

SHARE:

[Join Our Email List](#)**NATIONAL ALLIANCE
FOR CAREGIVING**

Care Notes



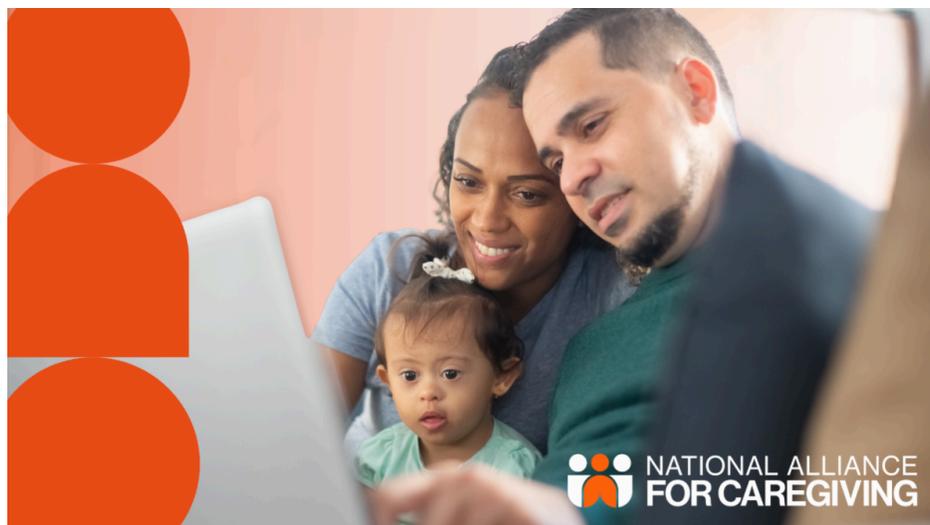
September 17, 2025

Honoring Hispanic/Latino Caregivers During National Hispanic Heritage Month

This **National Hispanic Heritage Month (September 15 - October 15)**, we celebrate the immense contributions of the Hispanic/Latino community to the fabric of our nation. Among these vital contributions is the role of the family caregiver.

Data from the Caregiving in the US 2025 report shows that Hispanic/Latino individuals make up **16% of all family caregivers** in the United States. These dedicated family caregivers provide essential care, often for loved ones facing complex challenges like Alzheimer's, mobility limitations, and chronic conditions.

This month, we honor their resilience, celebrate their profound contributions to families and communities, and reaffirm the commitment to ensure they have the support they need and deserve.



Read the full report

Not Just Visitors: Integrating Family Caregivers in Care Delivery and Design

Despite being routinely classified as "visitors," family caregivers provide an estimated \$600 billion in unpaid care annually and are essential to patient outcomes. Nearly one in four Americans serves in this capacity, often without training, support, or formal recognition, according to our [Caregiving in the US 2025 report](#) with AARP.

National Alliance for Caregiving and the Coalition to Transform Advanced Care (C-TAC) released a new report, "[Not Just Visitors: Integrating Family Caregivers in Care Delivery and Design](#)," revealing the critical gaps between the immense value caregivers provide and the systemic support they receive. The report outlines actionable strategies to move beyond acknowledgment to meaningful integration of caregivers as vital members of the care team.

Read the full report and explore proposed solutions [here](#).



CARE POLICY

NAC & 50+ Partners Urge CMS to Strengthen Medicare for Caregivers

The National Alliance for Caregiving, through [Act on RAISE Campaign](#) and the [Cancer Caregiving Collaborative](#), submitted official comments on the 2026 Medicare Physician Fee Schedule proposed rule to strengthen support for family caregivers.

We applaud Centers for Medicare & Medicaid Services (CMS) for proposing to make Caregiver Training Services (CTS) a permanent telehealth benefit. Our coalition also urges CMS to permanently authorize CTS, simplify confusing billing rules, and better integrate caregivers into the healthcare team.

