

SHARE:

[Join Our Email List](#)**NATIONAL ALLIANCE
FOR CAREGIVING**

Care Notes



August 13, 2025

Transforming Family Caregiving Through Data: Caregiving in the US 2025

In case you missed it: The Caregiving in the US 2025 (CGUS) report from the National Alliance for Caregiving and AARP is now available for [download](#). It highlights the experiences of **63 million family caregivers** across the US who provide ongoing, complex care to family, friends, and neighbors, shaping how we experience health, aging, and disability in every corner of the country.

CGUS 2025 report captures the scale and significance of the role of family caregiving, showing how caregivers are not just supporting individuals, they're holding up entire systems.

From coordinating complex medical care to navigating insurance and long-term services, family caregivers are influencing outcomes, reducing costs, and bridging gaps in access. This report offers a clear call to action: if we want better health and stronger communities, we must invest in the people who make care possible.

We also created a [CGUS 2025 Promotional Toolkit](#) with key talking points and ready-to-use social media and newsletter content designed to amplify key findings from the landmark caregiving report. Thank you for your support for family caregivers.



Read the full report

Spotlighting America's Caregiving Crisis: 63 Million Stories of Love and Struggle

Caregiving is both deeply personal and a growing national challenge. Meet Rick who shares what it's like to care for his wife Suzanne, who lives with Stage 4 breast cancer: "You get up every day; you're going to take care of this person before you take care of yourself."

Their story reflects the reality for 63 million family caregivers — nearly 1 in 4 adults — now serving as family caregivers. With only 11% receiving basic training and 1 in 5 reporting poor health, the need for support is urgent. Engage with the story and data [here](#).

Thank you to our partner, Pfizer, in spotlighting these stories and the data behind them to drive awareness and action.



CARE POLICY

Senate Appropriations Committee Prioritizes Caregiving

A win for family caregivers!

The Senate Appropriations Committee advanced \$2.5 billion in funding for aging and caregiver support programs, a bipartisan investment in dignity and sustainability. This bill includes increases for the National Family Caregiver Support Program, Lifespan Respite Care, Native American Caregiver Support, and support for the implementation of the National Strategy to Support Family Caregivers.

We thank Senators Susan Collins, Patty Murray, Shelley Moore Capito, and Tammy Baldwin for their leadership.

[Read NAC's full statement.](#)

NAC IN THE NEWS

FORBES

Forbes offers a powerful look at the 63 million family caregivers driving care in every corner of the country as well as data from Caregiving in the US 2025. Read more [here](#).

MARKETWATCH

MarketWatch features data from the new Caregiving in the US 2025 report and underscores the urgent need for systems to evolve in response to the scale and complexity of family caregiving today. Read more [here](#).

THE HILL

The Hill amplifies Jason Resendez's, President and CEO of NAC, voice as he warns that Medicaid cuts could destabilize the caregiving ecosystem millions rely on. Read more [here](#).

U.S. NEWS & WORLD REPORT

U.S. News & World Report draws on Caregiving in the US 2025 to show how the data is reshaping national conversations on health, aging, and family care. Read more [here](#).

SPECTRUM NEWS

Spectrum News showcases the National Alliance for Caregiving's and AARP's role in launching Caregiving in the US 2025 and pushing for policy reforms that reflect the lived experiences of family caregivers. Read more [here](#).

AGING IN AMERICA NEWS

Aging in America News explores the findings from Caregiving in the US 2025, highlighting the growing family caregiving crisis, and NAC's leadership in driving national awareness and policy change. Read more [here](#).

21WFMJ

21WFMJ highlights the Pennsylvania Department of Aging's PA CareKit, which is earning national praise for giving unpaid caregivers a clear starting point, personalized guidance, and practical tools. Jason Resendez calls it "a powerful example" of caregiver-informed innovation. Read more [here](#).

IN CASE YOU MISSED IT

Trends in Innovation: Medicare Caregiver Training Services Report

Family caregivers share that training in essential medical tasks — like wound care, medication management, and feeding support — helps them feel more comfortable in caring for their loved ones.

In early July, NAC released the "Trends in Innovation: Implementing and Refining Caregiving Training Services in Medicare," a new report focused on Caregiver Training Services (CTS) under the CY 2025 Medicare Physician Fee Schedule.

This resource is designed to support health systems and advocates in expanding training for caregivers who help loved ones navigate serious illnesses like cancer.

[Download the report.](#)



USAgging Caregiver Services and Supports Innovations Hub

USAgging launched the **Caregiver Services and Supports Innovations Hub**, a new resource to help Aging Network organizations share and replicate effective caregiver support programs. From respite and kinship care to education and peer support, the Hub promotes innovation and collaboration across the field. Developed under a cooperative agreement with the U.S. Administration for Community Living, the Hub is now live. Explore it and consider featuring your own program.

[Find out more.](#)

UPCOMING EVENTS

August

28

1–2 PM ET

Webinar: Champions in Care Forum

National Alliance for Caregiving and Coalition to Transform Advanced Care (C-TAC) present the 2nd Annual Champions in Care Forum, focused on integrating caregivers into care delivery models. Featuring new research, policy insights, and lessons from transplant care.

Register [here](#)

October

21-22

PCORI Annual Meeting

Join hundreds of patients, caregivers, and healthcare leaders for the 2025 PCORI Annual Meeting — a free, two-day event packed with over 20 hours of content on sensory health, rural care, mental health delivery, and more.

[Register Today](#)

November

5-6

Pre-Register: Caregiver Nation Summit



Join caregivers, advocates, and policymakers as we come together to spotlight the lived experiences of over 63 million family caregivers and drive bold, transformative policy change. Whether you're attending in person or tuning in online, this is a moment you won't want to miss. The event will have a hybrid option.

Pre-Register [here](#)

STAFF SPOTLIGHTS



At the 2025 IAAP Summit in Chicago, **Dexter Allen, MBA, MHRM, CAP, BW, HR, MEP, OM, TA** joined administrative professionals from around the world to explore leadership, emotional intelligence, and the evolving role of admin support in organizational success.



On August 5, **Yadira Montoya, MSPH** presented “Addressing Gaps in Family Caregiver Support,” at WTC 2025, spotlighting policy opportunities to strengthen care systems.



On July 22, at the USAgging conference, **George Kueppers, PhD**, gave a presentation titled “Creating & Advancing Caregiving Research and Evidence Network,” a new initiative aimed at elevating caregiving research.

CONNECT WITH US ON SOCIAL MEDIA

Connect with NAC on social media to get the latest updates on our policy & advocacy efforts, research, and events.



Join our online community to support and uplift family caregivers nationwide.



[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!