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**NATIONAL ALLIANCE FOR CAREGIVING**

**Care Notes**

**National Family Caregivers Month**

November 13, 2025

**Our Charge for National Family Caregivers Month**

Unmute

00:00

The 2025 Caregiver Nation Summit has concluded, but the energy and momentum we built together in Washington, D.C., will fuel our movement for months to come. We are inspired and ready to act.

Despite a government shutdown, nearly 100 dedicated advocates journeyed to Capitol Hill as a powerful voice for the 63 million family caregivers, championing essential policies like the #OlderAmericansAct.

As we enter **National Family Caregivers Month**, the conversations that started here must now echo in communities and congressional offices across the nation. The need for policies that truly support, recognize, and value family caregivers has never been more urgent.

We need to ***Plug-In To Care***. Our call to action is clear:

- Continue the fight.
- Share your story.
- Contact your representatives.
- Demand policies that support all family caregivers.

Let's honor family caregivers this month and every month by turning our momentum into lasting change. The summit may be over, but our movement is just getting started.

Use our toolkit below to ***Plug-In To Care*** and take action this **National Family Caregivers Month**.

## Plug-In To Care

# NEW CAREGIVING DATA

## Caregiving in the US 2025: Caring Across States



We are proud to share a critical new resource from the National Alliance for Caregiving and AARP Caregiving in the US 2025 project: **[Caring Across States and state data profiles](#)**.

Together, these landmark publications provide an unprecedented look at how geography shapes the family caregiving experience, delivering the essential state-by-state data needed to inform policy, research, and public understanding.

**Available Now: [Caregiving in the US 2025 Data Hub](#)**



We are also excited to share the launch of the new **Caregiving in the US (CGUS) Data Hub**. This new resource brings to life the data, trends, and insights from Caregiving in the US 2025, deepening our understanding of the nation's 63 million family caregivers.

What you will find on the new Data Hub:

- **Interactive national data**: Explore Caregiving in the US 2025 through dynamic charts and graphs that allow users to view data by key variables such as age, income, and gender.
- **State-level data insights**: Access an interactive map featuring the prevalence of family caregiving across the US, along with the new Caring Across States report and 51 state data profiles.
- **Subject Matter Expert Insights & Family Caregiver stories**: Connect the data to lived experiences through caregiver stories and expert commentary from across the care ecosystem.
- **Resource library**: Discover infographics, fact sheets, and archived reports spanning from 1997 to 2025.

[👉 Access the Data Hub](#)

## CARE POLICY

National Alliance for Caregiving Presents  
Care In Action Congressional Awards



The National Alliance for Caregiving presented our inaugural **Care In Action Congressional Award** to Senators Susan Collins (ME) and Ed Markey (MA) and Representatives Brian Fitzpatrick (PA) and Debbie Dingell (MI). This award honors their outstanding bipartisan leadership and commitment to advancing policies that support America's family caregivers.

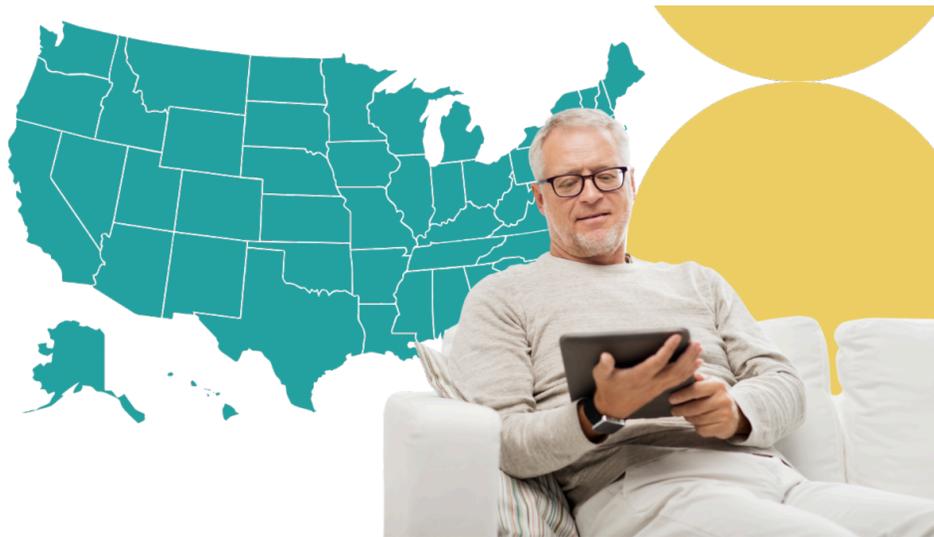
We extend special thanks to Senator Collins for uplifting this honor and helping to highlight the critical need to support our nation's 63 million family caregivers. These champions are instrumental in pushing for essential resources and recognition.