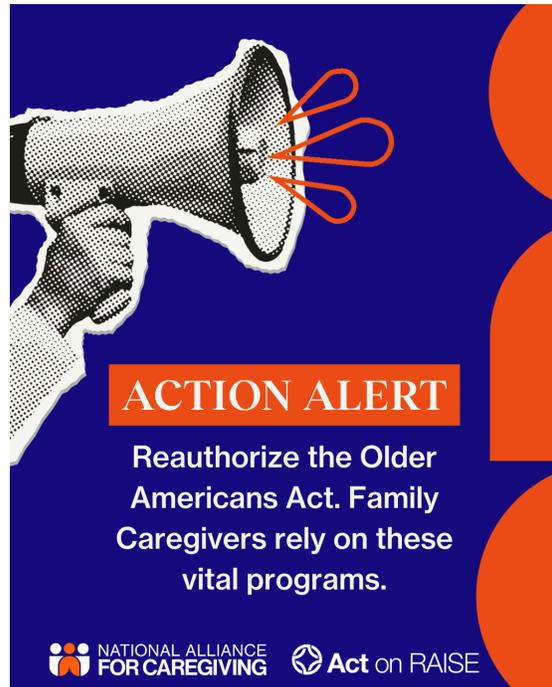
With family caregivers providing an estimated \$600 billion in unpaid care annually, strengthening Medicare's support for them is essential to our nation's health.

Read NAC's full statement [here](#).

Advocate for Family Caregivers: Urge Congress to Reauthorize the Older Americans Act

The Older Americans Act (OAA)—which supports vital programs for seniors and family caregivers—expired in 2024 and needs reauthorization now. NAC’s new OAA Advocacy Toolkit provides everything you need to take action: key talking points, social media graphics, a Letter to the Editor template, and educational resources. Join us in calling on Congress to strengthen and stabilize these essential programs that millions of families rely on.

[Access OAA Toolkit](#)



NAC Urges Support for Senate’s Funding Levels of Federal Caregiving Programs in FY26 Appropriations Bills



Family caregivers are experiencing greater demands than ever before, yet the House bill fails to match the Senate's recognition of this growing crisis

— Jason Resendez, President & CEO, National Alliance for Caregiving



The House FY26 funding bill reduces support for critical aging services by \$10 million, failing to meet the needs of America’s 63 million family caregivers as 10,000 people turn 65 daily.

NAC calls on Congress to adopt the Senate’s proposed funding levels: \$209 million for the National Family Caregiver Support Program and \$11 million for Lifespan Respite Care.

“Family caregivers are experiencing greater demands than ever before, yet the House bill fails to match the Senate’s recognition of this growing crisis,” stated Jason Resendez, President and CEO of the National Alliance for Caregiving.

Read NAC's full statement [here](#).

NAC IN THE NEWS

Forbes

Forbes covers the respite gap with Jason Resendez quoted on redesigning support for caregivers. Read more [here](#).

Wall Street Journal | Opinion

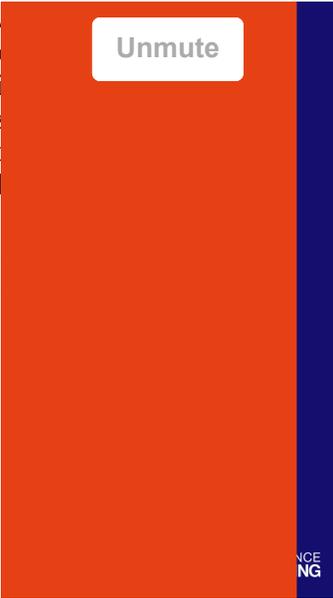
The 19th

Jason Resendez responds in the **Wall Street Journal | Opinion**, arguing for policies like paid leave to support families like Brittany Ivy and the economy. Read more [here](#).

The 19th highlights NAC's Caregiving in the US 2025 report, showing 63 million Americans are now family caregivers, with Jason Resendez calling for greater recognition and support for this essential workforce. Read more [here](#).

National
Lakelyn t
highlight
caregivers
conversat
how to ad

Listen on
Listen on



O Jason Resendez joins Dr.
g in the U.S. 2025 report,
gap where only 13% of
39% needing them. The
aren't accessing support and



IN CASE YOU MISSED IT

The Family Caregiver Gap: Disparities and Missed Opportunities in Support Services Across U.S. Transplant Centers

A new NAC brief reveals alarming inequities in caregiver support across U.S. transplant centers. While family caregivers are mandatory for transplant eligibility, they're often left unprepared and unsupported—with significant disparities by race, income, and age. Key findings show centers serving predominantly Black or low-income populations offer fewer support services, and only 3% regularly screen for caregiver needs. As the transplant system undergoes transformation, NAC calls for standardized screening protocols and integrated support to ensure all caregivers receive essential preparation and resources. Download [here](#).





Thank you, Terry Fulmer at The John A. Hartford Foundation

Thank you, Terry Fulmer, for your transformative decade of leadership at The John A. Hartford Foundation. Your vision was instrumental in building a more age-friendly health system and creating critical support for older adults and family caregivers. NAC is grateful for your partnership in shaping the future of caregiving and wishes you all the best in your next chapter.

