28,458,897
Montana	\$2,029,499	\$2,764,181	\$1,862,594	\$130,378	\$960,345	\$7,746,997

⁵Older Americans Act (OAA), ACL, <https://acl.gov/about-acl/older-americans-act-oaa>.

**FEDERAL INVESTMENTS IN STATE PROGRAMS FOR OLDER ADULTS, PEOPLE WITH DISABILITIES & FAMILY
CAREGIVERS CONTINUED**

State/Territory	Supportive Services	Congregate Meals	Home Meals	Preventive Services	NFCSP	Total Title III
Nebraska	\$2,262,622	\$3,025,172	\$2,057,342	\$144,010	\$1,056,460	\$8,545,606
Nevada	\$3,760,389	\$5,126,292	\$3,309,376	\$231,650	\$1,697,556	\$14,125,263
New Hampshire	\$2,029,499	\$2,764,181	\$1,862,594	\$130,378	\$960,345	\$7,746,997
New Jersey	\$10,868,973	\$14,847,031	\$10,097,313	\$706,793	\$5,142,267	\$41,662,377
New Mexico	\$2,573,728	\$3,505,592	\$2,399,619	\$167,969	\$1,269,519	\$9,916,427
New York	\$23,978,662	\$32,256,137	\$22,022,877	\$1,541,560	\$11,468,234	\$91,267,470
North Carolina	\$12,658,531	\$17,287,791	\$11,508,147	\$805,548	\$5,897,427	\$48,157,444
North Dakota	\$2,029,499	\$2,764,181	\$1,862,594	\$130,378	\$960,345	\$7,746,997
Ohio	\$14,318,386	\$19,706,294	\$13,376,467	\$936,327	\$6,817,368	\$55,154,842
Oklahoma	\$4,411,355	\$6,075,166	\$4,098,602	\$286,894	\$2,087,105	\$16,959,122
Oregon	\$5,221,255	\$7,210,705	\$4,891,233	\$342,377	\$2,605,922	\$20,271,492
Pennsylvania	\$17,617,570	\$22,870,463	\$15,588,805	\$1,091,187	\$8,110,584	\$65,278,609
Rhode Island	\$2,029,499	\$2,764,181	\$1,862,594	\$130,378	\$960,345	\$7,746,997
South Carolina	\$6,966,077	\$9,498,859	\$6,158,874	\$431,109	\$3,194,315	\$26,249,234
South Dakota	\$2,029,499	\$2,764,181	\$1,862,594	\$130,378	\$960,345	\$7,746,997
Tennessee	\$8,089,908	\$11,088,360	\$7,573,103	\$530,103	\$3,841,874	\$31,123,348
Texas	\$28,601,595	\$39,023,560	\$25,558,189	\$1,789,025	\$12,475,138	\$107,447,507
Utah	\$2,959,591	\$4,027,945	\$2,526,114	\$176,823	\$1,251,083	\$10,941,556
Vermont	\$2,029,499	\$2,764,181	\$1,862,594	\$130,378	\$960,345	\$7,746,997
Virginia	\$9,865,837	\$13,579,855	\$9,115,343	\$638,057	\$4,659,625	\$37,858,717
Washington	\$8,865,396	\$12,108,038	\$8,066,540	\$564,642	\$4,116,143	\$33,720,759
West Virginia	\$2,721,625	\$3,540,728	\$2,261,890	\$158,328	\$1,208,127	\$9,890,698
Wisconsin	\$7,447,891	\$10,188,392	\$6,878,568	\$481,487	\$3,454,254	\$28,450,592
Wyoming	\$2,029,499	\$2,764,181	\$1,862,594	\$130,378	\$960,345	\$7,746,997
American Samoa	\$480,954	\$647,232	\$232,824	\$16,297	\$120,043	\$1,497,350
Guam	\$1,091,243	\$1,382,155	\$931,297	\$65,189	\$480,173	\$3,950,057
Northern Mariana Islands	\$253,688	\$406,737	\$232,824	\$16,297	\$120,043	\$1,029,589
Puerto Rico	\$4,728,180	\$6,470,925	\$4,408,871	\$308,613	\$2,603,223	\$18,519,812
Virgin Islands	\$1,014,750	\$1,425,170	\$931,297	\$65,189	\$480,173	\$3,916,579
TOTAL	\$406,941,089	\$554,925,538	\$372,518,844	\$26,075,610	\$192,069,000	\$1,552,530,081