Read more from **Senator Susan Collins'** acceptance of this award [here](#).

### **New Resource: The State of Medicaid, by the Numbers**

Want to better understand the impact of Medicaid in your state? Explore the **Modern Medicaid Alliance's** interactive [data hub](#). This resource offers key statistics and insights on how Medicaid provides essential coverage for millions of Americans, including seniors, people with disabilities, and families.

It's the perfect resource for advocates and stakeholders to find the facts and tell the story of Medicaid's impact.



### Explore the Medicaid Hub

## New Poll: 84% of Americans Support Older Americans Act Funding



New data from **The John A. Hartford Foundation** reveals overwhelming, bipartisan public support for the programs funded by the Older Americans Act (OAA). According to their latest [\*Age-Friendly Insights\* poll](#), an astounding 84% of U.S. adults support continued federal funding for the OAA, with strong backing across all political parties for essential services like home-delivered meals, transportation, and caregiver support.

This data underscores a powerful consensus: Americans overwhelmingly value programs that help older adults age in their communities. Data from this poll provides a critical tool for advocacy, demonstrating deep public backing for these vital services. Join us in continuing to push for the reauthorization of the OAA.

### OAA Advocay Toolkit

# NAC IN THE NEWS


**McKnight's Home Care**

**McKnight's Home Care** covers the "Caregiving in the US 2025: Caring Across States" report from the National Alliance for Caregiving and AARP, citing NAC's CEO and President Jason Resendez's finding that "where you live can double your risk of economic hardship" as a family caregiver. Read more [here](#).


**Hospice News**

Hospice News highlights data from the "Caregiving in the U.S. 2025" report by the National Alliance for Caregiving and AARP, citing CEO Jason Resendez on the critical gap between the complex medical tasks caregivers perform and the training they receive. Read more [here](#).


**InvestigateTV**

**InvestigateTV** presents a video segment on America's 63 million family caregivers, featuring the National Alliance for Caregiving's data and President Jason Resendez's urgent call for policies like the Credit for Caring Act to address this national crisis. Watch [here](#).


**RI News Today**

**Rhode Island News Today** covers the new report "Caregiving in the US 2025: Caring Across States" from the National Alliance for Caregiving and AARP, citing NAC President and CEO Jason Resendez's analysis that "where you live can double your risk of economic hardship" for family caregivers. Read more [here](#).


**CBS**

**CBS Sunday Morning News** highlights the child care crisis as a critical caregiving issue, with data from the National Alliance for Caregiving and AARP showing how care burdens—whether for children or adults—are creating an urgent economic strain that America cannot afford to ignore. Watch [here](#).


**disabilityscoop**

**Disability Scoop** features a new report from the National Alliance for Caregiving and AARP, with the alliance's CEO Jason Resendez emphasizing how "policy choices determine whether families thrive or collapse under caregiving responsibilities" amid stark state-by-state disparities. Read more [here](#).


**Next Avenue**

**Next Avenue** features an article co-authored by National Alliance for Caregiving CEO Jason Resendez, AARP's Nancy LeaMond, and Emory University's Regina Shih, presenting data on the 63 million U.S. family caregivers and outlining five critical policy actions needed to address the national caregiving crisis. Read more [here](#).