[Learn more](#) about her legacy.

The Unseen Workforce: Supporting Family Caregivers

As we reflect on the recent Labor Day, we are reminded of the 63 million family caregivers whose essential, often unpaid labor is the backbone of our care system. While many find purpose in their role, 40% provide high-intensity medical and daily support, often for five or more years without formal training. Supporting these individuals with access to training, respite, and resources remains a critical economic and societal priority.

Explore the data and solutions in the latest [Caregiving in the US 2025 report](#).

The National Council of Aging Leads Critical Work to Strengthen the Direct Care Workforce

The National Council on Aging is advancing state-level strategies to strengthen the direct care workforce—a fundamental step toward ensuring all Americans can age with dignity and independence. This initiative supports not only care recipients but also the families and professionals who provide essential daily care. Building this infrastructure is vital to the health and well-being of our communities. [Learn more.](#)

A National Action Plan to Strengthen Support for Informal Caregivers

A new national action plan calls for stronger support for America's informal caregivers through expanded financial assistance, comprehensive training, and formal integration into care teams. The plan highlights models like the GUIDE dementia program and REACH caregiver training, urging policies such as a refundable federal tax credit and Medicare support for caregiver education to sustain this essential workforce.

Learn more [here](#).

How Research Supports Families Navigating Dementia

A powerful story from the Patient-Centered Outcomes Research Institute (PCORI) highlights how funded research provides real-world support for families like Barbara and James, who are navigating the complexities of dementia. The piece illustrates how evidence-based interventions—including personalized care planning and caregiver education—can reduce emotional strain and enhance quality of life for both patients and caregivers. This work underscores the vital role research plays in developing practical, compassionate solutions for complex health challenges.

[Read](#) the full story.

UPCOMING EVENTS

September

18

1–4 PM ET

2025 Innovations in Caregiver Services and Supports Virtual Summit



Join leaders, innovators, and advocates from across the aging and caregiving fields at the 2025 Innovations in Caregiver Services and Supports Virtual Summit. This engaging, half-day event will highlight promising practices, emerging research and real-world solutions that are reshaping how we serve family caregivers.

Jason Resendez, CEO and President of National Alliance of Caregiving, will be a keynote speaker.

Learn more [here](#). Free and virtual to all.

October

21-22

PCORI Annual Meeting

Join hundreds of patients, caregivers, and healthcare leaders for the 2025 PCORI Annual Meeting — a free, two-day event packed with over 20 hours of content on sensory health, rural care, mental health delivery, and more.

[Register today.](#)

November

2-5

APHA 2025 Annual Meeting & Expo

Join public health leaders and advocates to champion the 2025 mission of Making the Public's Health a National Priority — a critical gathering focused on combating declining life expectancy, strengthening pandemic preparedness, and advancing health equity for all communities. We are excited that our very own, **Melina Piñeyro, MPH**, Senior Manager of Health Programs, will be presenting.

Secure your spot today.

November
5-6

Caregiver Nation Summit 2025

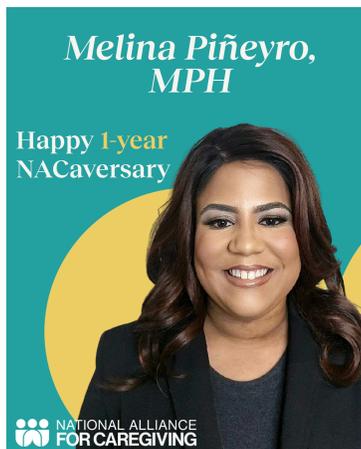


Join caregivers, advocates, and policymakers as we come together to spotlight the lived experiences of over 63 million family caregivers and drive bold, transformative policy change. Whether you're attending in person or tuning in online, this is a moment you won't want to miss. The event will have a hybrid option.

Register [here](#).

STAFF SPOTLIGHTS

Happy 1 year NACaversary to our Senior Manager of Health Programs, **Melina Piñeyro, MPH**. Thank you for your dedication to the caregiver community.



Lori Frank was a panelist for New York Life Insurance Company's "Golden Living: A Panel on Aging Well & Financial Readiness" webinar.

CONNECT WITH US ON SOCIAL MEDIA

Connect with NAC on social media to get the latest updates on our policy & advocacy efforts, research, and events.



Join our online community to support and uplift family caregivers nationwide.



National Alliance for Caregiving | 1730 Rhode Island Ave. NW Suite 812 | Washington, DC 20036 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!