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Care Notes

Celebrating Hispanic Heritage Month

October 9, 2025

Transforming Personal Journey into Public Advocacy: Emma Heming Willis Joins Caregiver Nation Summit 2025

 A promotional graphic for a fireside chat at the Caregiver Nation Summit. It includes the event logo, the title "Fireside Chat", the book title "The Unexpected Journey of Caregiving", a photo of Emma Heming Willis, and a photo of Jason Resendez.

CAREGIVER NATION SUMMIT

Fireside Chat

The Unexpected Journey of Caregiving

THE UNEXPECTED JOURNEY
FINDING STRENGTH, HOPE AND COURAGE IN THE CAREGIVING PATH
EMMA HEMING WILLIS

Emma Heming Willis, Author of "The Unexpected Journey," and Advocate

Jason Resendez, President and CEO of National Alliance for Caregiving

We are honored to announce that advocate Emma Heming Willis will join the Caregiver Nation Summit 2025 for a special fireside chat.

Following her husband Bruce Willis's diagnosis, Emma has transformed her personal caregiving experience into a profound platform for public advocacy. In a conversation with Jason Resendez, CEO and President of the National Alliance for Caregiving, she will explore "The Unexpected Journey of Caregiving" and the urgent need to recognize caregiving as essential work worthy of respect and support.

This session is a powerful call to action to value the 63 million family caregivers across America.

Register for the Livestream Today

Honoring a Legacy of Care, Confronting a Shared Challenge

This **National Hispanic Heritage Month (September 15 - October 15)**, we celebrate the immense contributions of the Hispanic/Latino community to the fabric of our nation.

Jason Resendez, CEO and President of the National Alliance for Caregiving (NAC), reflects in an [Aging in America Q&A](#) that brings a key finding from our [Caregiving in the US 2025](#) report to life: the story of Jason Resendez's mother and her experience as a Latina 'sandwich caregiver.'

Her story is a powerful example of the quiet resilience found in households across our community—a role undertaken with deep love, but often at a significant personal cost. Yet, the infrastructure that supports these family caregivers is under threat. As discussed in the conversation with Jason, permanent cuts to Medicaid and the recent passage of the "One Big Beautiful Bill" will disproportionately impact the very families who provide this essential care.

This month, we honor their sacrifice by pledging to protect the support systems they rely on.



[Read the full report](#)

CARE POLICY

New Mexico Extends Caregiver Program to 33 Counties

Great news for families in New Mexico: the state's caregiver support program, New MexiCare, has expanded to be available in all 33 counties.

This program provides crucial financial assistance, training, and respite care to family and friend caregivers who support older adults and people with disabilities. Since its

launch last October, the program has already distributed over \$1.2 million in financial assistance, helping caregivers to keep their loved ones thriving at home.

This statewide expansion ensures that vital support reaches caregivers no matter where they live, recognizing them as the "backbone of our long-term care system."

Learn more about the program's expansion and services [here](#).

Advocate for Family Caregivers: Urge Congress to Reauthorize the Older Americans Act

The Older Americans Act (OAA)—which supports vital programs for seniors and family caregivers—expired in 2024 and needs reauthorization now. NAC's new OAA Advocacy Toolkit provides everything you need to take action: key talking points, social media graphics, a Letter to the Editor template, and educational resources. Join us in calling on Congress to strengthen and stabilize these essential programs that millions of families rely on.

[Access OAA Toolkit](#)



"Child care is essential to family stability, workforce participation, and New Mexico's future prosperity. By investing in universal child care, we are giving families financial relief, supporting our economy, and ensuring that every child has the opportunity to grow and thrive."

Governor Michelle Lujan Grisham
Governor of New Mexico



A Watershed Moment for Care: New Mexico Makes History

We are celebrating a historic milestone for the caregiving economy. Huge congratulations to Governor Michelle Lujan Grisham and the state of New Mexico for becoming the first state in the nation to offer universal child care.

This achievement is a monumental win for families and a direct response to core challenges facing millions of caregivers. By providing universal child care, New Mexico is taking critical action to empower the "Sandwich Generation," validate care as essential infrastructure for a thriving economy, and set a powerful national precedent.

This is a decisive step toward a future where caregivers are supported, not stretched.

Read the [announcement](#).

NAC IN THE NEWS

NPR

NPR's 1A is joined by Jason Resendez of the National Alliance for Caregiving to discuss how proposed Medicaid cuts would devastate the millions of family caregivers his organization represents and undermine the nation's essential care infrastructure. Listen [here](#).

Forbes

Forbes highlights a new report by NAC and C-TAC that proposes Medicare payment models to compensate providers for supporting family caregivers. Read more [here](#).

USA Today

USA Today highlights from NAC's and AARP's Caregiving in the US 2025 report that 40% of family caregivers say respite care would be helpful, yet only 13% use it through a family caregiver's story. Read more [here](#).