**USA Today**

**USA Today** features the "Caregiving in the US 2025: Caring Across States" report from the National Alliance for Caregiving and AARP, highlighting CEO Jason Resendez's analysis that "where you live can double your risk of economic hardship" as a family caregiver. Read more [here](#).


**DC Radio's "What's Your Plan?"**

DC Radio's "What's Your Plan?" features National Alliance for Caregiving CEO Jason Resendez breaking down the "Caregiving in the U.S. 2025" report and discussing policy solutions for the nation's 63 million family caregivers. Listen [here](#).


 PBS

**Detroit's PBS** features a story highlighting the National Alliance for Caregiving's research showing 63 million Americans now serve as family caregivers, a 45% increase from a decade ago, as seen through one local couple's struggle with emotional, physical and financial strain. Watch the special [here](#).

## IN CASE YOU MISSED IT

### New National Training Program Aims to Strengthen Cancer Caregiver Support



A major gap in cancer care is the lack of support for family and friend caregivers. To address this, a new national initiative—the **INcreasing Caregiver support Implementation through Training and Education (INCITE) Training Program**—will equip cancer center teams with the tools to implement evidence-based caregiver support programs.

Led by caregiving experts Dr. Allison Applebaum and Dr. J. Nicholas Odom, this program offers interprofessional teams a comprehensive learning experience, including a two-day workshop on May 19-20, 2026, and six months of technical assistance that run from June through November 2026. Participants will learn practical strategies for integrating, funding, and sustaining vital caregiver services, ultimately enhancing patient and family outcomes.

This initiative is hosted by the University of Alabama at Birmingham and the Icahn School of Medicine at Mount Sinai and is funded by the National Cancer Institute through 2030. Learn more [here](#).

## UPCOMING EVENTS

November

Plug In To Care for National Family Caregivers Month

**1-30**

During National Family Caregivers Month, we answer the call to Plug in to Care by supporting our nation's invaluable family caregivers and advancing policies that recognize their essential work. [Explore our toolkit](#) to find resources that help turn appreciation into meaningful advocacy and change.

November  
**14**

### Policy Series: Caregiving in the US 2025: Emerging Themes and Actionable Policy and Practice Solutions

Join presenters **Yadira Montoya, MSPH**, and **Lori Frank, Ph.D.**, at the Gerontological Society of America (GSA) Annual Scientific Meeting on November 14 for an in-depth look at the "Caregiving in the US 2025" report and learn how to translate its findings into actionable policy solutions.

You can learn more [here](#).

November  
**18**

### Cancer Caregiving in the US: Trends, Data, and Future Directions

Join **Yadira Montoya, MSPH**, who will present on the latest national trends and data in cancer caregiving, exploring the evolving role and challenges of family caregivers in oncology.

[Register](#) to join.

November  
**19**

### Care Connections: The Plug-In to Care Webinar Series by Caregiver Action Network

Join National Alliance for Caregiving CEO and President **Jason Resendez** and Marvell Adams Jr. on November 19 for a free webinar presented by the Caregiver Action Network to learn how to transform your caregiving experience into policy action.

[Register today](#).

November  
**19**3 PM - 4:30  
PM EST

### From Numbers to Action: Using Data to Strengthen the HCBS Direct Care Workforce

This webinar will demystify how states can leverage what they have today, pinpoint what they need next, and connect datasets across systems to forecast demand for direct care workers and guide smarter investments and policy change to build the workforce.

[Register today.](#)

# December 2

## PCORI Funding Announcement for Comparative Clinical Effectiveness Research Across the Cancer Care Continuum

On December 2, 2025, PCORI will launch a new funding opportunity for community-researcher partnerships to conduct cancer care research that addresses critical health decisions for patients and caregivers. Stay tuned [here](#).