Hospice News

Hospice News cites the Caregiving in the US 2025 report, of one-in-five family caregivers experience poor health outcomes, underscoring the urgent need for better-supported and reimbursed hospice caregiver programs. Read more [here](#).

Aging in America News

Aging in America News features NAC's CEO and President, Jason Resendez, who draws on his mother's experience as a "sandwich caregiver" to warn that Medicaid cuts will devastate families and undermine the nation's care infrastructure. Read more [here](#).

IN CASE YOU MISSED IT

Not Just Visitors: Integrating Family Caregivers in Care Delivery and Design



Family caregivers provide an estimated \$600 billion in unpaid care annually, yet are often misclassified as mere "visitors." According to our **Caregiving in the US 2025** report with AARP, nearly one in four Americans serves in this capacity, typically without training or support.

A report from the National Alliance for Caregiving and C-TAC, **"Not Just Visitors,"** reveals this critical gap and provides actionable strategies to integrate caregivers as essential members of the care team.

Read the full report and explore proposed solutions [here](#).

Ensuring No Caregiver Walks Alone: NAC partners with Kite Pharma

NAC is honored to stand alongside Kite Pharma and other incredible partners in a powerful new collaboration dedicated to supporting the unsung heroes of cancer care! This exciting partnership is delivering real resources and long-overdue recognition to the caregivers who make healing possible. Together, we are ensuring no caregiver walks alone.

[Learn more.](#)

New Resource: Explore the PA CareKit for Caregivers

The Pennsylvania Department of Aging has launched the PA CareKit, a comprehensive online hub to support family caregivers. This essential toolkit provides trusted guidance on legal, financial, and daily care topics, empowering you to care for your loved one while also prioritizing your own well-being.

Learn more [here](#).

The Family Caregiver Gap: Disparities and Missed Opportunities in Support Services Across U.S. Transplant Centers

A NAC brief exposes critical inequities in U.S. transplant centers, where family caregivers—mandatory for patient eligibility—are routinely under-supported, with services disproportionately lacking at centers serving Black and low-income populations. As the system evolves, NAC urges standardized screening and integrated support to ensure all caregivers receive essential preparation. Download [here](#).



UPCOMING EVENTS

October

Breast Cancer Awareness Month

1-31

This October, we acknowledge Breast Cancer Awareness Month and honor the patients, survivors, and the family caregivers who are essential partners in every step of the journey.

October

Liver Cancer Awareness Month

1-31

During Liver Cancer Awareness Month, we recognize the strength of those facing a diagnosis and reaffirm our commitment to supporting both patients and the caregivers who stand by them.

October

PCORI Annual Meeting

21-22

Join hundreds of patients, caregivers, and healthcare leaders for the 2025 PCORI Annual Meeting — a free, two-day event packed with over 20 hours of content on sensory health, rural care, mental health delivery, and more.

[Register today.](#)

November

National Family Caregivers Month

1-30

During National Family Caregivers Month, we honor the millions of unsung heroes whose dedication and compassion form the backbone of our healthcare system. We see your strength, we are grateful for your sacrifice, and we reaffirm our commitment to ensuring you have the support you need and deserve. Stay tuned with NAC for more info.

November

APHA 2025 Annual Meeting & Expo

2-5

Join public health leaders and advocates to champion the 2025 mission of Making the Public's Health a National Priority — a critical gathering focused on combating declining life expectancy, strengthening pandemic preparedness, and advancing health equity for all communities. We are excited that our very own, **Melina Piñeyro, MPH**, Senior Manager of Health Programs, will be presenting.

[Secure your spot](#) today.

November

Caregiver Nation Summit 2025

5-6



Join caregivers, advocates, and policymakers as we come together to spotlight the lived experiences of over 63 million family caregivers and drive bold, transformative policy change. Whether you're attending in person or tuning in online, this is a moment you won't want to miss. We are sold out in-person, but you can still join via the livestream.

Register for the livestream [here](#).

STAFF SPOTLIGHTS

Elaine Dalpiaz, Vice President of Government Affairs & Policy, represented NAC as a panelist at the "[Aging Together in PA](#)" town hall hosted by WVIA and WITF, engaging with state leaders.

Antoinette "Toni" Gingerelli, Director of Policy & Advocacy, has been selected to join the Fall 2025 Builders + Backers National Call for Ideas as part of their Builder Cohort. Stay tuned and follow Toni's journey.



Jason Resendez, CEO and President of NAC, and **Yadira Montoya**, Programs Director, will be panelists at National Adult Day Services Association (NADSA) 2025 Annual Conference. [Learn more](#) and register today.

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Join our online community to support and uplift family caregivers nationwide.



National Alliance for Caregiving | 1730 Rhode Island Ave. NW Suite 812 | Washington, DC
20036 US

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