# STAFF SPOTLIGHTS

Our very own **Yadira Montoya, MSPH**, Programs Director, and **Melina Piñeyro, MPH**, Senior Manager of Health Programs, presented on advancing supportive policies for family caregivers at the Annual Meeting 2025, championing the critical cause of making the public's health a national priority.



National Alliance for Caregiving Senior Research Fellow, **Lori Frank, Ph.D.**, presented critical data from the new Caregiving in the US 2025 report at the Grantmakers In Aging conference, highlighting that nearly one-third of family caregivers are now 65 or older.



Our Chief External Affairs Officer, **Kim Cantor**, joined the North Carolina "Joining Our Voices" Symposium, connecting the latest Caregiving in the US 2025 data to state-level action for supporting 63 million family caregivers.



At NADSA 2025, National Alliance for Caregiving President & CEO **Jason Resendez** delivered the keynote address and led sector interviews, while Programs Director, **Yadira Montoya, MSPH**, contributed as a panelist on the future of adult day services.



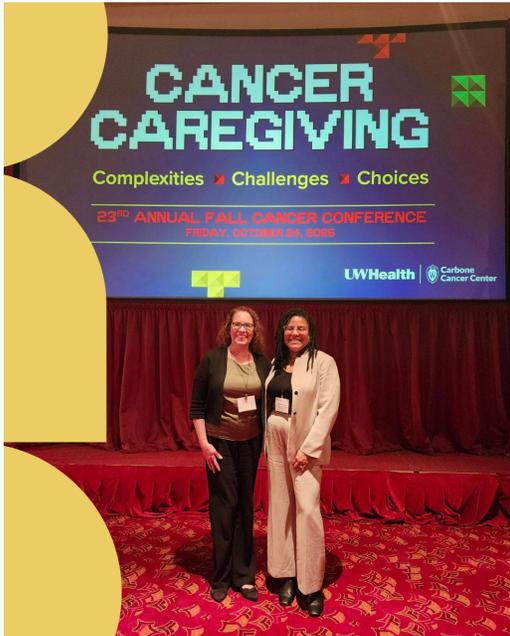
National Alliance for Caregiving  
President & CEO, **Jason Resendez**,

Happy 1-year NACaversary, **Jamar Rogers**, Director of Operations! Thank you for your outstanding leadership and unwavering commitment to strengthening our mission and

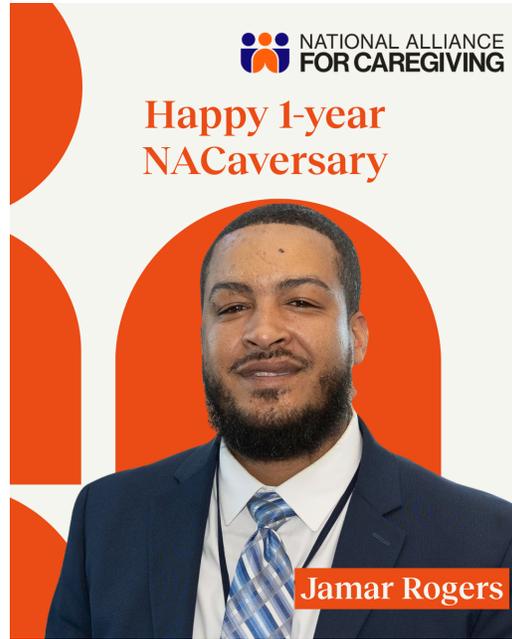
served as a panelist at the Harkin Retirement Security Symposium 2025, addressing the critical intersection of caregiving and retirement security.



**Melina Piñeyro, MPH**, participated in the 23rd Annual Fall Cancer Conference, contributing to critical discussions on the complexities, challenges, and choices in cancer caregiving.



supporting family caregivers across the country.



## CONNECT WITH US ON SOCIAL MEDIA

Connect with NAC on social media to get the latest updates on our policy & advocacy efforts, research, and events.



Join our online community to support and uplift family caregivers nationwide.



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